

Put Life Back in Your Life

If you have a chronic health condition, take these workshops and take charge of your life!

September 19th at the YWCA
6 Mondays 10 a.m. – 12:30 p.m.
YWCA, 515 North Street
White Plains, NY
Age 55 plus Free/space limited



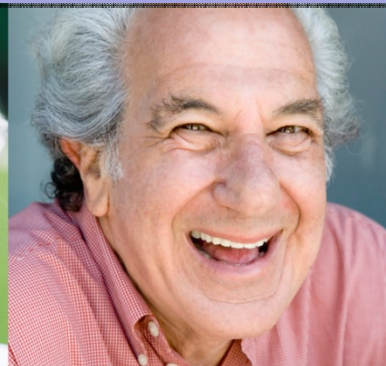
For information or to register:

Annette Alve, Family Justice Center 914-995-3108 or
e-mail: ala2@westchestergov.com



white plains & central westchester

Living Well Livable Communities
Living Healthy NY
Community Workshops



To find a Living Well Livable Communities workshop near you call 914-813-6408
or e-mail: Dzg1@Westchestergov.com