

THE FAMILY CAREGIVER SUPPORT PROGRAM

A GUIDE FOR CAREGIVERS: RESPIRE SERVICES and CAREGIVER SUPPORT GROUPS

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Introduction

Americans are living longer. The care of a dependent older person is a significant issue for a spouse or adult child. Frequently, the caregiver feels overburdened, isolated, in need of information, emotional support and a break to "re-charge". Caregivers may avail themselves of two resources to provide some relief.

Caregiver Support Groups are composed of people who share information and common experiences. These groups are good informational resources and stress outlets, and are often led by a health care professional and may include guest speakers.

Respite Services provide temporary substitute care to an elderly homebound person allowing the caregiver some necessary time off. Respite can be a few hours in the home or several days outside of the home in a nursing home or hospital setting. Respite is a benefit to both the caregiver and the care receiver.

For additional help or information you may also call the Westchester County Department of Senior Programs and Services at (914) 245-9167.

What follows is a listing of Respite Services and Caregiver Support Groups available in Westchester County.

Caregivers Support Groups

Name of the Organization: Alzheimer's Association
Hudson Valley/Rockland/Westchester, NY Chapter

Address: Westchester Regional Office
2900 Westchester Avenue
Purchase, N. Y. 10577-2551

Type of Support Group: Alzheimer's and related dementias – Caregivers & Patient Support Groups

Contact Person: Alice Feintuck, LMSW

Telephone Number: (914) 253- 6360
24-Hour Toll-Free Help line (866) 882-5772

Location of Group: Groups held county wide, call for information

Fees: No cost

Days/Times of Meetings: Various times, call for information

Type of Caregiver: Adult children, spouses, and others

Other Information: Currently documenting needs based upon caregiver requests for certain locations, times and specified groups to enhance meeting community needs. For information on Support group for Spanish-speaking Alzheimer's Caregivers, please contact Corina DeLeon at (914) 813-6393.

Name of the Organization: Jane Bloomer, C.S.W/R. Psychotherapist
Address: 27 Soundview Avenue
White Plains, N.Y. 10606

Type of Support Group: Counseling group

Contact Person: Jane Bloomer, CSW

Telephone Number: (914) 422-0040

Location of Group: Above address

Fees: \$15 per meeting

Days/Times of Meetings: Second and fourth Wednesdays of every month, 4:30 p.m. - 6:00 p.m.

Type of Caregiver: Adult child, relative, spouse, partner, friend, caregiver, etc.

Other Information: Professionally led counseling group is geared to explore feelings about being a caregiver and maintaining one's own life.

Name of the Organization: Cancer Care, Inc.
Address: 275 Seventh Avenue
New York, N.Y. 10001

Type of Support Group: Telephone and on-line support Group for caregivers and friends of cancer patients

Contact Person: Erin Columbus, LCSW

Telephone Number: 1-800-813-HOPE (4673) or (212) 712-8880

Fees: No cost

Days/Times of Meetings: Call for Information

Type of Caregiver: Friends and family of cancer patients

Other Information: Pre-registration is required. Individual counseling, along with the support group, is available.
www.cancercare.org

Name of the Organization: Club Wartburg Adult Day Health Services

Address: Wartburg Place
Mount Vernon, N.Y. 10552

Type of Support Group: For Caregivers/Supportive/Informational

Contact Person: Cathy Burke

Telephone Number: (914) 513-5472

Location of Group: Club Wartburg, Bldg. #3, Lower Level

Fees: \$5 donation requested

Days/Times of Meetings: Third Thursday of every month, 6:00 p.m. - 8:00 p.m., light dinner served. Family members are always welcome

Type of Caregiver: For Caregivers caring for a loved one at home.

Other Information: Caregivers can bring their loved ones, staff will provide dinner, while family attends support group

Name of the Organization: DOROT University
Address: 171 W. 85th Street
New York, N.Y. 10024
Type of Support Group: Telephone conference call support group
Contact Person: Bonnie Jacobs, Director of Education
Telephone Number: (212) 769-2850
Location of Group: Caregiver's home via phone
Fees: \$10 for Registration, \$15 for Support groups
Days/Times of Meetings: Varies, call for schedule
Type of Caregiver: All family caregivers of the elderly
Other Information: Free conference call workshops on eldercare topics available. Professionals answer caregiver questions in a group- telephone-discussion format. www.dorotusa.org

Name of the Organization: Edna Lillian Roker Social Adult Daycare Center
Address: Edna L. Roker Adult Day Center
311 North Street Suite 101
White Plains, N.Y.
Type of Support Group: Family & Caregiver
Contact Person: Miriam Roker Horsford, R.N.
Telephone Number: (914) 761-3885 or 761-3141
Location of Group: Edna L. Roker Adult Day Center
311 North Street Suite 101
White Plains, N.Y.
Fees: None
Days/Times of Meetings: Call for meeting times
Type of Caregiver: Alzheimer's /Frail elderly/Parkinsons/Dementia
Other Information: R.S.V.P. is appreciated

Name of the Organization: Greenwich Adult Day Care, Inc.
Address: 70 Parsonage Rd
Greenwich, CT 06830
Type of Support Group: Caregivers support group
Contact Person: Jane Kramer, CSW
Telephone Number: (203) 622-0079
Location of Group: Greenwich Adult Day Care
Fees: None
Days/Times of Meetings: Every other Wednesday, 2:00 p.m.
Type of Caregiver: Caregivers of persons with Alzheimer's, dementia, other

Name of the Organization: Hugh A. Doyle Center in partnership with ElderServe
Alzheimer's Community Service Program of the Hebrew
Home at Riverdale
Address: New Rochelle Office for Aging, Hugh A. Doyle Center
94 Davis Ave.
New Rochelle, N.Y. 10805
Type of Support Group: **English & Spanish speaking** Alzheimer caregiver
Contact Person: Debbie Mc LeRoy, LSW or Lucy Ortiz, LSW or Melody Keel
Telephone Number: (914) 235-2363, (914) 683-7530 or (914) 368-5506
Location of Group: Above address
Fees: Voluntary contributions
Days/Times of Meetings: Wednesdays, twice a month 10:30a.m. - 11:30 a.m.
Separate groups in English & Spanish
Type of Caregiver: All caregivers
Other Information: Educational workshops & individual counseling as
warranted

Name of the Organization: Ken Hamilton Caregiver Center at Northern Westchester Hospital

Address: Northern Westchester Hospital
400 East Main Street
Mount Kisco, New York 10549

Type of Support Group: Caregiver Support Services

Contact Person: Jerri Rosenfeld, LMSW, or Maria Hale, Patient Advocate

Telephone Number: (914) 242-8128, (914) 666-1951

Location of Group: Above address

Fees: None

Days/Times of Meetings: Call Center for meeting times

Type of Caregiver: Primary caregivers for a loved one during a hospitalization or treatment phase.

Other Information: The caregiver support program is designed to specifically meet the needs of the caregiver. The program offers emotional support free of charge, provided by professional social workers and trained volunteer coaches.

Name of the Organization: Morningside House Alzheimer's Adult Day Health Care Program

Address: 50 Broadway
Hawthorne, N.Y. 10532

Type of Support Group: For caregivers (professional or non-professional) and family members of individuals with Alzheimer's disease or dementia

Contact Person: Lisa Goldman, Program Director

Telephone Number: (914) 769-0953

Location of Group: Same as above

Fees: None

Days/Times of Meetings: Call for information and to register

Type of Caregiver: Any (specifically Alzheimer's or Dementia patients)

Name of the Organization: Morningside House Nursing Home
Address: 1500 Pelham Parkway South
Bronx, N.Y. 10461
Type of Support Group: Alzheimer Caregiver and Family support group
Contact Person: Jenna Rankin
Telephone Number: (718) 409-7943
Location of Group: At above address
Fees: None
Days/Times of Meetings: The first and third Tuesdays of each month, 2:00 p.m. - 3:00 p.m.
Type of Caregiver: Spouse, sibling, children, friend
Other Information: Transportation is available

Name of the Organization: Mount Vernon Office for Aging in partnership with ElderServe Alzheimer's Community Service Program of the Hebrew Home at Riverdale
Address: Mount Vernon Armory Senior Citizens Center
144 North Fifth Avenue
Mount Vernon, New York 10550
Type of Support Group: Alzheimer caregiver respite support group
Contact Person: Geri Christiana, Director, or Lori Charles, LCSW, or Arlene Rosen, R.N., Ed.D.
Telephone Number: (914) 368-5550, (914) 683-7530
Location of Group: Above address
Fees: Voluntary contributions
Days/Times of Meetings: Thursdays, twice a month at 10:00 a.m. - 12:00 p.m.
Type of Caregiver: All caregivers
Other Information: Educational workshops and individual counseling as warranted

Name of the Organization: My Second Home, Intergenerational Adult Day Program of Family Service of Westchester, Inc.

Address: 95 Radio Circle
Mount Kisco, N.Y. 10549

Type of Support Group: Open to all caregivers – Alzheimer’s, Frail elderly, general

Contact Person: Rina Bellamy, Director

Telephone Number: (914) 241-0770

Location of Group: See above

Fees: No Charge

Days/Times of Meetings: Third Monday of each month, 3:45 p.m. - 5:00 p.m.

Type of Caregiver: All

Other Information: Refreshments

Name of the Organization: Our Place ElderServe in partnership with ElderServe Alzheimer’s Community Service Program of the Hebrew Home at Riverdale

Address: Our Place ElderServe-Social Adult Day Center
347 Saw Mill River Road
Yonkers, N.Y. 10710

Type of Support Group: Alzheimer caregiver respite support group

Contact Person: Jeannette Hammond, Site Manager, or Melody Keel

Telephone Number: (914) 964-6980, (914) 368-5506

Location of Group: Above address

Fees: Voluntary contributions

Days/Times of Meetings: Thursday, first & third weeks of the month, 4:30p.m. - 5:30 p.m.

Type of Caregiver: All caregivers

Other Information: Educational workshops & individual counseling as warranted

Name of Organization: St. Cabrini Nursing Home
Address: Msgr. Terrence Attridge Adult Day Health Program
115 Broadway
Dobbs Ferry, New York 10522
Type of Support Group: Caregivers
Contact Person: Lois Cartica, Director, or Jane Rowan, CSW
Telephone Number: (914) 693-6800 Ext. 850, 851
Location: Above address
Fees: None
Days/Times of Meetings: First Thursday of the month
Type of Caregiver: All

Name of Organization: Seabury -Field Home
Address: 2276 Catherine Street
Peekskill, New York 10598
Type of Support Group: Caregivers
Contact Person: Diana Penna
Telephone Number: (914) 737-2255 Ext. 5461
Location: As above
Fees: None
Days/Times of Meetings: First and third Wednesday of the month 10:00 a.m. - 11:30 a.m.
Type of Caregiver: Caregivers of all ages

Name of Organization: Senior Bridge and Atria Briarcliff in partnership with ElderServe

Address: Atria Briarcliff
1025 Pleasantville Road
Briarcliff Manor, New York 10510

Type of Support Group: Caregiver

Contact Person: Debbie Matystik, MA, MSW or Gloria Mazurek or Melody Keel

Telephone Number: (914) 949-5060, (914) 923-4400, (914) 368-5506

Location: Above address

Fees: None

Days/Times of Meetings: Wednesday afternoons – two groups call for schedule

Type of Caregiver: All caregivers

Other Information: Educational workshops and individual counseling as warranted

Name of Organization: Senior Bridge and Atria Woodlands in partnership with ElderServe

Address: Atria Woodlands
1017 Saw Mill River Road
Ardsley, New York 10502

Type of Support Group: Caregiver

Contact Person: Debbie Matystik, MA, MSW or Christine Nazzaro or Melody Keel

Telephone Number: (914) 949-5060, (914) 693-7700, (914) 368-5506

Location: Above address

Fees: None

Days/Times of Meetings: Wednesday afternoon, monthly (call for schedule)

Type of Caregiver: All caregivers

Other Information: Educational workshops and individual counseling as warranted

Name of Organization: Senior Bridge and Atria Rye Brook in partnership with ElderServe
Address: Atria Rye Brook
1200 King Street
Rye Brook, New York 10573
Type of Support Group: Caregiver
Contact Person: Debbie Matystik, MA, MSW or Joseph Roche or Melody Keel
Telephone Number: (914) 949-5060, (914) 939-2900, (914) 368-5506
Location: Above address
Fees: None
Days/Times of Meetings: Thursday afternoon, monthly
Type of Caregiver: All caregivers
Other Information: Educational workshops and individual counseling as warranted

Name of Organization: The Shepherd's Crook
Address: Irvington Presbyterian Church
25 N. Broadway
Irvington, NY 10533
Type of Support Group: Caregiver Support
Contact Person: George Bollenbacher
Telephone Number: 914-393-7327
Location: Irvington Presbyterian Church
25 N Broadway
Irvington, NY 10533
Fees: None
Days/Times of Meetings: Alternate Sundays at 3:30 PM
Type of Caregiver: Any

Name of the Organization: Sound Shore Medical Center of Westchester.
Address: 16 Guion Place
New Rochelle, N.Y. 10802
Type of Support Group: General Caregiver Support
Contact Person: Pearl Hacker
Telephone Number: (914) 365-4220
Location of Group: Ludington Adult Day Care
Corner of Lockwood Avenue and Glover Johnson Place
Goldstein Pavillion, Second floor
Fees: None
Days/Times of Meetings: First and third Wednesday of each month, 5:30 p.m. -7:00 p.m.
Type of Caregiver: Unpaid caregivers
Other Information: We focus on the needs of the caregiver, not the diagnosis or condition of the person being cared for.

Name of the Organization: Sound Shore Medical Center of Westchester.
Address: 16 Guion Place
New Rochelle, N.Y. 10802
Type of Support Group: Bereavement
Contact Person: Christiana Ulrich, LCSW
Telephone Number: (914) 666-4228 Ext. 492
Location of Group: Ludington Adult Day Care
Corner of Lockwood Avenue and Glover Johnson Place
Goldstein Pavilion, Second floor
Fees: None
Days/Times of Meetings: Every third Thursday of each month, 3:00 p.m. - 4:30 p.m.
Type of Caregiver: Unpaid caregivers
Other Information: Registration required

Name of the Organization: Sunrise Assisted Living
Address: 500 No. Columbus Avenue
Mt. Vernon, N.Y. 10552
Type of Support Group: Mix – for residents' children/family and outside visitors-
spouses and children
Contact Person: Andre Krzyzanowski
Telephone Number: (914) 665-8402
Location of Group: First Floor of Sunrise
Fees: Free
Days/Times of Meetings: Every last Thursday of the month 6:30 p.m.
Type of Caregiver: Mix
Other Information: Open to the public. Refreshments

Name of the Organization: Well Spouse Support Group of the Well Spouse Association

Address: The Burke Rehabilitation Hospital
785 Mamaroneck Avenue
White Plains, N.Y. 10605

Type of Support Group: Well Spouse of chronically ill

Contact Person: Sue Kaufman

Telephone Number: (914) 948-4778

Location of Group: Same as above

Fees: None

Days/Times of Meetings: Two Separate Support Groups are offered:
Group 1- First Monday of the month 1:00 p.m. - 3:00 p.m.
Group 2- Fourth Friday of the month 1:00 p.m. - 3:00 p.m.

Type of Caregiver: Well Spouses/ Partners of chronically ill

Name of the Organization: Well Spouse Support Group of the Well Spouse Association - Larchmont

Address: Larchmont Temple
75 Larchmont Avenue
Larchmont, N.Y. 10538

Type of Support Group: Well Spouse of chronically ill

Contact Person: Martie Barylick

Telephone Number: (914) 630-4072

Location of Group: Above address

Fees: None

Days/Times of Meetings: Last Monday of the month 7:00 p.m. - 8:30 p.m.

Type of Caregiver: Well Spouses/ Partners of chronically ill

Name of the Organization: Westchester Self-Help Clearinghouse
Address: 141 North Central Avenue
Hartsdale, N.Y. 10530
Type of Support Group: Information about caregiver support groups in various parts of the county
Contact Person: Lenore Rosenbaum, MS, Director
Telephone Number: (914) 761-0600 Ext. 308
Location of Group: Throughout Westchester County
Fees: None
Days/Times of Meetings: Varies
Type of Caregiver: Adult child, Well spouse

Name of the Organization: White Plains Hospital Center Senior Services
Address: 69 East Post Road
White Plains, N.Y. 10601
Type of Support Group: Professionally led support group for individuals caring for the frail elderly
Contact Person: Geri Brooks, Eleanor L'Abbate
Telephone Number: (914) 681-1249
Location of Group: Above address
Fees: Free
Days/Times of Meetings: Last Wednesday of the month, 6:00 p.m. - 7:30 p.m.
Type of Caregiver: Individuals caring for frail elderly adult
Other Information: Interested group member must speak with a professional from Senior Services before attending a meeting.

Name of the Organization: White Plains Hospital Center Stroke Support Group

Address: White Plains Hospital Center
East Post Road at Davis Avenue
White Plains, N.Y. 10601

Type of Support Group: Support, and Education for stroke survivors and caregivers

Contact Person: Rochelle Gitteson

Telephone Number: (914) 681-1160

Location of Group: White Plains Hospital Center

Fees: None

Days/Times of Meetings: First & third Thursdays of the month 11 a.m. - 12:00 p.m.

Type of Caregiver: For stroke survivors and caregivers

Institutional Respite Services

Name of the Organization: Atria
Address: 1025 Pleasantville Road
Briarcliff Manor, N.Y. 10510
Contact Person: Maureen Lockwood
Telephone Number: (914) 923-4400
Number of Respite Beds: Upon availability
Type of Respite Candidate: Assisted Living, Alzheimer's Care
Fees: Varies, based on site of apartment and services
Do you accept Medicaid? No
Length of Stay: One month
Other Information: Spacious studio, one bedroom, two bedroom and deluxe apartments with restaurant style meal service. Full recreational program and wellness services on an individual basis

Name of the Organization: Bethel Home and Services
Address: 67 Springvale Road
Croton-on-Hudson, N.Y. 10520
Contact Person: Laura Bradigan, Director of Admissions
Telephone Number: (914) 739-6700 Ext. 207
Number of Respite Beds: 1
Type of Respite Candidate: Frail elderly, Dementia
Fees: \$402. single daily, \$365. double
Do you accept Medicaid? Yes, with prior approval
Length of Stay: Varies

Name of the Organization: Bethel Springvale Inn
Address: 62 Springvale Road
Croton-On-Hudson, N.Y. 10520
Contact Person: Janet Rodriguez, Administrator
Telephone Number: (914) 739-4404 ext. 205
Number of Respite Beds: As available
Type of Respite Candidate: 65+ and self-directing
Fees: Call for information
Do you accept Medicaid? No
Length of Stay: Varies
Other Information: Provides 3 meals, housekeeping, supervision, activities assistance with ADL's, medication assistance

Name of the Organization: The Country House in Westchester
Address: 2000 Baldwin Road
Yorktown Heights, N.Y. 10598
Contact Person: Sharon Linn, Director of Marketing
Telephone Number: (914) 962-3625
Number of Respite Beds: As available
Type of Respite Candidate: Ambulatory
Fees: \$155 per day
Do you accept Medicaid? No
Length of Stay: no minimum

Name of the Organization: The Esplanade Senior Residences
Address: 95 South Broadway - 5th Floor
White Plains, N.Y. 10601
Contact Person: Gail Sterling or Dory Kathein
Telephone Number: (914) 761-8100 Ext. 7255 or Ext. 7151
Number of Respite Beds: Varies
Type of Respite Candidate: Candidates are required to submit some medical information and may be assessed by staff R.N.
Fees: \$155. studio - \$188. 1 bedroom , daily +tax
Do you accept Medicaid? No
Length of Stay: 2 weeks to 4 weeks
Other Information: There is a licensed homecare agency on the property that can offer care packages based on levels of need.

Name of the Organization: Field Home – Holy Comforter
Address: 2300 Catherine Street – P.O. Box 222
Yorktown Heights, N.Y. 10598
Contact Person: Diana Penna
Telephone Number: (914) 739-2244 Ext. 5556
Number of Respite Beds: 2
Type of Respite Candidate: Conditions ranging from Alzheimer's disease to strokes
Fees: \$328.60 per day
Do you accept Medicaid? Yes
Length of Stay: Up to 30 consecutive days, no more than 42 total per calendar year
Other Information: Private room with TV and telephone; full medical and nursing services, social work counseling and referral; therapeutic recreation, social activities, dental care; laboratory, radiology & other diagnostic services, special diet services & nutritional evaluation.

Name of the Organization: Hearthstone Alzheimer Care
Address: 95 South Broadway - 5th Floor
White Plains, N.Y. 10601
Contact Person: Brett Butler, Executive Director
Telephone Number: (914) 684-1980
Number of Respite Beds: 1
Type of Respite Candidate: Alzheimer's, related dementia
Fees: \$290 per day
Do you accept Medicaid? No
Length of Stay: As needed
Other Information: Residential & Day programs also available

Name of the Organization: Hebrew Home for the Aged at Riverdale
Address: 5901 Palisade Avenue
Riverdale, N.Y. 10471
Contact Person: Elena Racca-Stevens
Telephone Number: (718) 581-1249
Number of Respite Beds: 2
Type of Respite Candidate: Alzheimer's/Skilled Nursing Care
Fees: \$324. per day
Do you accept Medicaid? Yes
Length of Stay: Varies

Name of the Organization: Hudson Point Riverdale Center for Nursing and Rehabilitation

Address: 3260 Henry Hudson Parkway
Riverdale, N.Y. 10463

Contact Person: Shameiqua Moore, Director of Admissions

Telephone Number: (718) 514-2000 Ext. 2040

Number of Respite Beds: 2

Type of Respite Candidate: Skilled nursing needs over 65, dementia over 55

Fees: \$345. per day

Do you accept Medicaid? No

Length of Stay: No limit

Name of the Organization: Bay Park Center for Nursing and Rehabilitation

Address: 801 Co-op City Blvd.
Bronx, N.Y. 10475

Contact Person: Sandy Kovoov, Respite Coordinator

Telephone Number: (718) 239-6699

Number of Respite Beds: 2

Type of Respite Candidate: Anyone appropriate for day care and/or maintained in the community. Cannot accept anyone actively infectious, or a physical danger to themselves or others.

Fees: \$318 per day, private pay

Do you accept Medicaid? Yes

Length of Stay: Maximum of 6 weeks in a calendar year whether Medicaid or private pay.

Name of the Organization: Morningside House
Address: 1000 Pelham Parkway
Bronx, N.Y. 10461
Contact Person: Carmen Vega
Telephone Number: (718) 409-8261
Number of Respite Beds: Varies
Type of Respite Candidate: Frail elderly, dementia
Fees: \$410. per day
Do you accept Medicaid? Yes, with prior approval
Length of Stay: Varies

Name of the Organization: The Osborn
Address: 101 Theall Road
Rye, N.Y. 10580
Contact Person: Christa Damiello
Telephone Number: (914) 921-2398
Number of Respite Beds: Not a designated number
Type of Respite Candidate: Varies (depends on demand)
Fees: Varies depending on Location; Rented apartment or skilled nursing
Do you accept Medicaid? No
Length of Stay: Varies
Other Information: The Osborn is a retirement community located on 56 acres in Rye, NY, which offers the following services; independent living, assisted living, a home care division, skilled nursing with both long & short term rehabilitation care, and respite care.

Name of the Organization: Phelps Memorial Hospital Center Respite Care Program

Address: 701 North Broadway
Sleepy Hollow, N.Y. 10591

Contact Person: Malou Magno

Telephone Number: (914) 366-3356

Number of Respite Beds: 1

Type of Respite Candidate: Senior respite: 60+ older, ambulatory and feeds self independently. Special needs include incontinence, assistance with ADLs, dressings, ostomies, etc.

Fees: \$200 - \$250 per day

Do you accept Medicaid? No

Length of Stay: 1 day - 2 weeks

Other Information: Alzheimer's and other dementias; evaluated on an individual basis. Call for appointment.

Name of the Organization: Project Time-Out - Westchester Jewish Community Services

Address: 845 North Broadway, Suite 2
White Plains, N.Y. 10603

Contact Person: Valerie Rissman, C.S.W.

Telephone Number: (914) 761-0600 Ext. 344

Number of Respite Beds: N/A; this is an in-home respite program and escort service

Type of Respite Candidate: Independent in most ADLs; over 60 years of age and homebound

Fees: Sliding scale (\$0 - \$12.75 per hour)

Do you accept Medicaid? No

Length of Stay: N/A

Other Information: In-home respite; matches client with companions who visit in the home; sliding fee scale. Escort service available, also.

Name of the Organization: Regency Extended Care Center
Address: 65 Ashburton Avenue
Yonkers, N.Y. 10701
Contact Person: Joyce Hernandez
Telephone Number: (914) 963-4000 Ext. 117
Number of Respite Beds: 1
Type of Respite Candidate: All
Fees: \$200. - \$275. per day
Do you accept Medicaid? Yes
Length of Stay: Up to 30 days Medicaid, private pay unlimited

Name of the Organization: Ridgefield Crossing
Address: 640 Danbury Road
Ridgefield, CT 06877
Contact Person: Rose Thomason, Director
Telephone Number: (203) 431-2255
Number of Respite Beds: Varies
Type of Respite Candidate: Assisted living
Fees: \$300 per day and up. \$375. for Harbor Program for advanced Alzheimer's
Do you accept Medicaid? No
Length of Stay: No minimum
Other Information: Requires Medical Wellness Evaluation

Name of the Organization: St. Cabrini Nursing Home, Inc.
Address: 115 Broadway
Dobbs Ferry, N.Y. 10522
Contact Person: Jean Spacek
Telephone Number: (914) 693-6800 Ext. 527
Number of Respite Beds: 2
Type of Respite Candidate: Individuals requiring skilled nursing care. One bed for ambulatory individuals with dementia diagnosis
Fees: \$385. per day
Do you accept Medicaid? Yes
Length of Stay: 30 day maximum, up to 42 days per year
Other Information: Private room with TV, VCR, telephone and private bathroom

Name of the Organization: Sarah Neuman Center for Health Care and Rehabilitation
Address: 845 Palmer Avenue
Mamaroneck, N.Y. 10543
Contact Person: Melanie Van Doren, Admissions Director
Telephone Number: (914) 864-5621
Number of Respite Beds: 1
Type of Respite Candidate: Not dementia/Alzheimer's; with skilled nursing needs requiring assistance with ADLs
Fees: \$390. per day
Do you accept Medicaid? Yes
Length of Stay: 42 days per year; only 30 days allowed per stay

Name of the Organization: Sprain Brook Manor
Address: 77 Jackson Avenue
Scarsdale, N.Y. 10583
Contact Person: JoAnn Farenga, Admissions Director
Telephone Number: (914) 472-3200 ext. 104
Number of Respite Beds: As available
Type of Respite Candidate: Case by case basis
Fees: \$345 per day semi-private room, \$360 per day private room
Do you accept Medicaid? Yes
Length of Stay: Up to 20 days
Other Information: Religious services, activities are provided and other services and events, which are offered to all residents.

Name of the Organization: Atria Darien
Address: 50 Ledge Road
Darien, CT 06820
Contact Person: JoAnn Panella
Telephone Number: (888) 640-1090, (203) 662-1090
Number of Respite Beds: Varies
Type of Respite Candidate: Independent and assistance with ADLs is appropriate
Fees: Depends on apartment chosen
Do you accept Medicaid? No
Length of Stay: Depending upon availability; minimum two weeks
Other Information: No facilities for dementia clients

Name of the Organization: Sunrise Assisted Living
Address: 500 North Columbus Avenue
Mount Vernon, N.Y. 10552
Contact Person: Abby Perez
Telephone Number: (914) 665-8405
Number of Respite Beds: Varies
Type of Respite Candidate: Assisted living level of care and also memory impairment
Fees: Based on unit
Do you accept Medicaid? No
Length of Stay: 15-30 days minimum

Name of the Organization: Sutton Park Center for Nursing & Rehab
Address: 31 Lockwood Avenue
New Rochelle, N.Y. 10801
Contact Person: Diane Cespedes
Telephone Number: (914) 576-0600 ext. 13
Number of Respite Beds: Flexible
Type of Respite Candidate: Dementia, complex medical needs, terminal cancer, skilled care, dialysis, hospice
Fees: \$240 - 265 per day
Do you accept Medicaid? Yes
Length of Stay: Can be negotiated prior to admission
Other Information: Call to discuss any special circumstances

Name of the Organization: United Hebrew Geriatric Center
Address: 391 Pelham Road
New Rochelle, N.Y. 10805
Contact Person: Karen Nardis, Director of Admissions
Telephone Number: (914) 632-2804 ext. 148
Number of Respite Beds: Varies
Type of Respite Candidate: Elderly
Fees: Contact facility
Do you accept Medicaid? Yes
Length of Stay: Unlimited
Other Information: Candidates are reviewed via PRI and Admissions Committee

Name of the Organization: VA Hudson Valley Health Care System/Montrose Campus
Address: P.O. Box 100
Montrose, N.Y. 10548-0100
Contact Person: Edith Reiner, Social Worker
Telephone Number: (914) 737-4400 Ext. 2768
Number of Respite Beds: 1-2
Type of Respite Candidate: Veterans who have chronic medical or psychiatric conditions or dementia, who are living at home and depend on a caregiver
Fees: May be subject to co-pay if not service connected
Do you accept Medicaid? No
Length of Stay: One week minimum; 2 weeks, twice a year
Other Information: Does not accept dialysis or chemotherapy patients. Veteran must be registered at this facility to be eligible for this service.

Name of the Organization: The Wartburg Adult Care Community
Address: Wartburg Place
Mount Vernon, N.Y. 10552-3840
Contact Person: Bridget Gonzalez
Telephone Number: (914) 699-0800 Ext. 141 (914) 513-5141
Number of Respite Beds: 2
Type of Respite Candidate: Frail elderly who need nursing services
Fees: \$405. per day for 30 days
Do you accept Medicaid? Yes
Length of Stay: 1 day to 2 weeks, up to 42 days per year

Name of the Organization: West Ledge Healthcare
Address: 2000 Main Street
Peekskill, N.Y. 10566
Contact Person: Sharon Sussman
Telephone Number: (914) 737-8400
Number of Respite Beds: 2
Type of Respite Candidate: With or without skilled nursing needs
Fees: \$315 - \$330 per day, does not include medication
Do you accept Medicaid? No
Length of Stay: 2 weeks minimum
Other Information: Full range of care with supervision; beautiful grounds;
wonderful activities and entertainment

