

Andrew J. Spano, Westchester County Executive
County Board of Legislators

"You Are Not Alone Program"

Keep in touch



Are you concerned about loved ones being alone in their home?

The **"You Are Not Alone"** is a Computerized Calling Program for seniors, disabled persons, or homebound who live alone. This program can help your loved ones to keep in touch with others in their community.

How Does the Service Work?

A daily computerized call is made to seniors or disabled persons who are homebound or alone to confirm their safety. If a person does not answer, a follow-up call will be made to the person's designated emergency contact.

How Do I Sign Up for the Service?

If you or someone you know, would like to receive a free daily "You are Not Alone" computerized call--contact the American Red Cross at (914) 946-6500 ext. 450 for a referral to the site nearest to you.

Staying connected helps to keep you safe!