Robert P. Astorino
WESTCHESTER COUNTY EXECUTIVE
The Westchester County Department of Senior Programs and Services and the Livable Communities Collaborative of the Westchester Public/Private Partnership for Aging Services present

Successful Aging:
It’s Everybody’s Business

PROGRAM

June 26 - June 27, 2014 • Westchester Marriott • Tarrytown, New York
The Westchester County Department of Senior Programs and Services

The mission of the Westchester County Department of Senior Programs and Services is to identify and prioritize the needs of the elderly within Westchester County; create comprehensive and coordinated plans for meeting those needs; advocate for responsive policies, programs, actions, legislation and resources on behalf of the elderly; and to administer programs under the federal Older Americans Act, the New York State Community Services for the Elderly Act, and other federal, state and county funded programs and services for the elderly. To learn more about our programs and services, visit www.westchestergov.com/seniors.

The Westchester Public/Private Partnership for Aging Services

The Westchester Public/Private Partnership for Aging Services develops resources to provide services to help seniors age with independence and dignity in their home community. We are a partnership of government, business, community-based organizations and seniors working together to provide programs and services to seniors and caregivers. We believe aging is everybody's business and everybody needs a plan for successful aging. The heart of our mission is to develop and support Livable Communities – places where people of all ages and abilities can age with independence, dignity and social engagement.
I’d like to welcome everybody to the “Successful Aging – It’s Everybody’s Business” conference. We’ve worked hard to bring you a top-notch program, and whether you’re a local resident or first-time visitor, we hope you enjoy your experience with us here in Westchester.

Successful aging doesn’t just happen. It takes a lifetime of careful planning, personal commitment and the support of family, friends and the local community. We in Westchester County value seniors and are proud to support them along this journey. In fact, AARP has recognized our innovative programs and services, naming Westchester County as one of the first “Age-Friendly Communities” in the nation.

Today, I am proud to announce the national debut of our newest program – known as TIPS, or Telehealth Intervention Programs for Seniors. TIPS enables seniors to be active partners in their own health care, while also cutting down on unnecessary medical visits and expenses. Another one of our award-winning programs is “Livable Communities – A Vision for All Ages.” Adopted as a model around the globe, Livable Communities is helping seniors age with independence and dignity in the same homes and communities they helped to build.

I invite you to learn more about these programs and many others being presented here at the Successful Aging conference. From a showcase exploring how new technologies are changing aging, to workshops delving into longstanding challenges – such as caregiving, coping with disease and planning for retirement – this conference brings together some of the nation’s foremost experts. I’d like to personally thank our keynote speakers, Dr. Ken Dychtwald and Dr. David A. Lindeman, as well as all the presenters and workshop leaders, for sharing their expertise and insights.

Last but not least, I urge you to read our new “MAP: My Aging Plan.” This comprehensive guide – presented here for the first time – breaks down lifetime planning into small steps, suggesting what you should do at each stage of life in areas such as finances, health and wellness, employment and housing. This guide helps make planning manageable.

Successful aging takes a lifetime. But the security and peace of mind that comes with good planning makes it all worthwhile. Thank you again for joining us, and I hope you enjoy all that this conference has to offer.

Sincerely,

Robert P. Astorino
Westchester County Executive

“Successful aging doesn’t just happen. It takes a lifetime of careful planning, personal commitment and the support of family, friends and the local community. We in Westchester County value seniors and are proud to support them along this journey.”

Robert P. Astorino, Westchester County Executive
SIGNATURE WESTCHESTER COUNTY PROGRAMS

TIPS – Telehealth Intervention Programs for Seniors

“Technology did scare me, but I felt I could do it and I am doing it.” ANITA

TIPS – Telehealth Intervention Programs for Seniors – is a “high-tech and high-touch” initiative for individuals 60 years and older. Through regular remote monitoring of their health, TIPS participants can:

• self-manage chronic conditions
• avoid unplanned and emergency medical visits
• reduce medical expenses for themselves and caregivers.

How does TIPS work? TIPS participants have their vital signs – blood pressure, pulse, blood oxygen levels and weight – checked twice a week by a trained technician. The data is transmitted to a nurse who reviews it remotely and sends messages back to be reviewed at the next session. If there is cause for immediate concern, the nurse may contact the patient, caregiver, primary care physician or on-site administrator directly.

After having their vital signs checked, participants also receive a comprehensive needs assessment to see if they could benefit from any social services in the county, such as nutrition, transportation, housing, caregiving and other support services.

TIPS sessions are held in a convenient setting where seniors regularly gather, such as senior centers, senior apartment buildings, houses of worship and libraries. Trained college students facilitate the program, offering a social, intergenerational component to senior health and wellness. There is no charge for TIPS services.

“Finally, I’m doing so much better since I’ve come into the program – I know what is happening with my blood pressure all the time.” DORIS

For locations and information, call (914) 813-6408 or visit www.westchestergov.com/seniors

“I’m a cancer survivor and I live alone. I enjoy working with the students. There should be more programs like this for seniors.” MILDRED
The goal of Westchester County’s award-winning “Livable Communities Initiative: A Vision for All Ages” is to help seniors remain in their homes and their communities as they grow older with independence and dignity.

The initiative works through the grassroots Livable Communities Villages, which are groups of people with shared interests, such as houses of worship, neighborhood associations, nonprofits and businesses. Today there are 213 villages that represent about 110,000 people.

Out of these Villages, volunteers and other professionals have formed 19 Livable Communities Collaboratives, working together to improve life for seniors and their families in Westchester in the areas of:

- Age Friendly Livable Community
- Alzheimer’s
- Caregiving
- Elder Law/Economic Security
- Elder Abuse
- Education
- Health and Wellness
- Health Insurance/Medical Advocacy
- Housing
- Hunger
- Intergenerational Programs
- Long Term Care
- Mental Health
- Multi-Cultural/Diversity
- Palliative Care
- Technology
- Transportation and Mobility Management
- Veterans
- Westchester Disability Advocacy Partnership

The Livable Communities Collaboratives are coordinated by the Westchester Public/Private Partnership for Aging Services and the Westchester County Department of Senior Programs and Services. Members from the 19 Collaboratives are leading today’s workshops and have contributed their expertise to produce the “MAP: My Aging Plan.”

In 2012, AARP recognized the Livable Communities Initiative and designated Westchester County as one of the first seven cities or counties nationwide in the AARP Network of Age-Friendly Communities. Through AARP, Westchester gained access to the resources of the World Health Organization’s (WHO) Network of Age-Friendly Cities and Communities. WHO is the United Nations Agency which deals with international public health issues.
Mae Carpenter
Commissioner, Department of Senior Programs and Services

On behalf of the Westchester County Department of Senior Programs and Services and the Westchester Public/Private Partnership for Aging Services, I extend a special thank you to County Executive Robert P. Astorino for his support of the TIPS initiative that wraps services around telehealth and for supporting our “Successful Aging – It’s Everybody’s Business” conference. The theme of the conference is in the name. I also thank the American Society on Aging for their support and each of you for attending.

We are so honored to have the following six distinguished national and international presenters:

- Our Keynote Speaker – Ken Dychtwald, Ph.D., President and CEO of Age Wave
- Joe Baker, Esq., President, Medicare Rights Center
- Bob Blancato, Executive Director of the National Assoc. of Nutrition and Aging Services Programs
- Pramod Gaur, Ph.D., Founder & Former CEO, Viterion and Healthanywhere
- David A. Lindeman, Ph.D., Director, CITRIS Health Care Program; Director, Center for Technology and Aging, University of California
- Ryan Olohan, National Industry Director, Healthcare, Google Inc.

As our population ages and the number of family caregivers decreases from a ratio of 7 to 3 persons for every older adult, it becomes more and more necessary to expand the circle of care. Assistance must come from every segment of society. These changing demographics make it imperative that families, neighbors, businesses, houses of worship, social and civic organizations, educators, health care and social service providers and most significantly all levels of government are aware of the impact of an aging population and are prepared to work with it.

In Westchester County there are 192,309 persons age 60 and older, or about 20 percent of the total population. Of the 60-plus residents, 21 percent are frail/disabled; 36 percent are over 75 years; 12 percent are ages 85 or over and 10 percent are low-income minorities.

Westchester’s very capable award-winning Livable Communities Initiative seeks to fulfill our mission of organizing resources to give older adults meaningful lives with the independence and dignity they deserve. If not now, when? And if not us, who?

Kathy N. Rosenthal, Esq.
President, Westchester Public/Private Partnership for Aging Services

On behalf of the Board of Directors of the Westchester Public/Private Partnership for Aging Services, I am delighted to welcome you to the “Successful Aging – It’s Everybody’s Business” conference. We want to inspire, encourage and motivate you to view aging in a whole new way. Aging is something to start thinking about – even when you’re young - and to plan for your entire life. We know that growing old can be a challenge. The Partnership believes the best way to meet a challenge is through collaboration – gathering a variety of people to put their minds and resources together to create new approaches and solutions. This conference is a collaboration of some of the best minds, dedicated scholars and caring individuals all gathered to share their expertise with you. Take it all in, add your own perspective and go share it with others. Help us spread the word that aging is everybody’s business, and if we work together, it can be good business for everybody.
AGENDA
Thursday, June 26, 1 p.m. - 5 p.m.

12:30 – 1 p.m.
Registration

1 – 1:30 p.m.
Greetings
Kevin J. Plunkett
Westchester Deputy County Executive

Mae Carpenter
Commissioner, Westchester County Department of Senior Programs and Services

Ask the Audience:
What’s Your Tech Knowledge?
Daniel Reingold
President & CEO, Hebrew Home at Riverdale

Introduction to Keynote
William Mooney, Jr.,
CEO, Westchester County Association

1:30 – 2:15 p.m.
Keynote
David A. Lindeman, Ph.D.,
Director, CITRIS Health Care Program and
Director of the Center for Technology and Aging,
University of California

“The New Era of Connected Aging:
Technology Solutions for an Aging Society”

2:15 – 2:45 p.m.
Featured Speaker
Ryan Olohan
National Industry Director, Healthcare,
Google Inc.

“Healthcare Reimagined”

2:45 – 3 p.m.
Afternoon Refreshment Break

3 – 3:30 p.m.
Featured Speaker
Pramod Gaur, Ph.D.
Founder & Former CEO, Viterion and
Healthanywhere

“Opportunities to Improve Total Population Management using Telehealth”

3:30 – 4 p.m.
“Better Health at Your FingerTIPS with the Telehealth Intervention Programs for Seniors (TIPS)”

Mae Carpenter, Commissioner
Westchester County Department of Senior Programs and Services

David Sachs, Ed.D.
Professor, Pace Seidenberg School of Computer Science and Information Systems

Jean Coppola, Ph.D.
Associate Professor, Pace Seidenberg School of Computer Science and Information Systems

Colette Phipps, LMSW
Research Analyst, Westchester County Department of Senior Programs and Services

John Migliaccio Ph.D.
Project Director, Telehealth Intervention Programs for Seniors

4 – 5 p.m.
Showcase of Technology/Telehealth Companies

BrainTracer
GesTherapy, OpenBCI,
Philips Lifeline Philips Healthcare
David A. Lindeman, Ph.D., is the Director of the CITRIS Health Care Program and Director of the Center for Technology and Aging at the University of California Center for Information Technology Research in the Interest of Society (CITRIS). He also serves as Co-Director of the Center for Innovation and Technology in Public Health at the Public Health Institute. Dr. Lindeman has worked in the field of aging and long-term care for over 30 years as a health services researcher and gerontologist, focusing on aging and long-term care, health care technology, brain health and dementia, community-based and residential services, long-term care economics and policy, and solutions for safety net populations. His current research and program focus is on the translation of technology-enabled interventions into practice and strategies for diffusion and scaling. Dr. Lindeman has written numerous papers and chapters on these topics and presents on aging and technology internationally. He previously served as the founding Director of the Mather LifeWays Institute on Aging; Associate Professor of Health Policy at the Rush Institute for Healthy Aging, Rush University Medical Center; and Co-Director of the University of California, Davis Alzheimer’s Disease Center. Dr. Lindeman received his Ph.D. and M.S.W. from the University of California, Berkeley and his BA from SUNY Binghamton.

Ryan Olohan is the National Industry Director for Healthcare at Google, leading the teams responsible for developing and managing Google’s relationships with pharmaceutical and consumer health companies. Ryan’s teams partner with the largest advertisers in the world to build their brands through utilizing Google’s vast search, display, mobile, online video, and other platforms. As head of the Healthcare industry, Ryan is also responsible for driving the teams’ strategy, industry and consumer insights, operational excellence, and thought leadership.

Before Healthcare, Ryan spent the majority of his 7.5 years at Google overseeing the CPG industry as the Head of Consumer Packaged Goods. Outside of his day job, Ryan is a frequent speaker at industry events and is a Board member for the Consumer Healthcare Products Association, the New Jersey Institute of Technology, the Digital Health Coalition and the founder of the Google Healthcare Advisory Board.

Pramod Gaur is a Telehealth Subject Matter Expert (SME). Most recently, Dr. Gaur was responsible for the enterprise level coordination of telehealth at UnitedHealth Group for the continuum of care delivery. Prior to that, Dr. Gaur was the founding President and CEO of two telehealth companies, Viterion and Healthanywhere. Dr. Gaur’s activities as an industry advocate include demonstrations to the U.S. Presidential Advisor, U.S. Congress, The White House Conference on Aging and to International Delegates at the United Nations. Dr. Gaur has served the American Telemedicine Association (ATA) in various capacities since 2003. He was inducted to the 2013 ATA Class of Fellows and is currently serving as Chair of ATA Health SIG.
Dr. David Sachs served Pace University as Associate Dean and Professor of Information Technology in Pace University’s Seidenberg School of Computer Science and Information Systems from 1984 to 2012. As Associate Dean he developed and managed numerous corporate computer programs for clients such as IBM, Verizon, AT&T and others throughout the U.S. Dr. Sachs has received many grants and has written eight books. Since 2012, Dr. Sachs has devoted his time to teaching and research. His current academic interests focus on online learning, social media and telehealth initiatives.

Jean F. Coppola, Ph.D., is an Associate Professor of Information Technology at the Seidenberg School of Computer Science & Information Systems at Pace University. Among her accomplishments, Dr. Coppola is an award-winning educator, author and speaker who has been honored with the Jefferson Award for Public Service; Computerworld Laureate Award for visionary applications of information technology to promote positive social, economic and educational change; Wilson Foundation Faculty Fellow; Women Builders of Communities and Dreams Award; and EMG Health Communications for outstanding community commitment and outreach to the elderly.

John Migliaccio, Ph.D., is Project Director of Westchester’s Telehealth Intervention Programs for Seniors (TIPS). He is also the former Director of Research at MetLife’s Mature Market Institute (MMI). Prior to joining MMI, he was President of Maturity Mark Services Co., an international strategic planning, marketing and market research consultancy focusing on the boomer and senior market serving major corporations, financial services companies, government agencies and nonprofit organizations. He was also President of the American Institute of Financial Gerontology (AIFG), a leading educational provider for the financial services and legal professions. Dr. Migliaccio has served multiple terms on the Board of Directors and chaired major committees for some of the nation’s leading aging organizations, including the American Society on Aging, the National Association of Senior Living Industries, and the 50+ Housing Council of the National Association of Home Builders.
BrainTracer is the creator of MoodTune, the first mobile platform for patient self-management and treatment optimization for those suffering from depression, especially underserved and underprivileged populations.

GesTherapy is a company that develops telerehabilitation software for people suffering from a variety of orthopedic and neuromuscular diseases.

Google needs no introduction. Since its inception, Google has aimed to leveraged products that help to improve people’s lives.

OpenBCI has created a customizable and fully open brain-computer interface platform that gives you access to high-quality brain wave data. The OpenBCI platform is intended to serve as a malleable starting point in the rapidly growing field of brain-computer interfacing design.

Philips Lifeline Philips Healthcare is dedicated to the future of healthcare and saving lives. We develop innovative solutions across the continuum of care in partnership with clinicians and our customers to improve patient outcomes, provide better value and expand access to care.

Philips Hospital to Home delivers telehealth-enabled clinical programs that help improve outcomes and lower costs in both the hospital and ambulatory/home settings. Philips Lifeline is the market leader in personal emergency response services.
AGENDA
Friday, June 27, 9 a.m. - 5 p.m.

8:30 – 9 a.m.
Registration/Breakfast

9 – 9:15 a.m.
Welcome
Mae Carpenter
Commissioner, Westchester County Department of Senior Programs and Services

Greetings
Robert P. Astorino
Westchester County Executive

Introduction to Keynote
Dr. Marsha Gordon
President & CEO,
The Business Council of Westchester

9:15 - 10:30 a.m.
Keynote
Ken Dychtwald, Ph.D.
President & CEO, Age Wave
“How the Age Wave Will Transform Our Lives”

10:30 - 11:15 a.m.
Presentation and Audience Poll
Bob Blancato
Executive Director of the National Association of Nutrition and Aging Services Programs and Director of a White House Conference on Aging
“Is America Ready for an Aging Population?”
Audience Poll with Smartphones –
What Successful Aging Means to You

11:15 - 11:30 a.m
Break

11:30 a.m. – 12:30 p.m.
Session I Workshops
Choose One

12:30 – 1 p.m.
Visit Exhibits

1 – 1:45 p.m.
Lunch

1:45 – 2:45 p.m.
Featured Speaker
Joe Baker, Esq.
President, Medicare Rights Center
“We’ve Got You Covered: Employers, Employees and Medicare”

2:45 – 3 p.m.
Break

3 – 4 p.m.
Session II Workshops
Choose One

4 – 5 p.m.
Wrap up
WORKSHOPS: AT-A-GLANCE

Morning Workshops
11:30 a.m. – 12:30 p.m.

Choose one from 1-8.
Descriptions and bios start on page 13.

1. I’m Too Young to Have Alzheimer’s Disease
2. Nuts & Bolts of Estate Planning
3. Make Sure You Save Enough Money to Last through Retirement
4. How to Recognize and Prevent Financial Fraud and Elder Abuse
5. Take Control: Lifestyle Tips for Healthy Aging
6. Successful Aging – Peer-to-Peer Leadership Can Reduce Health Care Disparities in Communities of Color
7. Your Toolbox for Successful Aging: Palliative Care is Essential
8. Reimagining Aging Through Community Partnerships, Collaborations and Support

Afternoon Workshops
3 p.m. – 4 p.m.

Choose one from 9-15.
Descriptions and bios start on page 21.

9. Optimizing Cognitive and Mental Health in Later Life
10. Not Enough Retirement Savings? Ways to Make Up the Shortfall
11. Are You Being Taxed Out of Westchester? Students Offer Solutions
12. How to Keep a Roof Over Your Head Through the Different Stages of Life
13. Care Circles – A Step Forward in Giving Back
15. Building Better Relationships through Intergenerational Engagement
Ken Dychtwald, Ph.D.

Over the past 35+ years, Dr. Ken Dychtwald has emerged as North America’s foremost visionary and original thinker regarding the lifestyle, marketing, healthcare and workforce implications of the longevity revolution. He is a psychologist, gerontologist, documentary filmmaker, entrepreneur and best-selling author of sixteen books on health, wellness and aging-related issues, including *Bodymind, Age Wave: The Challenges and Opportunities of an Aging Society, Age Power: How the 21st Century will be Ruled by the New Old, The Power Years: A User’s Guide to the Rest of Your Life, Workforce Crisis: How to Beat the Coming Shortage of Skills and Talent, Gideon’s Dream: A Tale of New Beginnings and A New Purpose: Redefining Money, Family, Work, Retirement and Success*. In 2007, he had his debut as a documentary filmmaker and host with the highly rated/acclaimed PBS special “The Boomer Century: 1946-2046.”

Ken Dychtwald has served as a fellow of the World Economic Forum and he is a two-time recipient (1996 and 2013) of the distinguished American Society on Aging Award for outstanding national leadership in the field of aging. *American Demographics Magazine* honored him as the single most influential marketer to baby boomers over the past quarter century. His article in *The Harvard Business Review*, “It’s Time to Retire Retirement,” was awarded the prestigious McKinsey Award, tying for first place with the legendary Peter Drucker. He was a keynote presenter at both the 1995 and 2005 White House Conferences on Aging.

Since 1986, Ken has been the founding President and CEO of Age Wave, a firm created to guide Fortune 500 companies and government groups in product/service development for boomers and mature adults. His client list has included more than half of the Fortune 500.


He is a visiting faculty at Singularity University, NASA campus, and serves as a Senior Advisor to the G100. In addition, he is a Trustee of the American Society on Aging, the Alliance for Aging Research and USAgainstAlzheimer’s.
**FEATURED SPEAKERS**

**Bob Blancato** is President of Matz, Blancato and Associates. He is the National Coordinator of the 3,000-member Elder Justice Coalition. He serves as Executive Director of the National Association of Nutrition and Aging Services Programs. Bob has more than 20 years of federal government service, including 13 years on the senior staff of the House Select Committee on Aging and a presidential appointment to be the Executive Director of the 1995 White House Conference on Aging. Bob is currently on the Boards of the American Society on Aging and the National Council on Aging. In December 2012, Bob was reappointed to the Commonwealth Council on Aging. In January 2013, Bob was selected to be the Volunteer State President of AARP in Virginia.

**Joe Baker, Esq.**, has been President of the Medicare Rights Center since June 2009. Mr. Baker is a member of the Institute of Medicine’s Board on Health Care Services and Committee on Geographic Variation in Health Care Spending and Promotion of High-Value Care. He also serves on the U.S. Department of Health and Human Services, Centers for Medicare & Medicaid Services’ Advisory Panel on Outreach and Education. He is an adjunct professor at the New York University School of Law, where he teaches a class on implementation of the Affordable Care Act.

Previously, he was the deputy secretary for health and human services in New York State under Governor David A. Paterson. Mr. Baker served as assistant deputy secretary for health and human services under Governor Eliot Spitzer, after having directed the Health Care Bureau under Spitzer when he was attorney general of New York. Mr. Baker was executive vice president of Medicare Rights from 1994 to 2001, and prior to that was associate director of legal services for Gay Men’s Health Crisis.
I’m Too Young to Have Alzheimer’s Disease

Alzheimer’s is not just a disease of old age. This workshop will identify the common experiences shared by those with younger onset, especially individuals under the age of 65.

PRESENTERS

Patricia Gaston, LMSW, is a Care Consultant at the Alzheimer’s Association, Hudson Valley, Rockland, Westchester, NY Chapter. She is a former Board member, former Chair of the Program Committee, former Co-Chair of Memory Walk, and led a family caregiver support group in Yonkers. Professionally, she has spent most of her career in the field of Alzheimer’s disease and related dementias, working at The Albert Einstein College of Medicine’s Resnick Gerontology Center, The International Center for the Disabled’s Adult Dementia Day Care Program and The Guild Home for Aged Blind where she designed, developed and managed The Newman Center for Alzheimer Care, a special care unit for mild to moderately impaired persons with dementia.

Curtis Au, LMSW, is a Care Consultant in the Westchester County office of the Alzheimer’s Association, Hudson Valley/Rockland/Westchester/NY chapter. He facilitates an ongoing caregiver support group, provides care consultations for families, supervises socialization programs for persons with dementia and their caregivers, and presents Alzheimer’s education programs in the community. Curtis co-chairs the Westchester Livable Communities Alzheimer’s Collaborative, and serves on the Westchester Collaborative for Palliative Care and the Northern Westchester Geriatric Committee. He is also a Caregiver Coach with the Westchester County Department of Senior Programs and Services and has personal experience as a caregiver.

Rina Bellamy, LMSW, QDCP, is the Director of My Second Home, an Intergenerational Adult Day Program of Family Services of Westchester. She is a New York licensed Geriatric Social Worker with a specialization in working with older adults and their families. She is an Adjunct Professor for Fordham University’s Graduate School of Social Service. She is a current Board Member of the New York State Adult Day Service Association. She developed and implemented a research study with the Ravazzin Center for Social Work Research in Aging at Fordham University and the Helen Andrus Benedict Foundation.

Bill and Lori Finkeldey, Bill has a degree in Community and Social Psychiatry from Columbia University and worked with children and families during his professional career. Lori works for Family Services of Westchester with the elderly. Bill and Lori have had 10 foster children over the years and have enjoyed great satisfaction helping kids in difficult circumstances. Bill was diagnosed with Early Stage Alzheimer’s at age 58 and is now retired. Bill and Lori attend two groups at the Alzheimer’s Association: one for those with early stage disease and the other for caregivers.
**Nuts & Bolts of Estate Planning**

The only certainties in life, they say, are death and taxes. Estate planning addresses both. People have the misconception that estate planning is only for the wealthy. However, estate planning is important for everyone. This panel will provide an overview of the basic estate planning documents, including Wills, Living Wills, Health Care Proxies and Power of Attorney. Other topics that will be discussed include: the benefits and disadvantages of probate; benefits of using different types of trusts; assets preservation techniques; long-term-care and incapacity planning and methods to avoid or minimize Federal and New York State estate and gift taxes.

**PRESENTERS**

**Neil R. Lubarsky,** Esq., an estate planning, elder law, tax and asset protection attorney with offices in Purchase, N.Y., earned his Bachelor’s Degree in Economics from Columbia University, received his law degree from Harvard University and his Masters of Law in Taxation from N.Y.U. He has been engaged in the practice of law for over thirty years. Mr. Lubarsky, as a legal practitioner, is known for his capacity to make people comfortable with the estate and elder law planning process, his ability to help individuals understand the law, and his orientation towards providing senior citizens with effective control over their assets while simultaneously enabling them to achieve their estate planning and asset protection goals. He is admitted to the bar in both New York and Connecticut.

**Michael J. Greenberg,** Esq., is an Associate at Neil R. Lubarsky & Associates. His practice focuses on estate planning, elder law and tax law. Mr. Greenberg received his law degree from Emory University School of Law and his undergraduate degree from Williams College. Mr. Greenberg serves as a Second Lieutenant/Judge Advocate in the New York Guard where he provides free legal services for soldiers, sailors, airmen, marines, coast guardsmen and their families. He is a member of the National Academy of Elder Law Attorneys, the Trusts & Estates and Elder Law sections of the New York State Bar Association and the Westchester County Bar Association. Mr. Greenberg is certified by the New York State Courts to serve as an Article 81 guardian, court evaluator and attorney for the alleged incapacitated person. He is also an accredited Elder Mediator. Mr. Greenberg is admitted to the bar in New York, Connecticut and Florida.
Make Sure You Save Enough Money to Last through Retirement

This workshop will discuss how to maximize your retirement income from Social Security, pensions, 401(k) plans and personal savings. We will cover what every person should know before claiming Social Security benefits — the million dollar asset you may be ignoring. We will also discuss asset protection and different ways to pay for healthcare.

PRESENTERS

Robert K. Leitner, CFP(R), is a Certified Financial Planner and Registered Investment Advisor with over 30 years experience in the financial services industry. He is currently on the Board of Directors of the Estate Planning Council of Westchester and Co-Chairs the Elder Law/Economic Security Collaborative of the Westchester Public/Private Partnership for Aging Services. Mr. Leitner has also taught adult education courses on Retirement Distributions at Purchase College. He is a member of the Financial Planning Association of Westchester.

Nancy Gould, CLTC, CLU, had been a professional insurance consultant with more than 30 years of experience. She provides solutions that save people from financial hardships. Nancy uses a portfolio of financial products, which includes long-term care insurance, life insurance and annuities. With her expertise, clients have been able to preserve their independence, secure their choice of care and leave a legacy.
How to Recognize and Prevent Financial Fraud and Elder Abuse

This workshop will cover tools for recognizing financial fraud and elder abuse. Topics covered will include the threat of financial fraud posed by people you do and don’t know; how to avoid becoming a victim; misuse of power of attorney, warning signs of physical and emotional abuse and more. Resources to address abuse and assist victims will also be discussed.

Presenters

Gary S. Brown, Esq., is the Assistant Attorney General-in-Charge of the Westchester Regional Office of New York Attorney General Eric Schneiderman. He also serves as the Attorney General’s statewide Elder Abuse Coordinator. Previously, Mr. Brown has served as Director of Communications & Policy Research at the NYS Consumer Protection Board; Director of the Westchester County Department of Consumer Protection; Executive Director of the Fund for Modern Courts, a non-profit statewide court reform organization; and as an attorney in private practice. Mr. Brown is co-chair of the Westchester Elder Abuse Coalition, serves on the county’s Multidisciplinary Team on Elder Abuse, and is a member of the Elder Financial Exploitation Advisory Board of the National Adult Protective Services Association.

Sarah Steckler, Esq., is a trust and estates and elder law attorney focused in the areas of estate planning, probate, elder care, real estate and surrogates court litigation. Ms. Steckler represents clients in matters related to the preparation of wills, trusts, advance directives, asset transfers, estate administration, estate tax returns, will contests, guardianship, custody, accounting and various miscellaneous proceedings. She also advises clients concerning long-term care insurance, hospital discharge, medical insurance, Medicare, homecare services, admission to skilled nursing facilities, Medicaid planning, veterans benefits, and real estate and commercial transactions. Ms. Steckler joined Keane & Beane in 2011.

Susan Ferlauto, Esq., is a Senior Staff Attorney at Pace Women’s Justice Center, Elder Justice Unit. Since 2005 she has provided free civil legal services to victims of elder abuse in Westchester County. Ms. Ferlauto collaborates extensively with county agencies that provide services to the elderly. She has been a panelist, presenter and trainer on behalf of the Center educating public and private groups on how to recognize, prevent and address elder abuse. Ms. Ferlauto is a member of the Westchester County Elder Abuse Coalition. Prior to joining the Pace Women’s Justice Center, Ms. Ferlauto served in the Westchester County District Attorney’s Office assigned to the Special Prosecutions Division. As an Assistant District Attorney, she successfully prosecuted hundreds of elder abuse cases.

Miriam Scholl, LMSW, is the founder of Westchester Elder Care Consultants, LLC, a private Geriatric Care Management practice serving Westchester County. Miriam has been practicing in the field of care management for the past 20 years. She is a New York Licensed Social Worker with a Master’s Degree in Social Work from New York University. She brings to her practice extensive geriatric experience having worked in long-term care facilities, home care settings, and with corporate eldercare programs. She is a member of the National Association of Professional Geriatric Care Managers and has served on the Board of the Greater New York Chapter of Professional Geriatric Care Managers for many years.
5 Take Control: Lifestyle Tips for Healthy Aging

This workshop will incorporate the role of nutrition, physical activity and the importance of making healthy lifestyle choices in promoting health and wellness. As part of this program, Dr. Nieves will incorporate the role of Vitamin D and diet in the prevention of chronic diseases and conditions such as osteoporosis, Alzheimer’s, falls and fractures.

PRESENTER

Jeri Nieves, Ph.D., is an Associate Professor of Clinical Epidemiology and Nutrition at the Mailman School of Public Health at Columbia University and the Director of Bone Density Testing at Helen Hayes Hospital in West Haverstraw, N.Y. She is also a principal investigator for the NYS Osteoporosis Prevention and Education Program and an expert on the role of Vitamin D in fall and fracture prevention. Dr. Nieves has co-authored over 100 journal articles, reviews, and book chapters on nutrition, epidemiology and osteoporosis. She is an Associate Editor of Osteoporosis International and the Principal Investigator for the New York State Osteoporosis Prevention and Education Program.
Successful Aging – Peer-to-Peer Leadership Can Reduce Health Care Disparities in Communities of Color

This workshop will focus on the method of “reach one, teach one” to reduce health care disparities in communities of color in Westchester County. First, we will look at the challenges as they currently exist and then describe how an evidence-based program out of Stanford University can create change in health behaviors as community members learn from one another.

PRESENTERS

James C. O’Neal, MA, is the Director of Community Outreach for CenterLight Healthcare, covering community outreach in the 5 boroughs of New York City and Nassau, Suffolk, Westchester and Rockland counties. James began his community healthcare career with Oxford Health Plans, and helped to establish VNS CHOICE Managed Long Term Care Plan at the Visiting Nurse Service of New York in 1998. He has been at CenterLight Healthcare for the past 3 years. Mr. O’Neal is a Past President and current member of the Board of Directors of the State Society on Aging of New York, a member of the Public Health Association of New York City, and a member of the Board of Directors of the Westchester Public/Private Partnership.

Eunice Flemister, MPH, is a full-time Lecturer at Hostos Community College of the City University of New York and is currently the Program Coordinator of the Gerontology Unit. With 25 years of community and academia experience and as the former Director of Therapeutic Recreation of Amsterdam Nursing Home and the Associate Director and Marketing Director of the Amsterdam Adult Day Care Program, she developed a unique perspective of delivery of care to seniors. She serves on the Community College Task Force and Global Aging Committee for the Association for Gerontology in Higher Education. She recently joined the SSANY as a co-chair of the Diversity Committee.

Martin S. Yablonski, MEd, earned a degree specializing in teaching the art and science of orientation and mobility to individuals who are blind or visually impaired. His professional career continued in administration, as Executive Director of Guiding Eyes for the Blind and then as Vice President for Vision Rehabilitation Services at Lighthouse International. He has also taught in personnel preparation programs internationally (Hong Kong) and locally at Hunter College, Teachers College and Dominican College. Recently, he has been involved with the Westchester County Department of Senior Programs and Services’ Livable Communities program and is now a volunteer and Master Trainer with the Chronic Disease Self-Management Program facilitating workshops and training trainers.
Your Toolbox for Successful Aging: Palliative Care is Essential

Palliative Care is an evolving and growing specialty offering vital services to maintain the health, comfort and quality of life for aging adults, particularly those with progressive chronic conditions. Presenters will discuss how palliative home care is provided and how various health care settings provide palliative care, including hospice.

Presenters

Rajasekhar Buddhavarapu, MD, better known as “Dr. Buddha,” is Director of Geriatrics and Palliative Care at White Plains Hospital. Dr. Buddhavarapu is board certified in Internal Medicine, Geriatrics, and Palliative Medicine. Dr. Buddha came to White Plains Hospital from NY Downtown Hospital where he served as Chief of Geriatrics. Dr. Buddha has a private consultative practice and is the primary care physician at several assisted living facilities in Westchester County. Dr Buddha is a member of the Collaborative for Palliative Care.

Cornelia Schimert, RN, BSN, has been involved in hospice and palliative care for over 30 years. She started two hospice programs and was Administrator of Hospice Care in Westchester and Putnam for 14 years. She currently holds the position of Director of Business Development and Community Relations at VNA of Hudson Valley, where she was instrumental in developing the VNA’s comprehensive palliative care program and the region’s only Care Transitions Program. Cornelia volunteers with the Alzheimer’s Association, serves as President of the Northern Westchester Geriatric committee and is Vice Chair of the Collaborative for Palliative Care.

Linda Fraser, RN, BSN, CHPN, has 18 years of experience in a variety of settings including hospitals, schools, industry and the community. She worked at Hospice Care in Westchester and Putnam for a number of years before taking the challenge of becoming the first palliative care nurse in VNA’s Palliative Care Program in 2011. Linda has been instrumental in developing the multidisciplinary care process in the home health care setting. She is known for using humor and storytelling to help her patients cope with the challenges of an advanced illness.

Tony Susi, ACSW, ACHP-SW, is Director of Supportive Services at Calvary Hospital Hospice, where he oversees social work, pastoral care and volunteer services. He has over 25 years working in end-of-life and hospice care in supervisory, managerial and direct care services. He also worked for 20 plus years as a contract social worker for certified home health agencies such as the VNA of Hudson Valley, providing short-term therapy and long-term planning to agency patients, specializing in patients with life threatening illnesses.
Reimagining Aging through Community Partnerships, Collaborations and Support

Learn about different age-friendly community models and the advantages they can offer you and your organization. Participants will leave with tips and tools on how to access resources, get involved in the community and stay engaged at any age.

Presenters

Betsy Klampert, Esq., is currently the Executive Director and Board Secretary of the Center for Aging in Place. She is an attorney focusing on the areas of elder law, health law and health advocacy. She also worked as a corporate librarian in the banking, accounting and financial services fields, and has been a law library director. Most recently she served as a trustee for the Scarsdale Public Library and is a member of the New York State Bar Association’s Elder Law Section, the Section’s Elder Abuse Committee, and serves on the Legislative Committee of the National Academy of Elder Law Attorneys (NAELA).

Julie Dalton, CASP, is a Certified Aging Services Professional and has 20 years of experience in the design and delivery of community based programs for older individuals. She is an experienced non-profit administrator with experience in program administration, grant writing, community relations and advocacy. Ms. Dalton joined Gramatan Village in May, 2008. Prior to joining Gramatan Village she was the Vice President of Operations for Aging in America Community Services in the Bronx. Ms. Dalton participates with the Fairfield/Westchester Aging in Place Coalition and also serves on the Community Advisory Board of both the Senior Citizens Council and the Center for Aging in Place Support (CAP).

Louise G. Challop, MS, is a retired teacher and administrator. Currently, she is an adjunct professor of educational administration at the College of New Rochelle and works at Westchester Jewish Community Services as the Coordinator of the Livable Communities program. In this capacity, she helps plan educational programs and forums that encourage senior citizens to become self-advocates.

Kellie Rizzi is currently the Assistant Superintendent of Recreation and Parks for the Town of Mt. Pleasant. She has been involved with Recreation and Parks throughout her professional career. Currently, she is responsible for planning, organizing, implementing and overseeing the operations of community activities for all ages, including senior citizens.
Optimizing Cognitive and Mental Health in Later Life

We will present ways to facilitate optimal cognitive functioning and to address depression to optimize mental health in later life. The presentation will include a discussion of innovative approaches to address mental health disorders in later life.

Presenters

Faith Gunning-Dixon, Ph.D., is an Associate Professor at the Institute for Geriatric Psychiatry of Weill Cornell Medical College and is Director of the Institute’s Brain Imaging Analysis Laboratory. She is Director of Neuropsychology for Weill Cornell’s Department of Psychiatry and Associate Director of their Psychology Division. She is a recognized expert in the cognitive and affective neuroscience of normal aging and aging-related illnesses with over 15 years of research experience using MRI to study the aging brain. Her program of research relies on advanced MRI techniques to examine biological contributors to the expression and persistence of depression in late life.

Diane Aparisio, MSW, is a Geriatric Research Consultant with 20 plus years of experience in designing programs and initiatives in aging services. Diane retired with 20 years experience from the Westchester County Department of Senior Programs and Services, where she served as Deputy Commissioner. Currently, Diane is a Research Consultant to the Geriatric Psychiatric Institute at Weill Cornell Medical College and Co-Chair of the Geriatric Mental Health Coalition. She serves on the Board of Directors for the Alzheimer’s Association of Hudson Valley/New York.

Michelle Paggi, Ph.D., is an Applied Developmental Psychologist and a recent graduate of the doctoral program at Fordham University. Her thesis was titled Occupational Self-Efficacy and Expectations for Future Job Performance in Older Workers. Her past research experience has included aging successfully in the workplace, investigating masculinity and suicidal behavior in ethnically diverse older adults and evaluating interventions to prevent falls in older adults. Dr. Paggi is currently a research fellow at Weill Cornell Medical College.

Jo Anne Sirey, Ph.D., is a Clinical Psychologist and Associate Professor of Clinical Psychology in Psychiatry, Weill Medical College of Cornell University, and Clinical Director of the Geriatric Outpatient Service of the Weill Cornell Institute of Geriatric Psychiatry. Dr. Sirey documented the negative impact of stigma on mental health treatment participation and adherence. She is the Principal Investigator of a study to improve engagement in mental health services among depressed community dwelling elders and an intervention study to improve adherence among elders in primary care settings. In addition to her research, Dr. Sirey is on the Westchester County Elder Abuse Multidisciplinary Team, is on the Board of Directors of the Mental Health Foundation, the Advisory Board of the Geriatric Mental Health Alliance and is a reviewer for The National Registry of Evidence-based Programs and Practices for SAMHSA and NIMH CSR review panels as an expert on stigma.
Not Enough Retirement Savings? Ways to Make Up the Shortfall

The goal of creating a nest egg of sufficient size to meet all needs in retirement cannot always be attained. This workshop helps you assess whether your savings are sufficient to fund your living expenses throughout retirement. It may be possible to “rightsize” a “supersize” life style by changes such as: moving to a smaller home or less expensive town, eliminating unnecessary expenses or getting a part-time job. Approaches to making up any shortfall include annuities and reverse mortgages, both of which may have drawbacks.

Presenter

Anthony J. DeVito, Ph.D., CFP(R) is a certified financial planner who has over 25 years experience in investment management and comprehensive financial planning. He acts as a fiduciary in all his work with clients, and is a fee-only advisor. He was an educator and researcher for many years. He uses these skills to help his clients plan their financial future as life offers new challenges and opportunities. He is past-President of the Financial Planning Association (FPA) of the Greater Hudson Valley and is active in the FPA’s pro bono work. He is also a long-time member of the National Association for Personal Financial Advisors.
Are You Being Taxed Out of Westchester? Students Offer Solutions

Called the 2014 Think Tank on Tax Relief, undergraduate and graduate students examined demographic and economic data, best practices, recommendations for tax relief and the influence of taxes on decisions of older adults and their adult children to remain in Westchester County. The students will present their findings in the form of a consolidated PowerPoint presentation, followed by audience comments and discussion.

STUDENT PRESENTERS

Iona College
John Bertino
Joelle Cheatem
Andrew Jordan
Savannah Lang
Thomas Severin

College of New Rochelle
Jonelle Ward

FACULTY ADVISORS

Mary Hagerty, Ph.D., Assistant Professor at Iona College, teaches American government, state and local politics, campaigns and elections, and public policy. Dr. Hagerty’s research interests include New York State and local politics, candidate emergence in state legislative elections, public labor relations, and governmental fiscal challenges following the Great Recession.

Gregory Holtz, Ph.D., is an Associate Professor of Public Administration at Pace University. Dr. Holtz has 20 plus years of experience in program evaluation, has conducted policy research for the Michaelian Institute for over 10 years and specializes in research and design and methodology. In addition, he has been involved in training teachers, city officials and school administrators. He is the former Research Director with the Michaelian Institute of Public Policy.

Catherine Wynkoop, Ph.D., FACHE(r), is a healthcare executive and management consultant for over 30 years. She has been developing aging-related programs and services in Westchester since 2006, including Boxwood Alliance, an aging-in-place organization, and WestFair Rides, a transportation connection for older adults and people with disabilities. As Coordinator of the Westchester Alliance, she led the 2012 multicollegiate Think Tank on transportation challenges in northeast Westchester, and has been coordinating the 2013-14 Think Tank on tax relief for older adults and their caregiving children. The Westchester Alliance of Academic Institutions for Aging Related Studies and Workforce Development is a coalition of colleges and universities working to introduce undergraduate and graduate students to possible careers in aging.
How to Keep a Roof Over Your Head Through the Different Stages of Life

This workshop highlights housing choices faced by individuals throughout their lives and the challenges they may face as their income changes and their needs increase due to age or disability. We will also discuss reverse mortgages and various types of senior housing.

PRESENTERS

Patricia L. Angley, Esq., is a Staff Attorney, Elder Unit, Legal Services of the Hudson Valley (LSHV). She started working at LSHV in the Domestic Violence Unit in the Yonkers office in 2008 and worked in the Cancer Advocacy Unit and the Medical/Legal Partnership Unit in the White Plains office prior to working with the Elder Unit. Ms. Angley is co-chair of the Elder and Health Law committee of the Westchester Women’s Bar Association and a member of the NYSBA Elder Law Section and Women in the Law Committee.

Melinda Bellus, Esq., is the Attorney-in-Charge at Legal Services of the Hudson Valley. She leads a team of over 20 attorneys, paralegals and support staff in delivering comprehensive legal services to residents of Westchester and Putnam counties. Her primary area of concentration is elder law, and she has represented seniors in housing, health care, elder abuse, trusts and estates and consumer issues. Ms. Bellus received her JD from the Benjamin N. Cardozo School of Law in 1996. Prior to joining Legal Services of the Hudson Valley, she was an associate in the law firm of Zeichner Ellman & Krause where she practiced real estate law. She has served as co-chair of the Medicaid Litigation and Fair Hearings Committee of the New York State Bar Association Elder Law Section for the last six years.

Jane Lindau, is the Director of Senior Citizen’s Housing at Westchester Residential Opportunities (WRO), a HUD certified housing not-for-profit housing agency in White Plains. The Senior Housing Department at WRO helps Westchester residents age 60 and older with housing issues, including applying for subsidized housing, foreclosure counseling and homelessness prevention. Jane is a certified Foreclosure Counselor and a bilingual HUD certified Reverse Mortgage Counselor. Prior to joining WRO in 2008, Jane spent 20 years in banking at Chase, Citibank, and most recently at ING, where she was Senior Vice President of Fixed Income Institutional Sales.
Care Circles – A Step Forward in Giving Back

Members of the Caregiver Collaborative will provide training on how to create, maintain and sustain a Care Circle, an innovative system of support for caregivers using the Care Circles of Westchester Guide, an award winning manual. Take this step-by-step interactive journey to reducing stress for caregivers by learning how to leverage support from volunteers and share these important techniques with others. Each workshop attendee will receive a free guide.

Presenters

Geri Brooks, RN, MSN, GNP-BC, is Vice President of Geriatrics and Program Development at United Hebrew and has over 25 years of experience as the Director of an outpatient Geriatric Consultation Program, which included home visits, assessment and caregiver navigation. Geri is a graduate from Pace University with a Masters in Geriatric Nursing and is a board certified Geriatric Nurse Practitioner and Certified Care Manager. She is President of the Hudson Valley Chapter of NY State Health Care Providers, Co-Chair of the Caregiver Collaborative, the Palliative Care Collaborative, Older Drivers program, and the Long-Term Care Council. She is a board member of the Central Westchester Geriatric Committee, the Westchester Public/Private Partnership for Aging Services and Medicare Rights, among others.

Ellen Wright, LMSW, CCM, is currently the Director of Home Care at AZOR Licensed Home Care Agency, which is part of the United Hebrew of New Rochelle campus of services. Prior to joining AZOR, Ellen worked at the VNA of Hudson Valley for 17 years directing the Social Work and Mental Health Home Care programs. She has also worked as a medical social worker at area hospitals in Westchester County. She is a member of the Caregiver Collaborative and the Long-Term Care Council through the Westchester County Department of Senior Programs and Services, and is a member of the NYS Health Care Providers. Ellen participates in many health related community activities as both a speaker and supporter.

Lisa Sioufas, LCSW-R, ACSW, has 18 years experience as the Mental Health and Social Work Program Manager for the Visiting Nurse Services Westchester. She is a member of the Caregiver, Alzheimer and Geriatric Mental Health Collaboratives, and the Putnam County Mental Health Provider Coalition. Lisa is a recipient of Westchester Magazine’s 2014 Healthcare Heroes Award. She previously worked as the Pediatric Emergency Room Social Worker at Jacobi Medical Center and was a member of their Child Protection Team.
Communicating Through Cultural Differences: A Discussion Around Healthcare and Culture

The workshop will focus on understanding how culture affects communication styles; best practices in working with diverse cultures; how to communicate with a home health aide; client rights regarding home health aides and service providers; how to get a positive outcome and creative a positive experience for everyone.

PRESENTER

Christina Eisenberg, MA, is the Minority Services Specialist, Employment Specialist, and Educational Advocate for the Westchester Independent Living Center (WILC) where she assists individuals with disabilities to become as independent as they can and to work within the community. She provides bilingual services to individuals with varying types of disabilities and specializes in mental health peer advocacy for Latinos and provides services to all minority groups. Christina currently serves on the Regional Multicultural Advisory Committee, the Westchester Employment Network, the Career Development and Occupational Studies Committee and is the Co-Chair of the Transition Council of Westchester. Christina received a BA in Sociology from Manhattan College and MA in Early Childhood Education from the NYU Steinhardt School of Education. Christina is a Work Incentives Planning Assistance (WIPA) practitioner certified through Cornell University.
Building Better Relationships through Intergenerational Engagement

Several award-winning programs demonstrate how generations working together make stronger communities to live and work in, while dispelling stereotypes and prejudices. Participants will learn tips and tools to create environments where all generations are valued and respected and relevant policies will be discussed.

PRESENTERS

Janice Lubin Kirschner, CSW, MSW, Senior Director of Family Service Society of Yonkers (FSSY), was Executive Director of JCY-Westchester Community Partners from 2006-2013 when it merged to become a division of FSSY. She previously spent 14 years with the Westchester County Department of Senior Programs and Services. Among her most successful ventures are: SMART (Students and Mature Adults Read Together), Reading Buddies, After School, Summer Reading Buddies, Intro2America, OPEN BOOK, STACK, and the Holocaust Remembrance Program. Janice spearheaded the Westchester Chapter of the New York State Intergenerational Network (NYSInG) and was president for six years. She is chair of the Intergenerational Collaborative, a member of the Westchester Public/Private Partnership for Aging Services and serves on the Board of the Community Planning Council of Yonkers.

Rina Bellamy, LMSW, QDCP, is the Director of My Second Home, an Intergenerational Adult Day Program of Family Services of Westchester. She is a New York licensed Geriatric Social Worker with a specialization in working with older adults and their families. She is an Adjunct Professor for Fordham University’s Graduate School of Social Service. She is a current Board Member of the New York State Adult Day Service Association. She developed and implemented a research study with the Ravazzin Center for Social Work Research in Aging at Fordham University and the Helen Andrus Benedict Foundation.

Amy Faith Lionheart, MA, MBA, has been the Director of Volunteer Programs at Jewish Home Lifecare/Sarah Neuman Center for nearly eleven years. She currently serves as a director on the board of Partners in Senior Life, an international networking, advocacy and education organization for professionals and lay leadership working in nursing homes and services for the aged. She is currently president of the Westchester chapter of the New York State Intergenerational Network (NYSInG). She has worked with LIFEbeat, the Music Industry Organization to Fight AIDS, God’s Love We Deliver, Teach for America, the Loft, Human Rights Campaign (HRC), GLAAD and GMHC, to name a few.

Susan Richter, LCSW, has worked in the field of aging for over thirteen years. In 2000, she became the Director of DOROT’s NORC (naturally occurring retirement community) on the Upper West Side. In 2005, she became the Director of DOROT Westchester in order to expand DOROT’s services to seniors in Westchester County. Susan received her master’s degree in social work from New York University. In addition, she studied at the William Alanson White Institute and is a certified child/adolescent psychotherapist.
THANK YOU
TO EACH OF THE WORKSHOP LEADERS
FROM THE
LIVABLE COMMUNITIES COLLABORATIVES
FOR AGING SERVICES.