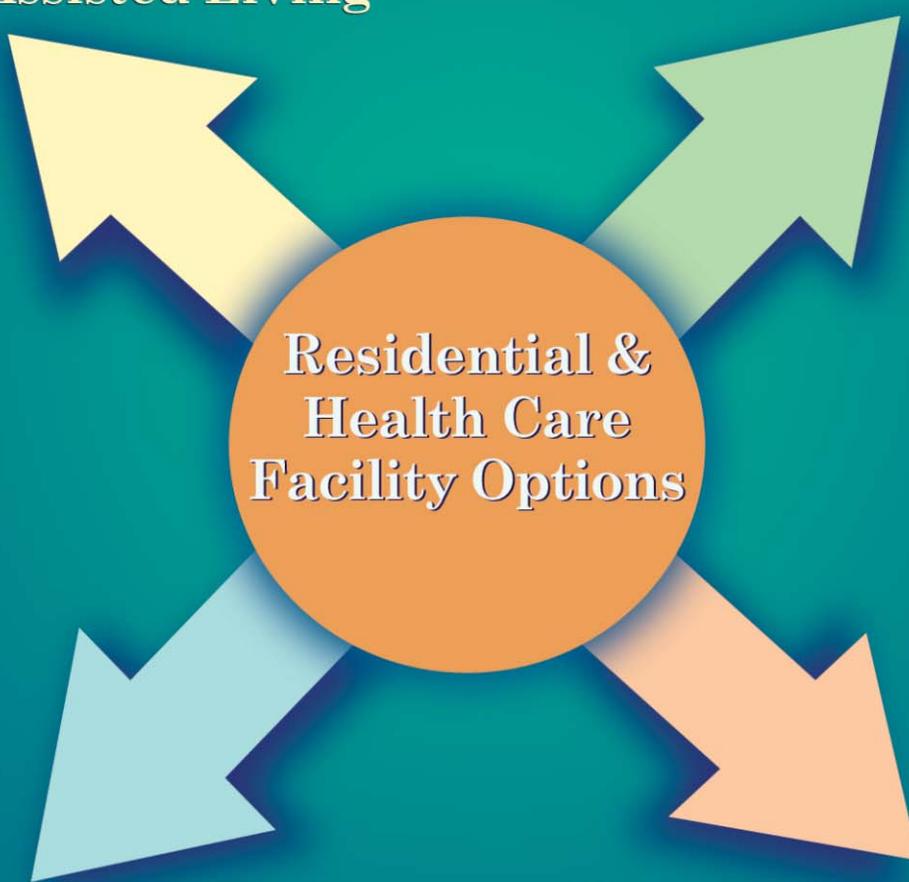


# At the Crossroads

## Westchester County Directory

Retirement Residences  
and Assisted Living

Enriched Housing



Residential &  
Health Care  
Facility Options

Adult Homes

Residential Health  
Care Facilities

## From the County Executive



Welcome to Westchester's "At the Crossroads" publication – a valuable resource for seniors who are looking for housing in the county.

This guide provides information about retirement and assisted living residences, enriched housing, adult homes and residential health care facilities. The material is presented in an easy-to-use format and provides more than addresses and telephone numbers.

It also has details on how to determine the right level of care that is needed and tips on how to select a facility, among other topics. Enjoy using this directory. I know you'll find it helpful.

A handwritten signature in black ink that reads "Robert P. Astorino". The signature is written in a cursive, flowing style.

Robert P. Astorino  
Westchester County Executive

## From the Commissioner



The county's Department of Senior Programs and Services compiled this directory and many other publications of special interest to seniors and their families.

All the department's publications are online at [www.westchestergov.com/seniors](http://www.westchestergov.com/seniors).

If you prefer to have a hard copy of this directory or want more information, please contact the department directly at (914) 813-6400. We will be happy to mail one to you.

A handwritten signature in black ink that reads "Mae Carpenter". The signature is written in a cursive, flowing style.

Mae Carpenter  
Commissioner  
Department of Senior Programs and Services

Westchester County Department of Senior Programs and Services

# **AT THE CROSSROADS**

A Directory of Residential Options for Seniors

Enriched Housing, Adult Homes, Assisted  
Living/Retirement Residences and Residential Health  
Care Facilities

**Robert P. Astorino**  
County Executive

**Mae Carpenter**  
Commissioner

July 2015  
Westchester County  
Department of Senior Programs and Services  
9 South First Avenue  
Mount Vernon, NY 10550-3414  
(914)813-6300  
[www.westchestergov.com/seniors](http://www.westchestergov.com/seniors)

## **Who We Are**

The Older Americans Act of 1965 created structures at the federal, state and local levels to administer programs that help the elderly maintain their health and independence in their homes and communities.

The Westchester County Department of Senior Programs and Services is part of this National Network on Aging, which includes the Administration on Aging in the U.S. Department of Health and Human Services, 57 State Agencies on Aging, 670 Area Agencies on Aging and approximately 27,000 local service provider organizations under contract to the area agencies.

In 1974, the Westchester County Office for the Aging was designated by the New York State Office for Aging as the Area Agency on Aging to serve all persons 60 years of age and older in the Westchester area. In March 2001, the Westchester County Office for the Aging became the Westchester County Department of Senior Programs and Services.

## **Our Mission**

The mission of the Westchester County Department of Senior Programs and Services is to identify and prioritize the needs of the elderly in the County; create comprehensive and coordinated plans for meeting those needs; advocate for responsive policies, programs, actions, legislation and resources on behalf of the elderly, and to administer programs under the federal Older Americans Act, the New York State Community Services for the Elderly Act and other federal, state and county funded programs and services for the elderly.

## TABLE OF CONTENTS

Foreword .....	iv
Care Options .....	v
Determining the Right Level of Care .....	vi
Tips for Selecting a Care Facility .....	vii-viii
What about Costs? .....	ix-x
Patients' Rights.....	xi-xii

### SECTION I – ADULT HOMES

Crestview Manor Home .....	2
Danish Home for the Aged .....	2
Chester Hill Adult Home .....	3
Lincoln Rest Home .....	3
Mohegan Park Manor Home for Adults .....	4
New Rochelle Manor .....	4
Palisade Gardens .....	5
The Seabury at Fieldhome .....	5
St. Michael's Home.....	6
Sunnydale Home for Adults.....	6
White Plains Guest Home .....	7
Westchester Center for Independent & Assisted Living .....	7

### SECTION II – ENRICHED HOUSING

Family Services of Westchester at Maple House .....	9
---	---

### **SECTION III – RETIREMENT RESIDENCES/ASSISTED LIVING**

Atria Briarcliff Manor .....	11
Atria on the Hudson.....	11
Atria of Rye Brook .....	12
Atria Woodlands .....	12
Bethel Springvale Inn .....	13
Country House in Westchester .....	13
Crestview Manor Home for Adults.....	14
Drum Hill Senior Living Community.....	14
FiveStar Premier Residences of Yonkers.....	15
Garito Manor at Union Square.....	15
Kendal on Hudson .....	16
Lohman Village at Wartburg.....	16
Meadowview Assisted Living at the Wartburg .....	17
Sunrise Senior Living at Fleetwood.....	17
The Ambassador of Scarsdale .....	18
The Bristol White Plains .....	19
The Esplanade .....	19
The Fountains at RiverVue.....	20
The Kensington .....	21
The Osborn Retirement Community.....	21
The Pines at Narragansett.....	22
The Seabury at Fieldhome .....	22
Westchester Center for Independent & Assisted Living .....	23
Westchester Meadows .....	23
Willow Towers .....	24

### **SECTION IV – RESIDENTIAL HEALTH-CARE FACILITIES**

Andrus on Hudson.....	26
Bayberry Nursing Home .....	26
Bethel Nursing and Rehabilitation Center .....	27
Briarcliff Manor Center for Rehabilitation & Nursing Care .....	28
Cabrini of Westchester .....	28
Cedar Manor Nursing and Rehabilitation Center.....	29
Cortlandt Healthcare .....	29
Dumont Center for Rehabilitation and Nursing Care .....	30
Field Home-Holy Comforter.....	30
Glen Island Center for Nursing and Rehabilitation .....	31
Kendal on Hudson, Clearwater.....	31
King Street Nursing Home.....	32

## SECTION IV – RESIDENTIAL HEALTH-CARE FACILITIES

Continued

Michael Malotz Skilled Nursing Pavilion .....	32
New York State Veterans Home at Montrose.....	33
North Westchester Restorative Therapy & Nursing Center .....	33
Port Chester Nursing and Rehab Centre.....	34
Regency Extended Care Center.....	34
Rosary Hill Home.....	35
San Souci Rehabilitation and Nursing Center .....	35
Sarah Neuman Center.....	36
Schaffer Extended Care Center.....	36
Schnurmacher Center for Rehabilitation and Nursing .....	37
Sky View Rehabilitation & Health Care Center.....	37
Somers Manor Nursing Home .....	38
Sprain Brook Manor.....	38
St. Joseph’s Hospital Nursing Home .....	39
Sutton Park Center for Nursing & Rehabilitation .....	39
Tarrytown Hall Care Center.....	40
The Grove at Valhalla.....	40
The Osborn Pavilion .....	41
The Wartburg Adult Care Community .....	41
United Hebrew.....	42
Victoria Home .....	42
Waterview/Salem Hills Health Care Center, Inc .....	43
Westchester Center for Rehabilitation & Nursing .....	43
West Ledge Health Care Facility .....	44
White Plains Center for Nursing .....	44

## Foreword

This directory is intended to help individuals who feel they can no longer continue to live at home. It is also for families who must make decisions about future living arrangements for loved ones.

There are many choices available and this directory defines existing care options. Some are:

**Nursing Home/Residential Health-Care Facilities:** any type of institution providing residential nursing and rehabilitative care to the frail elderly

**Adult Homes:** offer less medical care and supervision

**Enriched Housing Program:** community-based living with personal care and congregate meals

**Retirement Residences:** independent living with limited or no medical access

**Assisted Living:** independent living with personal care services

This directory is designed to help you determine the right level of care and suggest the necessary steps to evaluate the condition and circumstances of the individual.

In the section titled Tips for Selecting a Health-Care Facility, questions are outlined that should be asked in the selection of a home or facility. This is followed by a section called What About Costs? This section explains possible financial benefits, as well as assistance programs.

Inclusion in this directory of agencies and facilities does not mean endorsement by the Westchester County Department of Senior Programs and Services, nor does omission mean disapproval. A careful and thoughtful reading of the text and personal investigation of facilities is recommended before any decisions are reached.

## **Care Options:**

### **Remaining at Home**

You are at the crossroads, thinking about the possibility of making a change in lifestyle because of illness, injury or the increasing frailty of age. The first question to ask is: Is a special facility or institution really needed?

As long as an older person is mentally and physically able to cope with daily activities, or needs just a little help, he or she should not live in an institutional facility. Whenever possible, it is preferable to provide health care and other support services in the home, or in the least restrictive environment as possible while remaining safe. People are happier in the familiar and comfortable setting of their own homes.

There are two types of home-care services approved by the New York State Health Department:

Certified Home-Health Agencies — offer a variety of health-care services to individuals in their own homes, generally when short-term care is needed. Such services include nursing, home health aide assistance, physical, occupational and speech therapy, nutrition counseling and medical social services.

Long-Term Home Health Care Program is an alternative to institutional facilities, designed to coordinate health care and social services for persons with long-term needs and medical conditions traditionally treated in a nursing home.

Other community-based services that could help keep an elderly or ill person at home include home-delivered meals, personal care, adult day care, transportation and escort services, telephone reassurance, volunteer visits and family respite.

For more information on home care services and other alternatives, contact the Westchester County Department of Senior Programs and Services Call Center and speak with a counselor about NY Connects: Westchester County Choices for Long Term Care (914) 813-6300.

## Going To a Residential Care Facility

For those who are unable to remain at home, there are five types of residential care options that should be considered.

**(1) Enriched Housing Program:** For those capable of living in community-based housing but in need of moderate personal care and supportive services.

**(2) Retirement Residences:** For those in good health, still active and able to live independently.

**(3) Assisted Living:** For those having moderately good health and independent capabilities but need personal care services.

**(4) Adult Homes:** For those in need of supervised residential care.

**(5) Residential Health-Care Facility (Nursing Home):** For those needing various levels of skilled nursing care.

## Determining the Right Level of Care

**Discussion:** Assess the situation, including if possible, the person involved, family members, the doctor and the hospital social worker if the person is hospitalized. If the person is not hospitalized, advice and counseling are available from many social service agencies that offer case management programs.

**Evaluation:** Determine the person's present and potential capacities for self-maintenance. Both physical and mental evaluations are necessary. This information must be documented on a Patient Review Instrument (P.R.I.).

**P.R.I. Form:** This form is used as a guideline to determine the nursing requirements of a patient as well as appropriate placement. The P.R.I. score indicates whether an individual requires a skilled nursing facility or an adult home (residential care). Copies of this form are required by all health care facilities and must be received before an admissions determination can be made. This form must be updated every 90 days until placement is accomplished.

## How do you obtain a P.R.I. evaluation?

**In a Hospital** - An evaluation by the doctor, nursing staff and social service department staff is recommended so that it can be determined if, upon discharge, the patient will be able to return home or must make other plans. If it is apparent that a person's needs cannot be met at home, a New York State P.R.I. form can be obtained and filled out by hospital staff.

**In the Home** - Consult the family doctor or call one of the visiting nurse services or public health department. A qualified person will be sent to the home to make an evaluation and provide and complete the P.R.I. form.

## Tips for Selecting a Care Facility

After the steps are taken to determine which level of care is appropriate - and after the financial situation including income, assets, benefits and assistance plans is evaluated - use as many of the following steps as possible to help decide which is the home or facility that will best match the individual's needs.

**1. Consider the Location:** There is an advantage to having a person near his or her home community, family and friends, since visitors are vital. Therefore, distance, travel time, and transportation can be important factors. Choose the kind of environment (urban, suburban, rural), type of setting and building that will be most comfortable for the person involved.

**2. Visits:** Personal visits to homes or facilities are a "must," preferably with the person involved. Only by visiting can one evaluate if a home or facility is appropriate. Try to meet the administrator and other staff such as head nurse, social worker and program persons.

**3. Ask For:** Request any available literature and the financial arrangements including down payments, special charges and whether the home or facility will accept SSI or Medicaid after an individual's personal assets are used up.

### **4. Look For:**

**a) Atmosphere:** Is it institutional or home-like? Over-organized or dull? Do the patients or residents appear content and on comfortable terms with the staff?

**b) Special Services:** Does the facility provide the medical care, therapy or treatment needed for the person? Are treatment or therapy rooms in use? Are dietary restrictions observed? Is the food appealing? Are there staff and residents who speak the person's language? Are religious services appropriate and adequate? Is there community involvement, a volunteer program or ombudsman so that people from outside the home or facility can see how things are going?

**c) Accommodations:** Is there an area for privacy? A library? Chapel? Usable outside space such as patios and walks? Is there an elevator? Are the rooms large and light? Is the building well maintained? Are there any odors? Are dining accommodations attractive? Are the bathrooms clean and in order?

**d) Care:** Does there seem to be enough staff? Is the staff actively working with the residents or patients? Helping them walk? Eat? Are the patients or residents receiving attention? Are their requests and preferences being met? If it becomes necessary to move a person because of a change in health, are appropriate facilities nearby or attached?

**e) Other Residents or Patients:** Will others in the facility be congenial and friendly? Do they seem alert, responsive? Are they clean if they are not able to care for themselves? Are they up and about or sitting in the lounges watching television or lying in bed in their rooms? How are they grouped if the facility is large?

**f) Recreation Program:** How many hours per week does the staff recreation person work? Is there an event calendar on display? Are there extra recreation facilities? Will the program offered match the individual's interest? Are there social hours, parties, trips? How often?

**5. Check References:** Try to do some research on the facility in question. Although professional agencies will not offer judgments, volunteers or friends and family members of residents may give some insight into the strengths and weaknesses of different facilities.

**6. Visit More Than One:** Try to visit at least three different places in the same category. First, because visiting a home or facility for the first time may be difficult and details may be overlooked. Second, because comparison of the differences will add to the information necessary to make a better decision.

**7. Use the internet as a research tool:**

Nursing homes vary in the quality of care and services they provide to their residents. Reviewing health inspection results, staffing data, and quality measure data are three important ways to measure nursing home quality. This information gives you a "snap shot" of the care individual nursing homes give.

Nursing Home Medicare Compare: [www.medicare.gov/NHCompare](http://www.medicare.gov/NHCompare)

## **Keep Visiting on a Regular Basis!**

If a member of your family requires nursing care, the most valuable contribution to their successful adjustment to a new environment is to constantly stay in contact. Warm and loving support and a constant eye for his or her comfort and well-being are essential. Even if your loved one no longer recognizes you, they will enjoy your company, and you can keep an eye on their well-being.

## **What about Costs?**

### **Possible Financial Benefits and Assistance Programs**

For In-Home Services - Individuals may:

1. Meet the costs of the services from income, assets or health insurance programs;
2. Be eligible for a lowered fee scale (sliding scale), from local county programs and a few non profit home-care agencies, according to financial need;
3. In some instances have the costs met by the Medicare\* (Part A-Hospital Insurance) program of Social Security;
4. Be eligible (or become eligible) for Medicaid long term care which covers most home health-care services including homemaker, home nursing and home health-aide services if the doctor says these are needed. Medicaid pays the approved cost of physicians, dentists, hospitals, x-ray and lab services, outpatient or clinic services, podiatry, optometry, chiropractic, home care and psychiatric services, as well as for drugs, eye glasses, hearing aids and sick room supplies. Medicaid will also pay for the cost of approved transportation services.
5. You may want to talk with a private eldercare attorney on the best way to fund needed long term care. You can contact the Westchester County Department of Senior Program and Services call center for a listing of private eldercare attorney's.

**Remember** - governmental assistance programs such as Supplemental Security Income and Medicaid will pay the cost of keeping an individual in his or her home, as well as for residential or health care facilities services.

**For Adult Homes - Individuals may:**

1. Meet the costs of the service from their income or assets;
2. Be eligible for Supplemental Security Income\* (SSI) which pays a special rate to these homes plus an allowance to the individual.

**For Enriched Housing Programs-Individuals may:**

1. Meet the cost of service from their income and assets;
2. Be eligible for SSI

**For Retirement Residences and Assisted Living - Individuals may:**

1. Meet the costs from their income or assets.

**For Residential Health-Care Facilities (Nursing Homes) - Individuals may:**

1. Meet the costs from their income, assets or long-term health care insurance.
2. Be eligible for Medicaid\* which covers costs.

\*Contact the Westchester County Department of Senior Programs and Services Call Center for more information (914) 813-6300.

## Patient's Rights

The following is a condensed version of Patients Rights established in 1964 in compliance with Title VI of the Civil Rights Act, which requires the administration of each facility to draw up written policies of its responsibilities to the patient.

These rights should be posted publicly in the facility and issued to a patient upon admission to any facility.

### Each patient:

1. Is to be fully informed of these rights prior to or at time of admission.
2. Is to be fully informed prior to, or at time of admission, of services available in the facility or any changes in the charges.
3. Is to be fully informed of his medical condition and allowed to participate in the planning of his medical treatment and to refuse to submit to medical research.
4. Is to be transferred or discharged only for medical reasons, or for his welfare or that of other patients, or for non-payment for stay. He shall be given reasonable advance notice.
5. Is encouraged and assisted to exercise rights and voice grievances free from restraint or reprisal. (Many patients' committees are now being formed for this purpose.)
6. May manage his personal finances or is given at least a quarterly accounting of financial transactions.
7. Is to be free from mental and physical abuse, and free from chemical and (except in emergencies) physical restraints, except on physician's orders or to prevent injury to himself or others.
8. Is assured confidential treatment of his personal and medical records.
9. Is treated with consideration, respect and full recognition of his dignity and individuality, including privacy in treatment.
10. Is not required to perform services for the facility.
11. May communicate with persons of his choice, send and receive personal mail unopened.
12. May participate in social, religious and community activities.
13. May retain and use his personal clothing and possessions as space permits.

14. If married, is assured privacy for visits with his/her spouse. If both are inpatients they are permitted to share a room.

All rights and responsibilities specified here are transferred to the next of kin if the patient is judged incapable of understanding these rights.

### **Where do I report issues or problems?**

#### **Ombudsman**

An ombudsman is an advocate for residents of nursing homes, board and care homes, and assisted living.

In order to foster a more sympathetic understanding of the problems of persons in residential health care facilities and to improve their quality of life, an Ombudsman program is sponsored by the Westchester County Department of Senior Programs and Services and administered by the Westchester Mental Health Association. Trained volunteers have access to all facilities, lend an ear to patients and staff, observe needs, help patients and manage and try to create a better atmosphere.

For further information, call: (914) 345-5900 ext 7522 or visit [www.ltcombudsman.ny.gov/](http://www.ltcombudsman.ny.gov/)

To learn more about adult care facilities you can also visit [www.health.state.ny.us/facilities/adult\\_care/](http://www.health.state.ny.us/facilities/adult_care/)

**Nursing Home Complaint Helpline (1-888-201-4563)** can be called 24 hours per day, seven days per week. The Helpline is manned by Division of Residential Services (DRS) staff from 8:30 a.m. to 4:45p.m. Monday-Friday. A voice message may be left during non-business hours.

## **ADULT HOMES**

**For adults of all ages who need supervised residential care due to the inability to live independently but do not require medical care. Room and board, 24-hour supervision, housekeeping, some personal care and activities are provided. It is important to note that there are broad variations in atmosphere and services within this category of homes due to sponsorship, administration and the character of the resident population. Adult Homes are licensed by NYS Department of Health and must meet certain requirements. Great care must be taken to visit and inspect an adult home before selection is made, as they vary from small family-type residences to larger more institutional-looking establishments. Some are connected with other facilities, simplifying transfer as the need for medical and nursing care arises.**

**Crestview Manor Home for Adults**

150 Old Saw Mill River Rd  
Hawthorne, NY 10532  
914-769-1762

**Building & Grounds:**

1972, 2-story brick building in suburban residential area with patios and elevator. Recent interior renovations.

**Capacity:**

76 beds, made up of 40 Assisted Living Program (ALP) beds and 36 Adult Home Beds, (private and semi-private rooms)

**Resident Characteristics:**

Mostly geriatric requiring assistance with daily living activities and supervision

**Special Services:**

Visits by internists, psychiatrist, podiatrist, meals, respite care  
In addition to private pay, Medicaid Based Assisted Living Program beds are now available

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**Danish Home for the Aged**

1065 East Quaker Bridge Rd PO Box 334  
Croton-on-Hudson, NY 10520  
914-271-3052 or 914-862-4392

**Building & Grounds:**

1920, Norman stone farmhouse, 48 acres, library, no public transportation

**Capacity:**

24 beds, rooms with private bath

**Resident Characteristics:**

Most of Danish descent or married to a Dane. Men and women accepted, 65 years and older in good health, couples

**Special Services**

Meals, personal care, supervision, recreation, activity programs, Danish tradition

**Chester Hill Adult Home**

187 Cottage Ave  
Mount Vernon, NY 10550  
914-664-5046

**Building & Grounds:**

Early 1900's frame and stucco building, integrated residential area with porch, elevator

**Capacity:**

21 beds, private and semi-private rooms with shared bath

**Resident Characteristics:**

Men and women, aged, blind and disabled

**Special Services:**

Meals, personal care, supervision, recreation

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**Lincoln Rest Home**

12 Lincoln Avenue  
Ardsley, NY 10502  
914-693-1146

**Building & Grounds:**

1930's, 2-story home, suburban area, gardens and lawn, no elevator

**Capacity:**

23 beds, 5 single rooms with bath, 10 double rooms with shared bath

**Resident Characteristics:**

No age requirements, accepts mild psychiatric residents

**Special Services:**

Registered Nurse, rehabilitation and geriatric programs, mild psychiatric care, on-going treatment programs

**Mohegan Park Manor Home for Adults**

3441 Lexington Ave  
Mohegan Lake, NY 10547  
914-528-3512

**Building & Grounds:**

1975, brick building, suburban setting, limited outside space

**Capacity:**

150 beds, 75 double rooms with shared bath

**Resident Characteristics:**

Men and women 25 years and up. Will accept difficult personalities

**Special Services:**

Psychiatric day care, meals (kosher food pack available), recreation

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**New Rochelle Manor**

41 Lockwood Ave  
New Rochelle, NY 10801  
914-576-1202

**Building & Grounds:**

1976, air-conditioned 7-story brick building in city, lounges, elevator and recreational area

**Capacity:**

250 beds, 2 single room/bath, 123 double rooms/shared bath

**Resident Characteristics:**

Will accept 30 years and over, psychiatrically disabled, partially handicapped and couples

**Special Services:**

Medical and psychiatric rehabilitation, meals, recreation

**Palisade Gardens**  
185 Palisade Ave  
Yonkers, NY 10703  
914-966-1300

**Building & Grounds:**

1942, 4-story brick building in urban area, porches and small usable outside space, share grounds with skilled nursing facility

**Capacity:**

106 beds, 30 single rooms, 38 double rooms, some w/full bath, others w/toilet, washing facility and shared bath

**Resident Characteristics:**

Men and women 50 years plus. (Accept a few under 50.)  
Ambulatory, blind, deaf/self-sufficient

**Special Services:**

Meals, housekeeping, personal care, access to mental health clinic, recreation

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**The Seabury at Fieldhome**  
2276 Catherine Street  
Cortlandt Manor, NY 10567  
914-737-2255  
[www.fieldhome.com](http://www.fieldhome.com)

**Building & Grounds:**

Recently built 2-story facility, beautiful multi-acreage suburban setting, on grounds with Field Home-Holy Comforter Nursing Home

**Capacity:**

40 units

**Resident Characteristics:**

Seniors who are independent and still active but need some assistance

**Special Services**

Personal care, case management, medication management, three meals daily, full activity program

**St. Michael's Home**

3 Lehman Terrace  
Yonkers, NY 10705  
914-476-3374

**Building & Grounds:**

Completely renovated, modern facility, residential neighborhood with gardens and outdoor seating areas. All rooms equipped with call buttons, smoke detectors and sprinkler system

**Capacity:**

60 beds, private rooms with bath, private rooms with common bath, semi-private rooms with common bath

**Resident Characteristics:**

Seniors, and Greek Orthodox Seniors. Will accept partially handicapped, interview necessary

**Special Services:** Two physicians and one podiatrist visit once a week, meals, recreation

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**Sunnydale Home for Adults**

809 Stuart Ave  
Mamaroneck, NY 10543  
914-698-2824

**Building & Grounds:**

Frame building set in residential area with lake view, 2 porches, no elevator

**Capacity:**

17 beds, 5 single rooms, 6 doubles with shared baths

**Resident Characteristics:**

Adult men and women

**Special Services:**

24-hour nursing coverage, meals (international cuisine), personal care, recreation

**White Plains Guest Home**

32 Ridgeview Ave  
White Plains, NY 10606  
914-949-8984

**Building & Grounds:**

Early 1900's building in residential area, garden, no elevator

**Capacity:**

15 beds, 5 single rooms/community baths; 5 double rooms/community baths

**Resident Characteristics:**

Geriatric population, will accept 60 years and older

**Special Services:**

Psychiatric Day Care available, recreation

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**Westchester Center for Independent & Assisted Living**

78 Stratton St. South,  
Yonkers, New York 10701  
914-787-7400  
www.thewcenter.com

**Building & Grounds:** Perched on a hilltop in a quiet area of Yonkers residential neighborhood, covering over 10 acres of park-like grounds, offering apartments and suites.

**Capacity:** 186-bed Adult Home with 120 of those beds being Assisted Living Program (ALP) beds accepts Medicare and Medicaid recipients.

**Resident Characteristics:** The Assisted Living Program (ALP) is an Adult Home that is certified by the New York State Department of Health to provide Medicaid-funded home care services. The ALP is an alternative to nursing home care that enables nursing home eligible people to receive home health care services in the Adult Home.

**Special Services:** in addition to the many amenities offered some services are: help with activities of daily living such as dressing & bathing, medication management, laundry & housekeeping, recreational activities, case management services as well as providing three daily meals of chef inspired cuisine, along with a 24 hour Country Kitchen.



## **ENRICHED HOUSING**

**This program is licensed by the New York State Department of Health and provides congregate meals, housekeeping, homemaking, transportation, social activities, supervision and personal care for individuals aged 65 and over. The program operates in multi-unit buildings. An entire building may be licensed to provide Enriched Housing Services to all residents, or a specified proportion of residents in a senior or family apartment development.**

**Family Services of Westchester at Maple House**

15 Maple Place  
Ossining, NY 10562  
914-941-6824

**Building & Grounds:**

6-story building, 106 apartments, urban setting

**Capacity:**

(25) 1 bedroom apartments allocated for Enriched Housing Program

**Resident Characteristics:**

Able to live independently with moderate assistance

**Special Services**

Nursing supervision, meals, case management, shopping, recreation (once a month) and home-care arrangements available



## **RETIREMENT RESIDENCE/ ASSISTED LIVING**

### **Retirement Residence**

Not regulated by New York State, Retirement Residences are multi-unit housing facilities that are planned, designed and managed to provide for the housing needs of older persons who are active, able to live independently and in good health. Some facilities may provide limited medical access; some provide the services of an on-site service coordinator who arranges personal care services for residents with outside medical providers, while others provide on-site home health care services.

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### **Assisted Living**

Assisted Living residences may be free standing or housed with other residential options, such as a Retirement Residence or Residential Care Facility (Nursing Home). Licensed by NYS Department of Social Services and the Department of Health, Assisted Living Program was designed to provide an alternative to placement in a nursing home for those not needing intensive medical care or supervision. The facility is responsible for providing or arranging for resident services that include housekeeping, supervision, personal care, case management and limited health services.

**Atria Briarcliff Manor**  
1025 Pleasantville Road  
Briarcliff Manor, NY 10510  
914-923-4400  
[www.atriaassistedliving.com](http://www.atriaassistedliving.com)

**Building & Grounds:**

Modern building, breezy porches and cozy parlors, suburban setting

**Capacity:**

200 apts, 120 furnished apts, private and semi-private rooms with bath

**Resident Characteristics:**

Independent and active to those needing assistance

**Special Services:**

Healthcare coordinator, meals housekeeping, laundry, linen, case management, beautician, transportation, recreational programs

---

**Atria on the Hudson**  
321 N. Highland Avenue  
Ossining, NY 10562  
914-762-1980  
[www.atriaseniorliving.com](http://www.atriaseniorliving.com)

**Building & Grounds:**

10 acres, remodeled Hudson River Inn

**Capacity:**

112 apartments, from studios to 2 bedroom apartments

**Resident Characteristics:**

Independent well elderly to those needing assistance

**Special Services:**

Meals, housekeeping, health services, transportation, tennis, swimming, billiards

**Atria of Rye Brook**  
1200 King Street  
Rye Brook, NY 10573  
914-939-2900  
www.atriaseniorliving.com

**Building & Grounds:**

Modern colonial styled facility, exquisite interior designs and unique collection of furnishings, nestled in the distinguished community of Belle Fair

**Capacity:**

166 gracious 1 & 2 bedroom apartments, fully equipped kitchens w/granite countertops, washers/dryers, spacious baths and crown moldings in living areas

**Residential Characteristics:**

Independent and active seniors to those needing assistance

**Special Services:**

Fitness center, library, hair salon, barber shop, social activities, housekeeping, fine dining, etc.

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**Atria Woodlands**  
1017 Saw Mill River Rd.  
Ardsley, NY 10502  
914-693-7700  
www.atriaseniorliving.com

**Building & Grounds:**

Nestled on 7.5 acres of beautifully landscaped grounds, wonderful views. Convenient location near shopping and dining

**Capacity:**

100 luxury independent living w/washer & dryer, studios to 2 bedroom w/2 baths, 25 studio apartments for those with memory impairment

**Residential Characteristics:**

Offers independent and assisted living as well as memory care. The largest wellness center in Westchester County

**Special Services:** Fitness center & spa, library, computer center on-site, personal care, housekeeping, laundry and maintenance services, restaurant-style dining, transportation

**Bethel Springvale Inn**  
62 Springvale Road  
Croton-on-Hudson, NY 10520  
914-739-4404  
www.bethelwell.com

**Building & Grounds:**

Three-story garden apartment complex on landscaped grounds in scenic Croton-on-Hudson

**Capacity:**

125 spacious studios and 1 bedroom apartments, private bath and kitchenettes, wall to wall carpeting and individually controlled heating & AC

**Resident Characteristics:**

Seniors who are independent and/or requiring some monitoring and assistance

**Special Services:**

Medical services, special diets, recreation, daily housekeeping, swimming, exercise program, shopping trips etc.

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**Country House in Westchester**

2000 Baldwin Road  
Yorktown Heights, NY 10598  
914-962-3625

**Building & Grounds:**

1976 chalet, 1-story, rural acreage with lawns, gardens, patios, greenhouse, library etc.

**Capacity:**

88 apartments, 81 studios with bath, (7)1 bedroom suites with bath

**Resident Characteristics:**

Ages 65 yrs. and up in good physical and mental health. Will accept deaf, diabetic, legally blind

**Special Services:**

Meals, housekeeping, 24-hour nursing supervision, respite care, emergency response systems, transportation, social work/case management

### **Crestview Manor Home for Adults**

150 Old Saw Mill River Rd  
Hawthorne, NY 10532  
914-769-1762

#### **Building & Grounds:**

1972, 2-story brick building in suburban residential area with patios and elevator. Recent interior renovations.

#### **Capacity:**

76 beds, made up of 40 Assisted Living Program (ALP) beds and 36 Adult Home Beds, (private and semi-private rooms)

#### **Resident Characteristics:**

Mostly geriatric requiring assistance with daily living activities and supervision

#### **Special Services:**

Visits by internists, psychiatrist, podiatrist, meals, respite care. In addition to private pay, Medicaid Based Assisted Living Program beds are now available

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### **Drum Hill Senior Living Community**

90 Ringgold Street  
Peekskill, NY 10566  
914-788-8860

#### **Building & Grounds:**

Renovated historic landmark building overlooks the Hudson River Valley. Elegant lobby, lounge and dining room

#### **Capacity:**

120 spacious studios, 1 bedroom and 2 bedroom apartments with full kitchens

#### **Resident Characteristics:**

Independent seniors 62 and older

#### **Special Services**

Two meals-lunch and dinner- 24-hour security, transportation, housekeeping, beauty shop, recreational activities

## **FiveStar Premier Residences of Yonkers**

537 Riverdale Avenue

Yonkers, NY 10705

914-423-2200

[www.fivestarpremier-yonkers.com](http://www.fivestarpremier-yonkers.com)

### **Building & Grounds:**

Highrise building with spectacular views of the Hudson River and city lights

### **Capacity:**

199 independent living apartments, 75 personal care apts, 36 memory support apartments, from studios to 2 bedroom apartments

### **Resident Characteristics:**

Ranges from independent and still active seniors to those requiring assistance

### **Special Services:**

Fitness center, computer center, art studio, library, wellness center, personal care center, memory center, monitor medications, mild to moderate Alzheimer's

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## **Garito Manor At Union Square**

180 Union Avenue

New Rochelle, NY 10801

914-636-4200

[www.garitomanor.org](http://www.garitomanor.org)

### **Building & Grounds:**

Newly constructed, seven story energy efficient Green building, dining room and sun porch look out and are accessible to outdoor patio and gardens.

### **Capacity:**

102 studio, 1 and 2 bedroom apartments. Each apartment has its own thermostat for heating and AC controlled by resident for comfort.

### **Resident Characteristics:**

Senior Living Community. Three Service Plan Options offered, all affordable. Income limits up to 60% median income for Westchester County.

### **Special Services**

24-hour security and concierge service, two meals a day restaurant style service, housekeeping, laundry, social and recreational activities on and off site, fitness center, transportation, beauty/barber shop, outdoor patio and gardens.

**Kendal On Hudson**  
1010 Kendal Way  
Sleepy Hollow, NY 10591  
914-922-1000  
www.kohud.kendal.org

**Building & Grounds:**

Kendal on Hudson has a variety of residence styles and sizes. The community features gardens, sidewalks, and a promenade overlooking the Hudson River.

**Capacity:**

222 apartments in multistory buildings

**Resident Characteristics:**

A range of individual lifestyles that optimizes mobility for people with a variety of physical capabilities.

**Special Services:** Choice of apartment type with fully equipped kitchen, washer and dryer, handicapped-accessible bathrooms, individually controlled heating and air conditioning. 24-hour emergency response system. Community center with lounges, library, bank, beauty/barber shop, recreational facilities. Health center staffed 24 hours a day.

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**Lohman Village at Wartburg**

One Wartburg Place  
Mount Vernon, NY 10552  
914-513-5444  
www.thewartburg.org

**Building & Grounds:**

Gracious neighborhood of cottages with its own village green, ample parking, and private clubhouse and fitness center. On landscaped 36-acre campus with formal and informal gardens, smooth walkways, shady gazebos and benches

**Capacity:**

31 one and two-bedroom cottages

**Resident Characteristics:**

Independent and active seniors

**Special Services:**

Each air-conditioned one or two bedroom cottage features a living room, full kitchen, walk-in closets, and its own laundry center. Cottages are equipped with a personal emergency response system, and residents have priority access to other on-campus services, including social and recreational activities

## **Meadowview Assisted Living at the Wartburg**

2 Wartburg Place  
Mount Vernon, NY 10552  
914-513-5444  
www.thewartburg.org

### **Building & Grounds:**

Modern 4-story residence on landscaped 36-acre campus with smooth walkways, shady gazebos, gardens and cozy benches. Ample free parking

### **Capacity:**

88 studios, 1 and 2 bedroom apartments, 15 apartments - memory care, Alzheimer's secure setting. Apartment rental market rates, which include all utilities

### **Resident Characteristics:**

Independent but require some assistance with activities of daily living

### **Special Services:**

Three restaurant style meals a day, housekeeping and laundry services, concierge services, on-site nursing and physician office, and social and recreational activities. Local transportation and entertainment. Full-time chaplain on campus. Short-stay program

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## **Sunrise Senior Living at Fleetwood**

500 North Columbus Avenue  
Mount Vernon, NY 10552  
914-667-5660

### **Building & Grounds:**

Recently built two-story complex w/wraparound porches & terraces, gardens & walking paths, sunroom, quality furnishing and artwork throughout common areas

### **Capacity:**

65 assisted living apartments from studios to two bedroom suites. Apartments in separate area for those with memory impairment

### **Resident Characteristics:**

Elderly and frail seniors requiring assistance

### **Special Services:**

Restaurant style dining, housekeeping, personal care, memory program, activity center, social/cultural programs, medication management, transportation, etc.

## The Ambassador of Scarsdale

9 Saxon Wood Road

White Plains, NY 10605

914-428-3782

[www.theambassadorscarsdale.com](http://www.theambassadorscarsdale.com)

**Building and Grounds:** Newly built residence on 7 acre wooded grounds featuring landscaped walking paths and outdoor seating areas. Contemporary resort-style interiors, great views and convenient location near shopping. Easily accessible from Scarsdale, I-95 and Hutchinson River Parkway.

**Capacity:** 95 luxury studios, 1 bedroom and 2 bedroom/2 bath residences including select floor plans with terraces and 20 studio apartments in Keepsake Community dedicated to memory support.

**Residential Characteristics:** Independent and active to those requiring support services. Keepsake Memory care Program caters to residents with Alzheimer's & related disorders. Licensed by New York State Department of health as an Assisted Living Residence with two certifications (EALR to allow for aging in place) and SNALR to care for people with Alzheimer's.

**Special Services:** 24hr Licensed Nurse, Case management, On Site Rehabilitation, Concierge Services, Business and Fitness Center, Salon, Library and Club Room, Art Studio, Personal Training, On-Site Medical Suite and Rehabilitation Services. Extensive array of cultural and recreational programming available daily.



Kathy Azbell, LMSW  
Director of Community Relations  
The Ambassador of Scarsdale  
9 Saxon Wood Road  
White Plains, NY 10605  
O – 914/428.3782 C- 914/713.5005  
[kazbell@theambassadorscarsdale.com](mailto:kazbell@theambassadorscarsdale.com)

**The Bristol White Plains**  
**305 North Street**  
**White Plains, New York 10605**  
**914-681-1800**

**Building & Grounds:**

Newly opened 4 story building located on the campus of the former St. Agnes Hospital. Convenient location near major highways, medical offices, shopping, dining and entertainment.

**Capacity:**

148 luxury assisted living residences, studios, to 2 bedroom w/private baths, includes 32 studio apartments for those requiring enhanced memory care

**Residential Characteristics:**

Independent and active seniors to those needing assistance and/or memory care

**Special Services:** Wellness program, fitness center, library, business/computer center on-site, personal care, housekeeping, laundry and maintenance services, restaurant-style dining, putting green, outdoor heated soaking pool, personal emergency response system, scheduled transportation to shopping, community activities and group outings, extensive social activities, cultural programs and professional entertainment. 24 hour concierge.

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**The Esplanade**  
95 South Broadway  
White Plains, NY 10601  
914-761-8100 x7160  
[www.esplanadesenior.com](http://www.esplanadesenior.com)

**Building & Grounds:**

15-story former hotel, suburban setting, near malls, transportation, etc.

**Capacity:**

175 apartments, deluxe studios w/1 bath, 2 bedroom w/3 baths and kitchenette

**Resident Characteristics:**

From independent and active to those needing assistance

**Special Services:**

Dementia, Alzheimer's care, nursing services, meals, transportation, library, chapel

**The Fountains at RiverVue**  
1 RiverVue Place  
Tuckahoe, NY 10707  
914-768-6000, 800-780-9186  
[www.thefountains.com](http://www.thefountains.com)

**Building & Grounds:**

4-story building close to the villages of Bronxville and Scarsdale

**Capacity:**

24 independent living apartments, 102 assisted living apartments. Residents with dementia & Alzheimer's can be accommodated. Two bedroom efficiency apartments

**Resident Characteristics:**

Independent and active seniors to those needing assistance

**Special Services:**

Dining, housekeeping, transportation, recreational program, assisted living program, medication assistance, Alzheimer's care, skilled nursing care, homecare services

**The Kensington**  
100 Maple Avenue  
White Plains, New York 10601  
914-390-0080  
[www.TheKensingtonAL.com](http://www.TheKensingtonAL.com)

**Building & Grounds:** Recently built, modern, 5-story building with porches, terraces and garden, located in the heart of White Plains, one block from White Plains Hospital and close to The Westchester Mall, Galleria Mall, and The Ritz-Carlton Westchester. Free parking located under our building.

**Capacity:** 87 apartment enhanced assisted living including 17 apartment floor for those with early to mid-stage cognitive impairment plus 17 apartment floor for those with mid to late-stage impairment. Styles range from studios to two-bedrooms, private and shared apartments.

**Resident Characteristics:** Ranges from those who need some assistance to those who need very high levels of care.

**Special Services:** Two separate memory care floors, on-site rehabilitation, 24 hr. nursing supervision on-site, Board-certified physicians on-site, meals, housekeeping, laundry, transportation, Geriatric Care Manager on staff, beauty/barber shop, concierge services, restaurant-style dining, emergency response system, pet friendly.

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### **The Osborn Retirement Community**

101 Theall Road  
Rye, NY 10580  
914-921-2200  
[www.theosborn.org](http://www.theosborn.org)

**Building & Grounds:**

1908, Georgian styled building. Recently completed apartment complex and 2 bedroom garden homes with patio or deck and attached garage, nestled on secure picturesque 56 acre campus with residential health care facility

**Capacity:**

40 assisted living apartments, 213 independent living apartments, 40 garden homes

**Resident Characteristics:**

Independent and active seniors to those needing assistance

**Special Services**

Wide spectrum available including: maintenance, housekeeping, dining, home care, cultural programs, activities, scheduled transportation, home care agency, continuing care community etc.

## **The Pines at Narragansett**

19 Narragansett Avenue

Ossining, NY 10562

914-941-7300

[www.bethelwell.org](http://www.bethelwell.org)

### **Building & Grounds:**

Two-story brick building built in 1959 and renovated in 2003. Located amid Pine and hardwood trees, the park-like grounds are part of a residential neighborhood of private homes and landscaped properties.

**Capacity:** 50 units of one and two-bedroom apartments.

**Resident Characteristics:** Independent seniors aged 55+ seeking affordable housing.

**Special Services:** Monthly, affordable rent includes three meals a day, weekly housekeeping, scheduled transportation, recreation and utilities. A “**No-Frills**” rent which does not include any services.

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## **The Seabury at Fieldhome**

2276 Catherine Street

Cortlandt Manor, NY 10567

914-737-2255

[www.fieldhome.com](http://www.fieldhome.com)

### **Building & Grounds:**

Newly built 2-story facility on grounds with Field Home-Holy Comforter Nursing Home, beautiful multi-acreage, suburban setting

### **Capacity:**

80 units, 40 assisted living units and 40 memory support units

### **Resident Characteristics:**

Assisted Living: Seniors who are independent and still active but need some assistance

Memory Support: Seniors that need assistance and cueing due to cognitive impairment

### **Special Services:**

Personal care, case management, medication management, 3 meals daily, full activity program

**Westchester Center for Independent & Assisted Living**

78 Stratton St. South,  
Yonkers, New York 10701  
914-787-7400  
www.thewcenter.com

**Building & Grounds:** Residential neighborhood, covering over 10 acres of park-like grounds, offering apartments and suites.

**Capacity:** 186-bed Adult Home with 120 of those beds being Assisted Living Program (ALP) beds accepts Medicare and Medicaid recipients.

**Resident Characteristics:** The Assisted Living Program (ALP) is an Adult Home that is certified by the New York State Department of Health to provide Medicaid-funded home care services.

**Special Services:** in addition to the many amenities offered some services are: help with activities of daily living such as dressing & bathing, medication management, laundry & housekeeping, recreational activities, case management services as well as providing three daily meals of chef inspired cuisine, along with a 24 hour Country Kitchen.

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**Westchester Meadows**

55 Grasslands Rd.  
Valhalla, NY 10595  
914-989-7800  
www.westchestermeadows.org

**Building & Grounds:**

2-story modern facility, suburban setting.

**Capacity:**

140 apartments, two-4 bed Alzheimer's units; one 20 bed special care, kitchenettes - 2 bedrooms, 120 independent living, 10 assisted living, maximum 2 persons to an apartment.

**Resident Characteristics:**

Broad spectrum, from very independent to requiring total assistance with all activities of daily living.

**Special Services**

Pets allowed, recreation, transportation, Alzheimer/dementia unit, nursing services, nursing home on property.

**Willow Towers**  
355 Pelham Road  
New Rochelle, NY 10805  
914-636-6565  
[www.willowtowers.com](http://www.willowtowers.com)

**Building & Grounds:**

8-story state of the art residence with 2-story atrium and dazzling views of the Long Island Sound.

**Capacity:**

125 apartments from studio to 2 bedroom suites, of which 20 are dedicated to Memory Support. Licensed as Enriched Housing-assisted living amenities.

**Resident Characteristics:**

Active, independent seniors to those requiring support services.

**Special Services:** Exercise room, putting green, recreation, transportation, library, art studio, 3 meals, computer, pets, wellness center, medication assistance, nursing home on property, in-room emergency response system.

# IV

## **RESIDENTIAL HEALTH CARE FACILITY** **(Nursing Home)**

Licensed by NYS Department of Health, these facilities are known as skilled nursing, intermediate or extended care facilities or nursing homes. Residential Health Care Facilities integrate custodial care with nursing, psycho-social and rehabilitative services on a continuing basis, providing moderate levels of nursing care for those in better health as well as 24-hour skilled nursing and medical care with physician supervision for the very frail. Each individual's potential is evaluated at the time of admission and their care is tailored to their unique need.

<http://www.health.state.ny.us/>

**Andrus on Hudson**  
185 Old Broadway  
Hastings-on-Hudson, NY 10706  
914-478-3700 x602  
www.andrusonhudson.org

**Building & Grounds:**

1953, 6-story building, 26 acres overlooking the Hudson River, lawns, garden, nature paths, library etc.

**Capacity:**

247 apartments, 195 single rooms with bath, 19 suites for couples, 52 skilled nursing beds.

**Resident Characteristics:**

Seniors who are 65 and older, independent, in reasonable good health and are interested in active retirement.

**Special Services:**

Attending physician, 24-hour skilled nursing care, rehabilitation, therapeutic diets, transportation, recreational, social activities.

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**Bayberry Nursing Home**

40 Keogh Lane  
New Rochelle, NY 10805  
914-636-3947  
www.bayberrycarecenter.com

**Building & Grounds:**

Modern, air-conditioned building on water front property, individually designed and decorated bedrooms-most with picturesque water views.

**Capacity:**

60 beds, private and semi-private with private bath.

**Resident Characteristics:**

Broad spectrum, from very independent to requiring total assistance with all activities of daily living. All religious denominations.

**Special Services:**

24-hour skilled nursing care, physical/occupational/ speech therapies, meals, laundry, recreation, exercise, beautician/barber.

## **Bethel Nursing and Rehabilitation Center**

67 Springvale Road  
Croton-on-Hudson, NY 10520  
914-739-6700  
[www.bethelwell.org](http://www.bethelwell.org)

### **Building & Grounds:**

Located on 10 acres of wooded and landscaped property, the two-story modern design offers a hotel-like interior and exterior. Spacious patio is accessible to residents and family. A resident-tended garden yields vegetables throughout the summer and early autumn.

### **Capacity:**

200 beds, private and semi-private rooms.

### **Resident Characteristics:**

Providing care for adults and seniors requiring short-term rehabilitation stays, 24/7 long-term care and those with memory impairment.

### **Special Services:**

Dedicated sub-acute rehabilitation unit, a secured unit for the memory impaired, free transportation to physician's appointments associated with short-term admission (when insurance does not cover it), medical and nursing care, wound care, social service coordination, nutritional assessment/special meals, religious services, recreation, and easy access to Bethel's full continuum of care.

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## **Bethel Nursing and Rehabilitation Center**

17 Narragansett Avenue  
Ossining, NY 10562  
914-941-7300  
[www.bethelwell.com](http://www.bethelwell.com)

### **Building & Grounds:**

Air-conditioned brick building in residential area with lawns and gardens, adjacent to The Pines at Narragansett, Bethel's affordable apartment residence for independent-living seniors, as well as Bethel's Adult Day Care building.

### **Capacity:**

43 beds, private and semi-private rooms.

### **Resident Characteristics:**

More intense needs and cares, 24-hour nursing care, medical supervision and intervention.

### **Special Services:**

24-hour nursing care, medical services, personal care, recreation, religious services, social services, special diets, entertainment.

## **Briarcliff Manor Center for Rehabilitation & Nursing Care**

620 Sleepy Hollow Road  
Briarcliff Manor, NY 10510  
914-941-5100

### **Building & Grounds:**

Modern 2-story air conditioned building on 27 acres with patios and brick walkways.

### **Capacity:**

131 beds, 20 single rooms w/ bath, 42 doubles and four 3-4 person suites with shared bath.

### **Resident Characteristics:**

Servicing young adult and geriatric population of varied disabilities. Short-term rehabilitative services for persons intending to return to the community.

### **Special Services:**

24-hour skilled nursing care, specializes in sub-acute and rehabilitative services, Alzheimer's unit, personal assistance, recreation, transportation.

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## **Cabrini of Westchester**

115 Broadway  
Dobbs Ferry, NY 10522  
914-693-6800  
[www.cabrini-eldercare.org](http://www.cabrini-eldercare.org)

### **Building & Grounds:**

Cabrini of Westchester completed a \$55 million major modernization project in 2009 creating a contemporary and spacious home offering more privacy and amenities. New lounges, dining areas, balconies (with Hudson River views), gift shop, beauty parlor and an expanded chapel with beautiful stained glass windows.

### **Capacity:**

304 beds, 134 single rooms with private baths, 86 spacious double rooms offering the comfort of sharing a room while enjoying the benefit of private windows and temperature controls.

### **Resident Characteristics:**

Geriatric patients requiring assistance with daily living activities and supervision, Short-term rehabilitation unit patients, patients with Alzheimer's.

**Special Services:** Short-Term Rehabilitation, 24-Hour Skilled Nursing Care, Special Care Dementia Unit, Respite Care, Hospice Program, Long-Term Home Health Care, Licensed Home Care Agency, Medical Model Adult Day Health Care, Immigrant Services.

## **Cedar Manor Nursing and Rehabilitation Center**

Cedar Lane, PO Box 928  
Ossining, NY 10562  
914-762-1600  
www.cedarmanornursing.com

### **Building & Grounds:**

1967, air-conditioned, single story building in residential area overlooking the Hudson River, patios, lawns & walks, central atrium courtyard.

### **Capacity:**

153 beds, three nursing units with private and semi-private units.

### **Resident Characteristics:**

Frail, elderly or anyone needing skilled nursing care.

### **Special Services:**

24-hour nursing care, hospice, therapeutic diets, personal care, recreation, social activities.

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## **Cortlandt Healthcare**

110 Oregon Road  
Cortlandt Manor, NY 10567  
914-739-9150

### **Building & Grounds:**

Modern brick building, 6 acres, suburban area, lawns and gardens, shaded patio, recessed balconies, solarium.

### **Capacity:**

120 beds, 17 single rooms with bath, 15 single and 44 double with shared baths.

### **Resident Characteristics:**

Men and women. Most admissions to intensive nursing care come from facilities own intermediate care unit.

### **Special Services:**

24-hour skilled nursing care, short term rehabilitation, therapeutic diets, recreation, trips, shopping.

## **Dumont Center for Rehabilitation and Nursing Care**

676 Pelham Road  
New Rochelle, NY 10805  
914-632-9600  
www.dumontcenter.com

### **Building & Grounds:**

Air-conditioned building with individual room temperature control, located in suburban area overlooking the Long Island Sound. Day rooms and sun decks with excellent view.

### **Capacity:**

196 beds, private and semi-private rooms.

### **Resident Characteristics:**

Residents come from a wide variety of ethnic and religious backgrounds.

### **Special Services:**

24-hour skilled nursing care, full-time medical staff, rehabilitation, therapeutic and kosher diets, personal care assistance, social services, recreational and social activities.

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## **Field Home-Holy Comforter**

2300 Catherine Street  
Cortlandt Manor, NY 10567  
914-739-2244  
www.fieldhome.com

### **Building & Grounds:**

Modern, spacious building on beautiful 141 acre country setting.

### **Capacity:**

200 beds, private, semi-private rooms.

### **Resident Characteristics:**

Population requiring skilled nursing care.

### **Special Services:**

24-hour skilled nursing care, recreation, social services, religious services, respite care.

## **Glen Island Center for Nursing and Rehabilitation**

490 Pelham Road  
New Rochelle, NY 10805  
914-636-2800  
www.glenislandcarecenter.com

### **Building & Grounds:**

1965, air-conditioned building in residential area on 2 acre campus on the Long Island Sound. Large well equipped therapy room, spacious lounges.

### **Capacity:**

182 beds, 4 nursing units - 2 on each floor, 14 single rooms with bath, 72 doubles and 6 quads with shared bath plus 2 respite beds.

### **Resident Characteristics:**

All ages requiring skilled nursing care and/or rehabilitation.

### **Special Services**

24-hour skilled nursing care, physical, occupational, speech therapy, psychological support, therapeutic diets, recreational and social activities, Alzheimer's program, transportation, in-house laundry, unisex hair styling.

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## **Kendal on Hudson, Clearwater**

1010 Kendal Way  
Sleepy Hollow, NY 10591  
914-922-1000 or 922-1042

**Building & Grounds:** Kendal on Hudson in the heart of the Hudson River Valley has a variety of residence styles and sizes. Clearwater as part of the wider community offer professional services and attractive accommodations.

### **Capacity:**

222 apartments in multistory buildings.  
42 certified beds (assisted living).

**Special Services:** short stay residents who need personal care, restorative and rehabilitative services, skilled nursing or hospice care.

**King Street Nursing Home**  
787 King Street  
Rye Brook, NY 10573  
914-937-5800  
www.kingstreetnursinghome.com

**Building & Grounds:**

1975, air-conditioned brick building on 10 acres in rural area with terraces, patios, central atrium, library, lounges.

**Capacity:**

120 beds, decorator furnished rooms.

**Resident Characteristics:**

None under 50. Will accept mentally confused, difficult personalities.

**Special Services:**

24-hour skilled nursing care, dementia program, therapeutic diets, kosher food, personal assistance, recreational activities.

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**Michael Malotz Skilled Nursing Pavilion**

120 Odell Avenue  
Yonkers, NY 10701  
914-964-3333  
www.riversidehealth.org

**Building & Grounds:**

Modern facility built in 2001 on the St John's Riverside Hospital campus, with Terraces and Patio overlooking the Hudson River and the Palisades. Separate Rehabilitation Unit with two fully equipped gyms. Free on-site parking.

**Capacity:**

120 beds, single and double rooms, 8 ventilator dependent.

**Special Services:**

Short-Term Rehabilitation services including PT, OT and speech therapy, 24-hour skilled nursing care, respiratory care. Recreation, all dietary needs accommodated; podiatry, dental and audiology services, provided.

**New York State Veterans Home at Montrose**

2090 Albany Post Road

Montrose, NY 10548

914-788-6000

www.nysvets.org

**Building & Grounds:**

Modern, single level building, suburban setting.

**Capacity:**

252 beds, 42 beds per wing.

**Resident Characteristics:**

Veterans requiring skilled nursing care.

**Special Services:**

Skilled nursing, multipurpose room, deli, gift shop, medical, rehabilitation, nutrition, vision & dental.

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**North Westchester Restorative Therapy & Nursing Center**

3550 Lexington Ave

Mohegan Lake, NY 10547

914-528-2000

**Building & Grounds:**

1971, brick and stucco building with 3 wings, on 11 acres in residential area with lawns, patios and garden.

**Capacity:**

120 beds, 12 single rooms with bath, 54 double rooms with shared bath.

**Resident Characteristics:**

People in need of skilled nursing and rehabilitation services. Long- or short-term care.

**Special Services:**

Physical, occupational therapy, G-tube care, Alzheimer's care, post surgical rehabilitation, stroke and oncology care.

## **Port Chester Nursing & Rehab Centre**

1000 High St  
Port Chester, NY 10573  
(914) 937-1200  
[www.portchesternursing.com](http://www.portchesternursing.com)

**Building & Grounds:** activities area with kitchen for resident use, dining room, lobby, and landscaped patio featuring gardens and a gazebo.

### **Capacity:**

160 beds

**Resident Characteristics:** long term care and short term rehabilitation, subacute care, wound care and 24 hour skilled nursing care, and other specialized services. Residents can often maintain their own community physician once they are admitted to this facility.

**Special Services:** Alzheimer's disease/dementia care, complex medical care, hospice, pain management, physical therapy, speech therapy, wound care and more.

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## **Regency Extended Care Center**

65 Ashburton Ave  
Yonkers, NY 10701  
914-963-4000  
[www.nynursinghome.com/regency](http://www.nynursinghome.com/regency)

### **Building & Grounds:**

Six-story air-conditioned brick building, view of the Hudson and NYC skyline, landscaped gardens with benches.

### **Capacity:**

315 beds, 24 single rooms with bath, 110 doubles, 20 triple/quads with shared bath, 1 private respite room with bath.

### **Resident Characteristics:**

Young and old, alert and confused, short-and long-term care available.

### **Special Services:**

24-hour skilled nursing care, meals (therapeutic diets), recreation therapy.

**Rosary Hill Home**  
600 Linda Avenue  
Hawthorne, NY 10532  
914-769-0114  
[www.rosaryhillhome.org](http://www.rosaryhillhome.org)

**Building & Grounds:**

1983, air-conditioned, stucco and tile buildings, rural area with beautiful lawns, patios, gardens, chapel.

**Capacity:**

72 beds, 24 single rooms, 12 quads.

**Resident Characteristics:**

Incurable cancer patients after all treatments have been completed. Application form complete with copy of pathology report.

**Special Services:**

24-hour skilled nursing care for incurable cancer patients, therapeutic diets, personal care assistance, social services, dental, recreational, motivational and social activities.

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**Sans Souci Rehabilitation and Nursing Center**

115 Park Avenue  
Yonkers, NY 10703  
914-423-9800  
[www.sansoucirehab.com](http://www.sansoucirehab.com)

**Building & Grounds:**

1973, air-conditioned brick building in urban area with small patio.

**Capacity:**

120 beds, 12 single rooms with baths, 54 double with shared bath.

**Resident Characteristics:**

Will accept short-term and long-term care and difficult personalities.

**Special Services:**

24-hour skilled nursing care, short term care, therapeutic diets, recreational, social, motivational activities

**Sarah Neuman Center**  
845 Palmer Ave  
Mamaroneck, NY 10543  
914-698-6005  
www.jewishhome.org

**Building & Grounds:**

Two air-conditioned buildings on 5 acres, patios, suburban setting.

**Capacity:**

300 beds, private and semi-private rooms.

**Resident Characteristics:**

Non-sectarian, adults, frail and elderly, requiring skilled nursing care.

**Special Services:**

24-hour skilled nursing care, sub-acute care for short term rehabilitation, Alzheimer's and special care units, recreation, religious services, transportation.

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**Schaffer Extended Care Center**

16 Guion Place  
New Rochelle, NY 10802  
914-365-3818  
www.ssmc.org

**Building & Grounds:**

1971, air-conditioned block building is part of Sound Shore Medical Center complex, city area, patio.

**Capacity:**

150 beds, 18 single rooms with bath, 66 doubles with shared bath, 25 beds for restorative rehabilitation.

**Resident Characteristics:**

Those requiring skilled nursing care, rehabilitation.

**Special Services:**

24-hour skilled nursing care, rehabilitation, therapeutic diets, personal care, social services, recreational, social activities, transportation.

**Schnurmacher  
Center for Rehabilitation and Nursing**  
12 Tibbits Avenue  
White Plains, NY 10606  
914-287-7200  
www.bethabe.org

**Building & Grounds:**

1974, air-conditioned high rise building, urban area, terraces, health related facility shares building, chapel.

**Capacity:**

225 beds

**Resident Characteristics:**

Accept broad range of physical and mental deficiencies.

**Special Services:**

24-hour skilled nursing care, Alzheimer's unit, therapeutic diets, social services, personal care, recreation, transportation.

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**Sky View Rehabilitation & Health Care Center**

1280 Albany Post Road  
Croton-on -Hudson, NY 10520  
914-271-5151  
www.skyviewrehab.com

**Building & Grounds:**

1974, air-conditioned brick building in suburban area overlooking Hudson River, roof terrace.

**Capacity:**

192 beds, 32 single rooms, 80 double rooms with shared baths.

**Resident Characteristics:**

Broad range, will accept difficult personalities.

**Special Services:**

24-hour skilled nursing care, rehabilitation nursing, therapeutic diets, personal care, social services, shopping, transportation, recreation.

### **Somers Manor Nursing Home**

189 Route 100

Somers, NY 10589

914-232-5101

[www.somersmanor.com](http://www.somersmanor.com)

#### **Building & Grounds:**

1967, air-conditioned cement block building on large acreage in rural area with lawns, patios, no public transportation, large common areas.

#### **Capacity:**

300 beds, private and semi private rooms.

#### **Resident Characteristics:**

Adult, none under 50. Will accept some difficult personalities, short-term, couples, dementia-related conditions.

#### **Special Services:**

24-hour skilled nursing care, all rehabilitation therapies, dedicated dementia unit, personal care, social services, recreation, I.V. therapy for hydration, Hospice care.

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### **Sprain Brook Manor**

77 Jackson Avenue

Scarsdale, NY 10583

914-358-2000 or 914-472-3200

[www.sprainbrookmanor.com](http://www.sprainbrookmanor.com)

#### **Building & Grounds:**

1973, air-conditioned brick building in suburban area on several acres, patio, garden, large solariums.

#### **Capacity:**

121 beds, private and semi-private rooms.

#### **Resident Characteristics:**

Prefer 65 and over but will not refuse those who are younger. Will accept Alzheimer's residents, couples.

#### **Special Services:**

24-hour skilled nursing care, all rehabilitation therapies, hospice care, therapeutic/kosher diets, social services, recreation.

### **St. Joseph's Hospital Nursing Home**

113 South Broadway  
Yonkers, NY 10701  
914-378-7000  
www.saintjosephs.org

#### **Building & Grounds:**

1976, air-conditioned building connected to hospital with open patio, chapel.

#### **Capacity:**

200 beds, private, semi-private rooms with shared baths.

#### **Resident Characteristics:**

Few under 50 years. Will accept blind, deaf, diabetic, mentally confused, short-term care, couples.

#### **Special Services:**

24-hour skilled nursing care, Alzheimer's care, therapeutic recreation, social services, respite care, rehabilitation therapy, short term care.

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### **Sutton Park Center for Nursing & Rehabilitation**

31 Lockwood Avenue  
New Rochelle, NY 10801  
914-576-0600  
www.suttonpark.net

#### **Building & Grounds:**

1971, brick building, all rooms independently heated and air-conditioned, close proximity to the Sound Shore Medical Center.

#### **Capacity:**

160 beds, 16 single rooms with baths, 48 doubles and 12 quads with shared baths.

#### **Resident Characteristics:**

All ages, residents from all backgrounds. Social Care is a top priority of Sutton Park.

#### **Special Services:**

24-hour skilled nursing care, rehabilitation, therapeutic diets, personal care, social services, recreational, social activities, occupational, physical and speech therapies.

**Tarrytown Hall Care Center**  
20 Wood Court  
Tarrytown, NY 10591  
914-631-2600  
www.extendedcare.com

**Building & Grounds:**

Air-conditioned white brick building in residential area with lawns.

**Capacity:**

Tarrytown Hall Care Center is a 120-bed facility located in Westchester County.

**Resident Characteristics:**

Will accept all ages, frail and elderly requiring skilled nursing care for both short- and long-term rehabilitation in the following areas: cardiac care, post surgical care, orthopedic surgery care, tracheostomy care, palliative care, IV therapy, decubitus wound care, outpatient renal dialysis.

**Daily Services:**

24-hour nursing care, physical, occupational, speech and recreational therapy, social services, therapeutic diets.

Accept Medicare, Medicaid, and private insurance plans

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**The Grove at Valhalla**  
61 Grasslands Road  
Valhalla, NY 10595  
914-681-8400  
www.hhhinc.org

**Building & Grounds:**

Modern building on multi-acre property, suburban setting.

**Capacity:**

160 beds, 40 Alzheimer's Unit beds.

**Resident Characteristics:**

Adult frail and those needing memory support.

**Special Services:**

Alzheimer's Unit, library, skilled nursing care, therapeutic diet, recreational & social activities, personal care, social services.

### **The Osborn Pavilion**

101 Theall Road  
Rye, NY 10580  
914-925-8203  
www.theosborn.org

#### **Building & Grounds:**

New 2-story building, 56 acre campus.

#### **Capacity:**

84 beds, 84 private furnished rooms with .5 baths on two floors; six cluster designs of seven private rooms connected to living room and lounge area.

#### **Resident Characteristics:**

Adults, elderly and frail requiring skilled nursing care.

#### **Special Services:**

24-hour skilled nursing care, meals, recreational and social activities.

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### **The Wartburg Adult Care Community**

One Wartburg Place  
Mount Vernon, NY 10552  
914-699-0800  
www.thewartburg.org

#### **Building & Grounds:**

Skilled nursing health care center on landscaped 36-acre campus with wheelchair accessible paths, gazebos, gardens and benches. State of the art facility, sunroom courtyard, ample free parking.

#### **Capacity:**

160 skilled nursing beds, 40 subacute rehabilitation beds, 40 Alzheimer's beds.

#### **Resident Characteristics:**

18 and older. Will accept couples

**Special Services:** 24-hour skilled nursing care, separate floor for Alzheimer's and dementia care, separate subacute rehabilitation, short stay respite services, hospice care. On-site medical director, psychiatrist, dentist ophthalmologist and audiologist. Licensed physical, occupational therapists and speech pathologists

**United Hebrew**  
391 Pelham Road  
New Rochelle, NY 10805  
914-632-2804  
www.uhgc.org

**Building & Grounds:**

UHGC is a vibrant multi-service senior living campus located in the eastern end of New Rochelle bordering Long Island Sound.

**Capacity:**

294 skilled nursing beds. Its newest project, the renovation and expansion of its nursing home facility combines world-class care with state-of-the-art features.

**Resident Characteristics:**

Serves all denominations ages 35 and over, short term rehabilitation for individuals recovering from injury, surgery or illness. It is designed to help patients recover and return home with the highest level of independence.

**Special Services:** 24-hour skilled nursing care, wound care, Alzheimer's care, long term care, cardiac rehabilitation, occupational, physical, and speech therapy and stroke/head injury rehabilitation, personal care, therapeutic/kosher diets, social services, recreation, rehabilitation center, long-term health care program.

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**Victoria Home**  
25 North Malcolm St  
Ossining, NY 10562  
914-941-2450  
www.victoriahome.org

**Building & Grounds:**

Victorian building linked to brick residence on 4 acres overlooking the Hudson River, woodlands, gardens, lawns, gazebo, library, sitting rooms, elevator.

**Capacity:**

49 beds, mostly private rooms with shared baths.

**Resident Characteristics:**

Need assistance with activities of daily living, medication management, memory support.

**Special Services:**

24-hour skilled nursing care, therapy, dementia-care residence, home-cooked meals, recreation, short-term stay rehabilitation also available.

**Waterview/Salem Hills Health Care Center, Inc**

537 Route 22

Purdy's, NY 10578

914-277-3626

www.waterviewhills.com

**Building & Grounds:**

2 modern facilities in rural setting with scenic view, 1 mile from RR station.

**Capacity:**

130 beds (Waterview) 126 beds (Salem), singles with bath and doubles with private and shared baths.

**Resident Characteristics:**

Adults and those requiring skilled nursing care. Therapies offered 7 days per week.

**Special Services:**

Therapeutic diets, recreation, long-term care. Social services, personal care assistance, physical, occupational and speech therapies, full-service skilled nursing care.

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**Westchester Center for Rehabilitation & Nursing**

10 Claremont Avenue

Mount Vernon, NY 10550

914-699-1600

**Building & Grounds:**

1975, air-conditioned brick building in a quiet residential neighborhood with 2nd floor patio and private parking. Easily accessible by all means of transportation.

**Capacity:**

240 beds, 24 single rooms, 108 doubles with shared bathrooms.

**Resident Characteristics:**

Accept patients who require physical, occupational or speech therapy, specialized nursing services (long- and short-term) respite care, hospice care, Alzheimer's & dementia care, specialized diet/feedings, short-term facility unit.

**Special Services:**

24-hour skilled nursing care, Alzheimer's/dementia care, rehabilitation, dialysis, hospice, therapeutic/kosher diets, tube feedings, trach care, wound care, hyperbaric care, social services and therapeutic recreation.

**West Ledge Health Care Facility**

2000 East Main St

Peekskill, NY 10566

914-737-8400

[www.westledgehealth.com](http://www.westledgehealth.com)

**Building & Grounds:**

Air-conditioned brick building on 5 acres with covered patios, dining room and day rooms.

**Capacity:**

100 beds, 12 single rooms with bath, 44 doubles with shared bath.

**Resident Characteristics:**

Geriatric population requiring skilled nursing care.

**Special Services:**

Short-and long-term progressive rehabilitation program. Physical, occupational and speech therapy, hospice care.

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**White Plains Center for Nursing**

220 West Post Road

White Plains, NY 10606

914-686-8880

[www.whiteplainsnursing.com](http://www.whiteplainsnursing.com)

**Building & Grounds:**

1967, suburban area, private adjacent mini-park.

**Capacity:**

88 beds, private and semi-private rooms.

**Resident Characteristics:**

For those needing skilled nursing care, memory support.

**Special Services:**

24-hour skilled nursing care, Alzheimer's care, meals, recreation.

“Funded through the Department of Health and Human Services, and the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.”

In accordance with the Federal law, the Westchester County Department of Senior Programs and Services prohibits discrimination because of race, color, sex, national origin, religion, age or handicap, in all aspects of the provision of services for the benefit and welfare of Senior Citizens, and in all employment practices, including hiring, firing, promotion, compensation and other terms, conditions and privileges of employment. Further, subcontractors of the Westchester County Department of Senior Programs and Services shall be required to meet the above stated standards.