


At the Crossroads

Westchester County Directory

Retirement Residences
and Assisted Living

Enriched Housing



Residential &
Health Care
Facility Options

Adult Homes

Residential Health
Care Facilities

At The Crossroads

www.westchestergov.com/seniors

**George Latimer
County Executive**

**Mae Carpenter
Commissioner**

**NY Connects
Information and Assistance
(914) 813-6300**

**Medicare Information Line
(914) 813-6100**

**Para información en Español
(914) 813-6393**

**Telecommunications Device for the Deaf (TDD) Relay NY
1(800) 662-1220 or 711**

February 2023

From the County Executive



Dear Westchester County Seniors,

Thank you for reading “At the Crossroads,” a directory of residential and health care facility options for Westchester County seniors who can no longer live at home. Inside, you will find useful information on a variety of care options such as adult homes, assisted living facilities, enriched housing and retirement residences.

This directory should serve as a valuable resource for seniors, families and caregivers who have come to a ‘crossroad,’ and need help making future living arrangements for themselves or their loved ones due to illness, injury or frailty of old age. It also contains information on determining the appropriate level of care, financial aspects and assistance programs.

I hope you will find this information helpful, and feel encouraged to take advantage of the many services available to seniors living in Westchester County. Thank you.

A handwritten signature in dark ink, appearing to read "George Latimer".

George Latimer
Westchester County Executive

From the Commissioner



The county's Department of Senior Programs and Services compiled this directory and many other publications of special interest to seniors and their families.

All the department's publications are online at
www.seniorcitizens.westchestergov.com

If you prefer to have a hard copy of this directory or want more information, please contact the department directly at (914) 813-6300. We will be happy to mail one to you.

A handwritten signature in dark ink, appearing to read "Mae Carpenter".

Mae Carpenter, Commissioner
Department of Senior Programs and Services

Who We Are

Westchester County Department of Senior Programs and Services is dedicated to serving seniors and their families. We strive to identify and prioritize their needs and create comprehensive plans to meet them. We advocate for responsive policies, programs, legislation and resources on behalf of seniors, their families and caregivers. We also maintain an inventory of services available to older persons and serve as an information and referral point for local and national assistance.

The department is part of a National Network on Aging, which includes the Administration on Aging and the U.S. Department of Health and Human Services. There are also 59 State Agencies on Aging, 670 Area Agencies on Aging and approximately 27,000 local service provider organizations under contract to the area agencies. Under the Older Americans Act of 1965, this network administers programs designed to help the elderly maintain their health and independence in their homes and communities.

The Westchester County Department of Senior Programs and Services works to meet the missions of the Older Americans Act and the New York State Community Services for the Elderly Act. The goals of the federal and state acts are aimed at enhancing seniors' quality of life by encouraging:

- Sufficient income to meet basic needs
- Appropriate housing according to individual needs and wishes
- Employment opportunities
- Dignified, honorable and healthful retirement
- Freedom to pursue meaningful activities
- The best physical and mental health available
- Services to restore health to the best possible state
- Benefits from social and medical research as soon as possible
- Adequate community services
- Initiative, freedom and independence to manage and plan their lives

Our Mission

The mission of the Westchester County Department of Senior Programs and Services is to identify and prioritize the needs of the elderly in the County; create comprehensive and coordinated plans for meeting those needs; advocate for responsive policies, programs, actions, legislation and resources on behalf of the elderly, and to administer programs under the federal Older Americans Act, the New York State Community Services for the Elderly Act and other federal, state and county funded programs and services for the elderly.

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Foreword

This directory's purpose is to help individuals who feel they can no longer continue to live at home. It is also for families who must make decisions about future living arrangements for loved ones.

There are many choices available and this directory defines existing care options. Some are:

Nursing Home/Residential Health-Care Facilities: places to live where care is available for people of all ages who need 24-hour nursing care and supervision outside of a hospital.

Adult Homes: provides long term residential care, room, board, housekeeping, personal care, and supervision to five or more adults unrelated to the operator.

Enriched Housing Program: provides long-term residential care to five or more adults primarily persons 65 of age or older, in community-integrated settings resembling independent housing units.

Retirement Residences: a multi-residence housing facility intended for the elderly.

Assisted Living: housing for the elderly or disabled people that provides personal care assistance, housekeeping and prepared meals. Medical care is not provided on site.

This directory is designed to help you determine the right level of care for you loved one and suggest the necessary steps to evaluate the condition and circumstances of the individual.

In the section titled **Tips for Selecting a Health-Care Facility**, questions are outlined that should be asked in the selection of a home or facility. This is followed by a section called **What About Costs?** This section explains possible financial benefits, as well as assistance programs.

Inclusion in this directory of agencies and facilities does not mean endorsement by the Westchester County Department of Senior Programs and Services, nor does omission mean disapproval. A careful and thoughtful reading of the text and personal investigation of facilities is recommended before any decisions are reached.

Care Options:

Remaining at Home

You are at the crossroads, thinking about the possibility of making a decision on remaining in your home or moving to a facility because of lifestyle change, illness, injury, or have an increased need in assistance with daily activities.

Whenever possible, it is preferable to provide health care and other support services in the home, or in the least restrictive environment as possible while remaining safe.

There are two types of home-care services approved by the New York State Health Department:

Certified Home-Health Agencies offer a variety of health-care services to individuals in their own homes, generally when short-term care is needed. Such services include nursing, home health aide assistance, physical, occupational and speech therapy, nutrition counseling and medical social services.

Long-Term Home Health Care Program an alternative to institutional facilities, designed to coordinate health care and social services for persons with long-term needs and medical conditions traditionally treated in a nursing home.

Other community-based services that could help keep an elderly or disabled person at home include home-delivered meals, personal care, adult day care, transportation and escort services, telephone reassurance, volunteer visits and family respite.

For more information on home care services and other alternatives, contact: Westchester County Department of Senior Programs and Services and speak with a counselor from our NY Connects: Westchester County Choices for Long Term Care Unit (914) 813-6300.

Going To a Residential Care Facility

For those who are unable to remain at home, there are five types of residential care options that should be considered.

(1) Enriched Housing Program: For those capable of living in community-based housing but in need of moderate personal care and supportive services.

(2) Retirement Residences: For those in good health, still active and able to live independently.

(3) Assisted Living: For those having moderately good health and independent capabilities but need personal care services.

(4) Adult Homes: For those in need of supervised residential care.

(5) Residential Health-Care Facility (Nursing Home): For those needing various levels of skilled nursing care.

Determining the Right Level of Care

Discussion: Assess the situation, including if possible, the person involved, family members, the doctor and the hospital social worker if the person is hospitalized. If the person is not hospitalized, advice and counseling are available from many social service agencies that offer case management programs.

Evaluation: Determine the person's present and potential capacities for self-maintenance. Both physical and mental evaluations are necessary. This information must be documented on a Patient Review Instrument (**P.R.I.**).

P.R.I. Form: This form is used as a guideline to determine the nursing requirements of a patient as well as appropriate placement. The (**P.R.I.**) score indicates whether an individual requires a skilled nursing facility or an adult home (residential care). Copies of this form are required by all health care facilities and must be received before an admissions determination can be made. This form must be updated every 90 days until placement is accomplished.

How do you obtain a P.R.I. evaluation?

In a Hospital - An evaluation by the doctor, nursing staff and social service department staff is recommended so that it can be determined if, upon discharge, the patient will be able to return home or must make other plans. If it is apparent that a person's needs cannot be met at home, a New York State **(P.R.I.)** form can be obtained and filled out by a certified RN, social worker or health care provider.

In the Home - Consult the family doctor or call one of the visiting nurse services or public health department. A qualified person will be sent to the home to make an evaluation and provide and complete the **(P.R.I.)** form.

Tips for Selecting a Care Facility

After the steps are taken to determine which level of care is appropriate - and after the financial situation including income, assets, benefits and assistance plans is evaluated - use as many of the following steps as possible to help decide which is the home or facility that will best match the individual's needs.

1. Consider the Location: There is an advantage to having a person near his or her home community, family and friends, since visitors are vital. Therefore, distance, travel time, and transportation can be important factors.

2. Visits: Personal visits to homes or facilities are a "must," preferably with the person involved. Only by visiting can one evaluate if a home or facility is appropriate. Try to meet the administrator and other staff such as head nurse, social worker and program persons. Inquire if facility has had recent change of management.

3. Ask For: Request any available literature and financial arrangements, including down payments, special charges and whether the home or facility will accept SSI or Medicaid after an individual's personal assets are used up.

4. Look For:

a) Atmosphere: Is it institutional or home-like? Over-organized or dull? Do the patients or residents appear content and comfortable with the staff?

b) Special Services: Does the facility provide the medical care, therapy or treatment needed for the person? Do they have separate treatment or therapy rooms? Are dietary restrictions observed? Is the food appealing? Do they have multilingual staff? Are religious services provided? Is there community involvement?

c) Accommodations: Is there an area for privacy? A library? A Chapel? Are there any outside spaces, such as patios, gardens and walkways? Is there an elevator? Are the rooms wheelchair accessible? Are the rooms large enough? Is there enough light? Is the building well maintained? Are there any odors? Are the

bathrooms clean and in working condition? Do they have dining accommodations? Do they have a lounge area?

d) Care: Do they seem well staffed? Are staff attentive to the patients/residents? Are they being assisted with bathing, dressing, toileting and eating? Are the patients/residents requests being met? If it becomes necessary to move a person because of a decline in health, are there appropriate facilities nearby or attached?

e) Other Residents or Patients: Do other patients/residents seem congenial and friendly? Do they seem alert and responsive? Do the patients/residents appear well-groomed? Are they active and independent? Where do the patients/residents spend most of their time? What is the staff to patient ratio? How are they grouped if the facility is large?

f) Recreation Program: How many staff members are in the recreation department? Do they have event calendars that are on display? Do they have daily activities? Do they have group activities? Do they have one-to-one activities? Are the programs diverse? Are there exercise programs available? Do they have happy hour, parties or trips? If so, how often? Is there transportation available?

g) Check References: Try to do as much research on the facility in order to make the most informed decision. Speaking with friends or family members of other residents may help to provide insight into the strengths and weaknesses of facilities. There are also Facebook Groups, Google Reviews and other internet based research options (see I)

h) Visit More Than One: Try to visit at least three different places in the same category. First, because visiting a home or facility for the first time may be difficult and details may be overlooked. Second, because comparison of the differences will add to the information necessary to make a better decision.

i) Use the Internet as a research tool:

Nursing homes vary in the quality of care and services they provide. There are three important ways to measure nursing home quality: Reviewing health inspection results, staffing data and quality measure data.

Below are some sites you can access to investigate a nursing home

1. **Nursing Home Medicare Compare** - offers the ability to compare nursing homes, hospitals, and other providers near you.
www.medicare.gov/NHCompare
2. **ProPublica** - offers a database where you can research nursing home inspections. www.propublica.org
3. **NursingHome411** - run by the nonprofit Long Term Care Community Coalition, offers state-by-state data on facilities' staffing, citations and ratings. www.nursinghome411.org

What about Costs?

Possible Financial Benefits and Assistance Programs

For In-Home Services - Individuals may:

1. Meet the costs of the services from income, assets, long term care insurance, veteran aid & attendance benefit, or be or become eligible for Medicaid long term care
2. Be eligible for a lowered fee scale (sliding scale), from local county programs and a few non profit home-care agencies, according to financial need;
3. You may want to talk with a private eldercare attorney on the best way to fund needed long term care. You can contact the Westchester County Department of Senior Program and Services call center for a listing of private eldercare attorney's.

Remember - governmental assistance programs such as Supplemental Security Income and Medicaid will pay the cost of keeping an individual in his or her home, as well as for residential or health care facilities services.

For Adult Homes - Individuals may:

1. Meet the costs of the service from their income or assets;
2. Be eligible for Supplemental Security Income* (SSI) which pays a special rate to these homes plus an allowance to the individual.

For Enriched Housing Programs - Individuals may:

1. Meet the cost of service from their income and assets;
2. Be eligible for SSI

For Retirement Residences and Assisted Living - Individuals may:

1. Meet the costs from their income or assets.

For Residential Health-Care Facilities (Nursing Homes) - Individuals may:

1. Meet the costs from their income, assets or long-term health care insurance.
2. Be eligible for Medicaid* which covers costs.

Contact NY Connects - Westchester County Choices for Long Term Care (914) 813-6300

Patient's Rights

The following is a condensed version of Patients Rights established in 1964 in compliance with Title VI of the Civil Rights Act, which requires the administration of each facility to draw up written policies of its responsibilities to the patient.

These rights should be posted publicly in the facility and issued to a patient upon admission to any facility.

Each patient:

1. Is to be fully informed of these rights prior to or at time of admission.
2. Is to be fully informed prior to, or at time of admission, of services available in the facility or any changes in the charges.
3. Is to be fully informed of his medical condition and allowed to participate in the planning of his medical treatment and to refuse to submit to medical research.
4. Is to be transferred or discharged only for medical reasons, or for his welfare or that of other patients, or for non-payment for stay. He shall be given reasonable advance notice.
5. Is encouraged and assisted to exercise rights and voice grievances free from restraint or reprisal. (Many patients' committees are now being formed for this purpose.)
6. May manage his personal finances or is given at least a quarterly accounting of financial transactions.
7. Is to be free from mental and physical abuse, and free from chemical and (except in emergencies) physical restraints, except on physician's orders or to prevent injury to himself or others.
8. Is assured confidential treatment of his personal and medical records.
9. Is treated with consideration, respect and full recognition of his dignity and individuality, including privacy in treatment.
10. Is not required to perform services for the facility.
11. May communicate with persons of his choice, send and receive personal mail unopened.
12. May participate in social, religious and community activities.
13. May retain and use his personal clothing and possessions as space permits.
14. If married, is assured privacy for visits with his/her spouse. If both are inpatients they are permitted to share a room.

All rights and responsibilities specified here are transferred to the next of kin if the patient is judged incapable of understanding these rights.

Where do I report issues or problems?

Ombudsman

Your local ombudsman helps to protect the health, safety, welfare, and civil rights of people living in nursing homes and adult care facilities. The Ombudsman are committed to advocating for senior citizens and act as a liaison between the residents of long term care facilities and the government resources used to investigate and resolve their issues, concerns and problems.

If you have any concerns, contact your local ombudsman to assist you:

Tri County Long Term Care Ombudsman Program

Ombudsman Coordinator: Judy A. Farrell

Counties Served: Putnam, Rockland, Westchester

Address: 10 North Street Cold Spring, NY 10516

Phone: 914-500-3406

To learn more about adult care facilities, you can also visit:

www.health.ny.gov/facilities/adult_care/intro.htm

Nursing Home Complaint Helpline (1-888-201-4563)

The Nursing Home Complaint Form is available online to submit your complaint against a nursing home. If you are unable to submit your complaint by using the Nursing Home Complaint Form, then you may contact the Nursing Home Complaint hotline, which can be reached 24 hours per day, seven days per week.

ADULT HOMES

For adults of all ages who need supervised residential care due to the inability to live independently but do not require medical care. Room and board, 24-hour supervision, housekeeping, some personal care and activities are provided. It is important to note that there are broad variations in atmosphere and services within this category of homes due to sponsorship, administration and the character of the resident population. Adult Homes are licensed by NYS Department of Health and must meet certain requirements. Great care must be taken to visit and inspect an adult home before selection is made, as they vary from small family-type residences to larger more institutional-looking establishments. Some are connected with other facilities, simplifying transfer as the need for medical and nursing care arise.

Atria Briarcliff Manor
1025 Pleasantville Road, Briarcliff Manor
New York 10510
914-923-4400
www.atriaseniorliving.com

Building & Grounds:

Located near the Hudson River. Courtyard and walking path.

Capacity:

200 beds, private baths, kitchen or kitchenette and walk-in shower.

Special Services:

24-hour staff, telehealth services, personal care assistance, meals, on-site physical therapy/occupational therapy, housekeeping services, activities, transportation, pet-friendly environment.

Crestview Manor Home for Adults

150 Old Saw Mill River Rd
Hawthorne, NY 10532
914-769-1762

Building & Grounds:

Built in 1974, 2-story brick with patios and elevator.

Capacity:

76 beds, private and semi-private rooms.

Special Services:

personal care services, medication management, housing (permanent, community based), full meal service, laundry, housekeeping, programs and activities, off-site trips, scheduling medical appointment transportation.

Chester Hill Adult Home

187 Cottage Ave
Mount Vernon, NY 10550
914-664-5046

Building & Grounds:

Early 1900's frame and stucco building, integrated residential area with porch, elevator.

Capacity:

21 beds, private and semi-private rooms with shared bath.

Special Services:

Assisted living, independent living, ambulatory care, incontinence care, medication management, diabetic care, staffing and ancillary services, meals provided, kosher options, personal care assistance, supervision, activities-on-site, devotional activities.

Lincoln Rest Home

12 Lincoln Avenue
Ardsley, NY 10502
914-693-1146

Building & Grounds:

1930's, 2-story home, suburban area, gardens and lawn, no elevator.

Capacity:

23 beds, 5 single rooms with bath, 10 double rooms with shared bath.

Special Services:

Ambulatory care, medication management, meals provided, registered nurse, mild psychiatric care, on-going treatment programs, activities on-site and devotional activities.

Marion Woods
152 Ridge Road
Hartsdale, NY 10530
914-750-6000

Building & Grounds:

Marion Woods is both an adult care facility and convent for women of both the convent and other congregations. Surrounded by the Harts Brook Preserve, designed to reflect serenity surrounded by nature and the outdoors.

Capacity:

40 beds, private bathrooms, full furnished available, kitchens/kitchenettes.

Special Services:

Assistance with dressing, meal preparation, medication management, mental wellness program, housekeeping services, resident-run activities, community-sponsored activities, beauty salon, outdoor space, dining room.

Palisade Gardens
185 Palisade Ave
Yonkers, NY 10703
914-966-1300

Building & Grounds:

Home for Adults. Located near the North Riverdale area of Yonkers, NY. 1942, 4-story brick building in urban area, porches and outside spaces for residents.

Capacity:

106 beds, single room, double rooms.

Special Services:

Housekeeping services, personal care assistance, access to mental health clinic, meals provided, on-site salon, library and recreational activities.

St. Michael's Home

3 Lehman Terrace
Yonkers, NY 10705
914-476-3374

Building & Grounds:

Modern facility with gardens and outdoor seating areas.

Capacity:

60 beds, private rooms, semi-private rooms, with bath.

Special Services:

Visits from physicians, meals, religious services, activities, personal laundry services, call button, housekeeping services, companionship, and beauty salon.

Sunnydale Home for Adults

809 Stuart Ave
Mamaroneck, NY 10543
914-698-2824

Building & Grounds:

Cozy, spacious apartments with lake view, 2 porches, no elevator.

Capacity:

17 beds, private rooms, bath tubs.

Special Services:

24-hour nursing coverage, meals (international cuisine), personal care, diabetic care, staffing, devotional activities, activities on-site, entertainment, clubs and recreation.

The Sentinel of Mohegan Lake

3441 Lexington Ave
Mohegan Lake, NY 10547
914-528-3512

Building & Grounds:

1975, brick building, suburban setting, walking paths, sun decks, solarium.

Capacity:

150 beds, 75 double rooms with shared bath.

Special Services:

Assistance with activities of daily living, medication assistance, healthcare services, activities, meals, transportation, library, internet café, movie theatre, meals (kosher available) and recreational activities.

The Knolls

55 Grasslands Road
Valhalla, NY 10595
914-989-7878

Building & Grounds:

Scenic 30 acre, wooded campus, 1975, brick building, suburban setting, outside space.

Capacity:

20 bed facility.

Special Services:

Health and wellness care, activities of daily living assistance, beauty salon and spa, medication coordination, transportation, medication management, linen services, library, fitness center, creative arts studio, meals (kosher available) and recreational activities.

White Plains Guest Home

32 Ridgeview Ave
White Plains, NY 10606
914-949-8984

Building & Grounds:

Building was built in the early 1900's and located in a residential neighborhood with a garden and patio area.

Capacity:

15 beds, 5 single rooms, community baths; 5 double rooms/community baths.

Special Services:

24-hour supervision, recreational activities, medication management, arrangement of medical care, laundry service, housekeeping services, personal care services, and meals.



ENRICHED HOUSING PROGRAM

This program is licensed by the New York State Department of Health and provides congregate meals, housekeeping, homemaking, transportation, social activities, supervision and personal care for individuals aged 65 and over. The program operates in multi-unit buildings. An entire building may be licensed to provide Enriched Housing Services to all residents, or a specified proportion of residents in a senior or family apartment development.

Atria on the Hudson
321 N Highland Ave
Ossining, NY 10562
914-762-1980
www.atriaseniorliving.com

Building & Grounds:

Resident garden space. Balcony, walking paths, outdoor fireplaces, indoor swimming pool, and hot tub.

Capacity:

185 beds, walk-in showers, one-bedroom, two-bedroom.

Special Services:

24-hour staff, memory support, daily activities, chef prepared meals, housekeeping services, laundry services, newspaper delivery, transportation services, on-site physical therapy/occupational therapy, on-site worship services.

Family Services of Westchester at Maple House

15 Maple Place
Ossining, NY 10562
914-941-6824

Building & Grounds:

6-story building, 106 apartments, urban setting.

Capacity:

25 beds, 1 bedroom apartments.

Special Services:

Nursing supervision, meals, case management, laundry and shopping assistance, transportation, recreational activities, and home-care arrangements available.

Kendal on Hudson
1010 Kendal Way
Sleepy Hollow, NY 10591
914-922-1000
www.kohud.kendal.org

Building & Grounds:

25-acre campus with three levels of service. River and sunset views.

Capacity:

47 beds, heat and air conditioning, private bathrooms.

Special Services:

Independent living, assisted living, memory support, skilled nursing, rehabilitation, meals, linen, housekeeping, fitness center, access to walking trails, resident care center, social work services, indoor swimming pool, transportation, garden, library and beauty/barbershop.

Maplewood Commons
1015 Saw Mill River Road
Ardsley, NY 10502
914-400-1103

Building & Grounds:

Senior community, located around retail stores, houses of worship, medical services and local conveniences.

Capacity:

80 beds with kitchen/kitchenettes.

Special Services:

Meals, mobility assistance, routine health assessments, library, social activities, laundry, hair salon, health & wellness program, and pet friendly.

Meadowview at the Wartburg

2 Wartburg Place
Mount Vernon, NY 10552
914-699-0800

Building & Grounds:

Community is surrounded by gardens, walking trails, and outdoor patios, entertainment spaces and sitting areas.

Capacity:

105 beds, private rooms, bathrooms, walk-in shower.

Special Services:

Health and wellness program, medical clinic, pastoral care, library, activity room, café, meals, fitness facility, activity room, elevator, laundry services and resident parking.

The Ambassador at Scarsdale

9 Saxon Woods Road
White Plains, NY 10605
914-428-3782
www.theambassadorscarsdale.com

Building & Grounds:

Modern facility on seven acres of land.

Capacity:

138 beds, one, two bedroom suites with kitchenettes.

Special Services:

Wellness services, exercise programs, personal training, on-site medical suite, fall prevention program, on-site rehab services, housekeeping, laundry services, movie theatre, activities, religious services, library and billiard room.

The Bristal at Armonk
90 Business Park Drive
Armonk, NY 10504
(914) 269-2375
www.thebristal.com

Building & Grounds:

Located in Northern Westchester with outside garden area, walking paths and enclosed courtyard.

Capacity:

171 beds, studio, one bedroom, two bedroom suites.

Special Services:

Fitness center, café, meals, swimming pool/hot tub, mini golf, movie theatre, fireplaces, religious services, laundry services and barber shop.

The Bristal at White Plains
305 North Street
White Plains, NY 10605
914-984-5343
www.thebristal.com

Building & Grounds:

Close to banks, hospitals and health centers.

Capacity:

190 beds, private bathrooms and kitchenettes.

Special Services:

Meals, housekeeping, organized activities, cinema, salon, fitness center, emergency response system, maintenance, 24-hour security system and transportation.

The Club at Briarcliff Manor

25 Scarborough Road
Briarcliff Manor, NY 10510
914-618-5496

Building & Grounds:

Enclosed courtyard, raised garden beds, walking paths, central fireplaces, and outdoor patio areas.

Capacity:

145 beds, bath tubs, wheelchair accessible showers.

Special Services:

Independent living, assisted living, memory care, short term care, health care services, meals provided, café, arts and crafts center, fitness center, game room, movie theatre, laundry services, grocery shopping services, scheduled transportation, pet friendly, library and hair salon.

The Knolls

55 Grasslands Road
Valhalla, NY 10595
914-461-4500
www.theknolls.org

Building & Grounds:

30 acres of scenic campus with manicured trees and landscapes and gardens. Private garden.

Capacity:

20 beds, private rooms and bathrooms. Guest suites available.

Special Services:

Short term rehab, scheduled visits by specialists, health services, personalized dining menu, housekeeping, linen service, maintenance, scheduled transportation, exercise programs and activities.

The Osborn
101 Theall Road
Rye, NY 10580
914-925-8200
www.theosborn.org

Building & Grounds:

56-acre landscaped property with modern amenities, patios and gardens.

Capacity:

103 beds, one to two bedrooms with private bathroom.

Special Services:

Independent living, assisted living, skilled nursing, memory care, rehab, home care, routine health services, specialized diets, fitness classes, social programs, indoor pool, beauty salon, security and transportation.

The Springvale Inn
62 Springvale Rd.
Croton-on-Hudson, NY 10520
914-739-4404
www.bethelwell.org

Building & Grounds:

Private patios, terraces and cozy fireplaces.

Capacity:

125 beds, rental community, eat-in kitchens, private bathrooms.

Special Services:

Health and wellness program, physical and occupational therapy, housekeeping, laundry services, swimming programs, exercise classes, computer room, activities, painting classes, exercise classes, music groups, shopping trips, hair salon, library, and game room.

Willow Towers EHP
355 Pelham Road
New Rochelle, NY 10805
914-636-6565
www.willowtowers.com

Building & Grounds:

Beautifully landscaped courtyard garden and common spaces.

Capacity:

150 beds, studio, one or two-bedroom furnished apartments.

Special Services:

Memory care, physician services, medication management, meals daily, laundry services, beauty salon, laundry services, art studio, recreation, transportation, shopping excursions and religious services on site.



RETIREMENT RESIDENCE/ ASSISTED LIVING

Retirement Residence

Not regulated by New York State, Retirement Residences are multi-unit housing facilities that are planned, designed and managed to provide for the housing needs of older persons who are active, able to live independently and in good health. Some facilities may provide limited medical access; some provide the services of an on-site service coordinator who arranges personal care services for residents with outside medical providers, while others provide on-site home health care services.

Assisted Living

Assisted Living residences may be free standing or housed with other residential options, such as a Retirement Residence or Residential Care Facility (Nursing Home). Licensed by NYS Department of Social Services and the Department of Health, Assisted Living Program was designed to provide an alternative to placement in a nursing home for those not needing intensive medical care or supervision. The facility is responsible for providing or arranging for resident services that include housekeeping, supervision, personal care, case management and limited health service.

Artis Senior Living of Briarcliff Manor

553 North State Road
Briarcliff Manor, NY 10510
914-236-4711
www.artisseniorliving.com

Building & Grounds:

Modern amenities, tranquil environment and walking paths.

Capacity:

64 beds, private rooms, bath, wheelchair accessible.

Special Services:

Personal care assistance, health and wellness center, physical therapy, beauty salon, respite care, meals, laundry services, art studio and activities.

Artis Senior Living of Somers

51 Clayton Boulevard
Yorktown Heights, NY 10598
(914) 301-4168
www.artisseniorliving.com

Building & Grounds:

Modern amenities, expansive walking paths and gardening.

Capacity:

72 beds, private rooms, bath, wheelchair accessible.

Special Services:

Personal care assistance, health and wellness center, physical therapy, mobility assistance, respite care, meals, laundry services, art studio and activities.

Atria Briarcliff Manor
1025 Pleasantville Rd
Briarcliff Manor, NY 10510
914-923-4400
www.atriaseniorliving.com

Building & Grounds:

Modern rustic styled facility with resident courtyards, gardens, and patio areas.

Capacity:

200 beds, studio, one-two bedrooms, private baths, kitchen/kitchenettes, and walk-in shower.

Special Services:

24-hour staff, memory support, maintenance services, emergency alert, meals, housekeeping services, newspaper delivery, on-site physical therapy, on-site worship services.

Atria on the Hudson
321 N Highland Ave
Ossining, NY 10562
914-762-1980
www.atriaseniorliving.com

Building & Grounds:

Resident garden space, walking paths and fireplaces.

Capacity:

185 beds, walk-in showers, one-two-bedroom.

Special Services:

24-hour staff, memory support, daily activities, meals, housekeeping services, newspaper delivery, transportation services, on-site physical therapy, on-site worship services.

Atria of Rye Brook
1200 King Street
Rye Brook, NY 10573
914-939-2900
www.atriaseniorliving.com

Building & Grounds:

Westchester-Greenwich line. Courtyard, koi pond and waterfall.

Capacity:

166 beds, 1-2 bedrooms, full kitchen and shower.

Special Services:

Meals, library, movie theatre, fitness center, medication management, physical therapy center, salon, community garden, pet friendly, hair salon, activities and laundry.

Atria Woodlands
1017 Saw Mill River Rd.
Ardsley, NY 10502
914-693-7700

Building & Grounds:

Landscaped grounds, wonderful views, nearby shopping.

Capacity:

Independent living - 100 apartments, studios, 1-2 bedrooms
Assisted living - 50 apartments, studios, 1-2 bedrooms.
Memory care - 25 apartments.

Special Services:

Independent living, assisted living, memory care, medication management, fitness center, library, computer room, personal care, housekeeping, laundry, maintenance services, meals and transportation.

Bethel Springvale Inn
62 Springvale Road
Croton-on-Hudson, NY 10520
914-739-4404
www.bethelwell.com

Building & Grounds:

Three-story garden apartment complex on scenic, landscaped grounds, communal fireplaces.

Capacity:

125 beds, studio, 1 bedroom, private bath and kitchenettes.

Special Services:

Wellness program, meals, indoor heated pool, housekeeping services, medical services, special diets, recreation, library, game room, computer station and shopping trips.

Brightview Tarrytown
581 Old White Plains Rd
Tarrytown, NY 10591
914-297-8594
www.brightviewseniorliving.com

Building & Grounds:

Well-maintained grounds, community outdoor space.

Capacity:

107 beds, studio, 1-2 bedrooms, full bath and kitchenette.

Special Services:

Independent living, assisted living, memory care, enhanced care, visiting physician, wellness checks, day room, physical therapy room, activities, day trips, restaurant style meals, library, beauty and barber shop.

Chelsea at Greenburgh
715 Dobbs Ferry Road
Greenburgh, NY 10607
914-275-0010
www.chelseaseniorliving.com

Building & Grounds:

Landscaped walking paths, outdoor common areas, sunroom, enclosed courtyard and indoor walking paths.

Capacity:

137 beds, private rooms with wheelchair accessible shower and kitchenette.

Special Services:

Respite stay, personal care assistance, meals, wellness program, memory care, medication monitoring, fitness center, activities, housekeeping, transportation, beauty/barber salon and pet friendly.

Country House in Westchester
2000 Baldwin Road
Yorktown Heights, NY 10598
914-962-3625
www.meridiansenior.com

Building & Grounds:

1976 chalet, 1-story, rural acreage with lawns, gardens, patios, greenhouse, walking trails, and exceptional views.

Capacity:

88 apartments, (81) studios with modified bath, (7) 1 bedroom suites.

Special Services:

Personal care assistance, 24-hour nursing supervision, meals, respite stay, emergency response systems, transportation services and case management services.

Crestview Manor Home for Adults

150 Old Saw Mill River Rd
Hawthorne, NY 10532
914-769-1762
www.crestviewny.com

Building & Grounds:

Built in 1974, 2-story brick building with patios and elevator.

Capacity:

76 beds, private and semi-private rooms.

Special Services:

Housing (permanent, community based), medication management, meals, housekeeping, activities, off-site trips, transportation, and personal care services.

Drum Hill Senior Living Community

90 Ringgold Street
Peekskill, NY 10566
914-788-8860
www.drumhillseniorliving.com

Building & Grounds:

Renovated historic landmark building with scenic views of the Hudson River. Elegant lobby, lounge and dining room

Capacity:

120 spacious studios, 1 bedroom and 2 bedroom apartments with full kitchens. Central air conditional and hot air heat.

Special Services:

Resturant style dining activities, café, recreation room, maintenance, transporation, housekeeping, linen services, transportation to doctors, local shopping, scheduled activities, security, central air, genreal store, library, beauty/barber shop and nail salon.

FiveStar Premier Residences of Yonkers

537 Riverdale Avenue

Yonkers, NY 10705

914-423-2200

www.fivestarpremier-ny.com

Building & Grounds:

Highrise building with spectacular views of the Hudson River and city lights.

Capacity:

199 independent living apartments, 75 personal care apts, 36 memory support apartments, studio and 2 bedroom apartments available.

Special Services:

Independent living, assisted living, memory care, respite care, rehab services, wellness programs, restaurant style meals, fitness center, computer center, art studio, library, memory center, medication management, housekeeping, and transportation.

Garito Manor At Union Square

180 Union Avenue

New Rochelle, NY 10801

914-636-4200

www.garitomanor.org

Building & Grounds:

Newly constructed, seven story energy efficient Green building with access to outdoor patio and garden.

Capacity:

102 studios, 1 and 2 bedroom apartments. Each apartment has its own thermostat for heating and AC

Special Services:

24-hour security, concierge service, restaurant style service, housekeeping, laundry services, recreational activities, fitness center, computer room, transportation and beauty/barber shop.

Kendal On Hudson
1010 Kendal Way
Sleepy Hollow, NY 10591
914-922-1000
www.kohud.kendal.org

Building & Grounds:

Kendal on Hudson has a variety of residence styles and sizes. The community features gardens, sidewalks, and a promenade overlooking the Hudson River.

Capacity:

222 apartments in multistory buildings, 34 assisted living apartments. Choice of apartment, fully equipped kitchen, washer and dryer, handicapped-accessible bathrooms, individually controlled heating and cooling system.

Services:

Skilled nursing, memory care, 24-hour supervision by nursing staff, medication managed, personal care assistance, on-site wellness center, daily meals, exercise classes, scheduled transportation, linen services, housekeeping services, 24-hour emergency response system, library, activities, and beauty/barber shop.

Lohman Village at Wartburg
One Wartburg Place
Mount Vernon, NY 10552
914-513-5444
www.thewartburg.org

Building & Grounds:

Landscaped 34-acre campus with formal and informal gardens, smooth walkways, shady gazebos and benches.

Capacity:

31 one and two bedrooms with full kitchen and bathroom, in-home washer and dryer, and walk-in closets.

Special Services:

Independent senior living, monthly housekeeping, emergency response system, midday meal, maintenance, 24-hour security, private clubhouse, weekly transportation, fitness center, weekly yoga, live entertainment, Sunday services, pet friendly options available.

Meadowview Assisted Living at the Wartburg

2 Wartburg Place
Mount Vernon, NY 10552
914-513-5444
www.wartburg.org

Building & Grounds:

Modern 4-story residence on landscaped 36-acre campus with smooth walkways, shady gazebos, gardens and cozy benches. Ample free parking.

Capacity:

88 studios, 1 and 2 bedroom apartments, 15 apartments - memory care, Alzheimer's secure setting. Apartment rental market rates, which include all utilities.

Special Services:

Assisted living, memory care, skilled nursing, and independent living, restaurant style meals, housekeeping, laundry services, concierge services, on-site nursing, physician office, recreational activities, chaplain and transportation.

Sunrise Senior Living at Fleetwood

500 North Columbus Avenue
Mount Vernon, NY 10552
914-667-5660

Building & Grounds:

2-story complex with wrap around porches, terraces, gardens and walking paths. Quality furnishing and artwork throughout common areas.

Capacity:

65 assisted living apartments from studios to two bedroom suites. Apartments in separate area for those with memory impairment.

Special Services:

24-hours a day, daily fitness, meals, wellness visits, weekly housekeeping, personal laundry service, educational programs for families, family meetings, personal care assistance, memory care, activity center, medication management and transportation.

The Ambassador of Scarsdale

9 Saxon Wood Road
White Plains, NY 10605
914-428-3782
www.theambassadorscarsdale.com

Building and Grounds:

7 acre wooded grounds featuring landscaped walking paths and outdoor seating areas. Resort-style interiors, great views and convenient location near shopping.

Capacity:

95 studios, 1 and 2 bedrooms with bath. Residences including select floor plans with terraces. 20 studio apartments for memory care.

Special Services:

24 hour nursing care, case management, concierge services, fitness center, salon, library, club room, art studio, personal training, on-site medical suite, rehabilitation services, and recreational programs.

The Bristol White Plains

305 North Street
White Plains, New York 10605
914-681-1800

Building & Grounds:

4 story building located on the campus of the former St. Agnes Hospital. Located near major highways, medical offices, shopping, dining and entertainment.

Capacity:

148 luxury assisted living residences, studios, 1 to 2 bedrooms with private baths. 32 studio apartments for memory care.

Special Services:

Wellness program, fitness center, library, computer center personal care assistance, housekeeping services, laundry services, maintenance services, restaurant-style dining, outdoor heated pool, emergency response system, scheduled transportation, activities, 24- hour concierge.

The Fountains at RiverVue

1 RiverVue Place
Tuckahoe, NY 10707
914-768-6000

www.rivervue.watermarkcommunities.com

Building & Grounds:

4-story building close to the villages of Bronxville and Scarsdale. Numerous landscaped courtyards, secure as well as open-access. Expansive terrace.

Capacity:

117 assisted living apartments, 1-2 bedrooms with bathroom, 24 memory care studio apartments with bathroom.

Special Services:

Assisted living, memory care, wellness center, medication administration services, local transportation, apartment maintenance, housekeeping, linen services, salon services, recreational programs, media room, creative arts studio, pet friendly, computer center, and billiards room.

The Kensington

100 Maple Avenue
White Plains, New York 10601
914-390-0080

www.thekensingtonwhiteplains.com

Building & Grounds:

5-story building with porches, terraces and garden. Located in the heart of White Plains.

Capacity:

87 apartment enhanced assisted living. 34 total memory care apartments (2- separate memory care units).

Special Services:

Assisted living, memory care, 24-hour nursing supervision, wellness program, exercise classes, meals, physical therapy, physician office, medication management, linen services, housekeeping services, transportation and beauty/barber shop.

The Osborn Retirement Community

101 Theall Road
Rye, NY 10580
914-925-8200
www.theosborn.org

Building & Grounds:

1908, Georgian styled building and apartment complex with patio, deck and attached garage.

Capacity:

40 garden homes, 143 entry fee independent apartments, 17 rental apartments, 13 memory care units, 80 assisted living, 84 skilled nursing beds.

Special Services:

Independent living garden homes, fine dining, modern amenities, maintenance, housekeeping, social programs, fitness center, indoor pool and spa, cultural programs, activities, scheduled transportation and home care.

The Pines at Narragansett

19 Narragansett Avenue
Ossining, NY 10562
914-941-7300
www.bethelwell.org

Building & Grounds:

Two-story brick building built in 1959 and renovated in 2003. Located amid Pine and hardwood trees with park-like grounds.

Capacity:

50 units of one and two-bedroom apartments. Private bathrooms with shower or bath tubs.

Special Services:

Independent community, affordable monthly rent, meals, housekeeping, laundry service, private dining rooms, social and recreational events, pool access, wellness programs, activity/exercise room, scheduled transportation and concierge.

Westchester Center for Independent & Assisted Living

78 Stratton St. South,
Yonkers, New York 10701
914-787-7400
www.thewcenter.com

Building & Grounds:

Residential neighborhood, covering over 10 acres of park-like grounds, outdoor landscape, indoor fireplace.

Capacity:

195 beds, 120 of those beds are Assisted Living Program (ALP) beds. Accepts Medicare and Medicaid recipients.

Special Services:

Personal care assistance, medication management, meals, 24-hour café, linen services, housekeeping, recreational activities, library, gym, hair salon, movie theatre, and case management.

Westchester Meadows

55 Grasslands Rd.
Valhalla, NY 10595
914-989-7800
www.westchestermeadows.org

Building & Grounds:

2-story modern facility, suburban setting. Secure scenic acres for walking.

Capacity:

120 apartments, 10 enriched housing, 20 skilled nursing beds.

Special Services:

Healthcare center, fitness room, indoor swimming pool, creative arts studio, activities, barber and beauty salon, art gallery, dining room, pet friendly, transportation, memory care unit, skilled nursing facility on property.

Willow Towers
355 Pelham Road
New Rochelle, NY 10805
914-636-6565
www.willowtowers.com

Building & Grounds:

8-story state of the art residence with 2-story atrium and dazzling views of the Long Island Sound.

Capacity:

125 apartments from studio to 2 bedroom suites, of which 20 are dedicated to Memory Support.

Special Services:

Assisted living, memory care, physician services, medication management, personal care assistance, on-site nurse, exercise room, music, art, and recreational programs, transportation, meals, emergency response system, religious services on site.

IV

ASSISTED LIVING PROGRAMS

The Assisted Living Program (ALP) is an Adult Home that is certified by the New York State Department of Health to provide Medicaid-funded home care services. The ALP is an alternative to nursing home care that enables nursing home eligible people to receive home health care services in the Adult Home. Only five are located in Westchester.

Crestview Manor Assisted Living

150 Old Saw Mill River Rd,
Hawthorne, NY 10532
914-769-1762
www.crestviewny.com

Building & Grounds:

Built in 1974, 2-story brick building with patios and elevator.

Capacity:

76 beds private and semi-private rooms.

Special Services:

Housing (permanent, community based), medication management, meals, housekeeping, activities, off-site trips, transportation, and personal care services.

The Eliot at New Rochelle

41 Lockwood Ave,
New Rochelle, NY 10801
914-303-9710
www.eliotalp.com

Building & Grounds:

Located only a few blocks from Glenwood Lake.

Capacity:

200 beds, controlled heating and air conditioning.

Special Services:

Personal care assistance, wellness center, medication management, healthcare services, meals and beauty parlor.

The Sentinel of Mohegan Lake

3441 Lexington Ave
Mohegan Lake, NY 10547
914-528-3512
www.sentinelalf.com

Building & Grounds:

1975, brick building, suburban setting, walking paths, sun decks, solarium.

Capacity:

150 beds, 75 double rooms with shared bath.

Special Services:

Personal care assistance, medication assistance, healthcare services, activities, meals, transportation, library, internet café, movie theatre, meals (kosher food pack available), recreation.

Westchester Center for Independent & Assisted Living

78 Stratton St. South
Yonkers, New York 10701
914-787-7400
www.thewcenter.com

Building & Grounds: Perched on a hilltop in a quiet area of Yonkers residential neighborhood, covering over 10 acres of park-like grounds, offering apartments and suites.

Capacity:

186 bed adult home with 120 beds for ALP.

Special Services:

Personal care services, medication management, laundry services, housekeeping services, recreational activities, case management services, meals, 24-hour kitchen.

Yorktown Assisted Living Residence

2276 Catherine Street
Cortlandt Manor, NY 10567
914-737-2255

Building & Grounds:

2-story facility in a suburban setting. Located near restaurants, movie theaters, shopping, medical facilities, and transportation to NYC.

Capacity:

85 bed facility, 45 ALP beds.

Special Services:

Personal care services, case management, medication management, meals, transportation, coordination of medical appointments and activities.

V

RESIDENTIAL HEALTH CARE **FACILITY** **(Nursing Home)**

Licensed by NYS Department of Health, these facilities are known as skilled nursing, intermediate or extended care facilities or nursing homes. Residential Health Care Facilities integrate custodial care with nursing, psycho-social and rehabilitative services on a continuing basis, providing moderate levels of nursing care for those in better health as well as 24-hour skilled nursing and medical care with physician supervision for the very frail. Each individual's potential is evaluated at the time of admission and their care is tailored to their unique need.

<http://www.health.state.ny.us/>

Adira at Riverside Rehabilitation and Nursing

120 Odell Avenue
Yonkers, NY 10701
914-964-3333
www.adirariverside.com

Building & Grounds:

Modern facility built in 2001 on the St John's Riverside Hospital campus, with Terraces and Patio overlooking the Hudson River and the Palisades. Separate rehabilitation unit with two fully equipped gyms. Free on-site parking.

Capacity:

120 beds, single and double rooms, 8 ventilator dependent.

Special Services:

24-hour skilled nursing care, short term rehabilitation, long term care, rehabilitative services, certified vent unit, amputee rehab, wound care, neuro-rehab, cardiopulmonary rehab, respite care, memory care, stroke/TBI rehab, respiratory care, recreational therapy, therapeutic diets, social services, podiatry, dental and audiology services, provided.

Andrus on Hudson

185 Old Broadway
Hastings-on-Hudson, NY 10706
914-478-3700
www.andrusonhudson.org

Building & Grounds:

1953, 6-story building, 26 acres overlooking the Hudson River, lawns, garden, nature paths, library etc.

Capacity:

197 beds, private rooms and private bathroom.

Special Services:

Attending physician, 24-hour skilled nursing care, subacute complex care, long term care, memory care, post-hospital care, rehabilitative services, hospice/palliative care, mental health services, psychological services, social services, therapeutic diets, and activities.

Bayberry Nursing Home
40 Keogh Lane
New Rochelle, NY 10805
914-636-6200
www.bayberrycarecenter.com

Building & Grounds:

Modern, air-conditioned building on water front property, individually designed and decorated bedrooms-most with picturesque water views.

Capacity:

60 beds, private and semi-private with private bath.

Special Services:

24-hour skilled nursing care, sub acute care, residential care, rehabilitative services, social services, mental health services, therapeutic diets, activities, comfort care, restorative therapy, exercise classes, crafts and musical entertainment.

Bethel Nursing and Rehabilitation Center

67 Springvale Road
Croton-on-Hudson, NY 10520
914-739-6700
www.bethelwell.org

Building & Grounds:

Located on 10 acres of landscaped property, two-story modern design with courtyard, patio and garden.

Capacity:

200 beds, private and semi-private rooms.

Special Services:

24-hour skilled nursing care, long term care, short term care, memory care, dementia unit, attending physicians, rehabilitative services, social services, nutrition counseling, therapeutic recreation, ophthalmology services, audiology services, dental services, EKG services, housekeeping services, laundry services, wound care, transportation, entertainment, social services, and religious services.

Bethel Nursing and Rehabilitation Center

17 Narragansett Avenue
Ossining, NY 10562
914-941-7300
www.bethelwell.com

Building & Grounds:

Air-conditioned brick building in residential area with lawns and gardens. Adjacent to The Pines at Narragansett, Bethel's affordable apartment residence for independent-living seniors, as well as Bethel's Adult Day Care building.

Capacity:

43 beds, private and semi-private rooms.

Special Services:

24-hour nursing care, short term care, long term care, attending physicians, rehabilitative services, therapeutic diets, therapeutic recreation, social services, dental services, podiatry services, on-site beauty parlor, volunteer-run gift shop, medical services, personal care, recreation, religious services, pottery classes, specialized diets and activities.

Briarcliff Manor Center for Rehabilitation & Nursing Care

620 Sleepy Hollow Road
Briarcliff Manor, NY 10510
914-941-5100
www.bmc rehab.com

Building & Grounds:

Modern 2-story air conditioned building on 27 acres with patios and brick walkways.

Capacity:

120 beds, semi-private rooms.

Special Services:

24-hour skilled nursing care, sub acute care, long term care, memory care unit, rehabilitative services, stroke recovery, CPAP, tracheostomy care, wound care, complex medical care, diabetic care, pain management, IV therapy, nutrition counseling, personal care assistance, hospice/respite, recreation and transportation.

Cabrini of Westchester
115 Broadway
Dobbs Ferry, NY 10522
914-693-6800
www.cabrini-eldercare.org

Building & Grounds:

Modern accommodations, lounges, dining areas, balconies with Hudson River views. Light, airy interiors. Chapel with stained glass windows.

Capacity:

304 beds, 134 single rooms with private baths, 86 spacious double rooms.

Special Services:

24-hour skilled nursing care, long term care, short term rehab, Alzheimer's/dementia care, diabetes care, hospice care, IV therapy, nutritional management, palliative care, respite care, rehabilitative services, stroke care, wound care, restorative nursing, podiatry services, optometry services, dental services, activities, religious services and pet visits.

Cedar Manor Nursing and Rehabilitation Center

32 Cedar Lane
Ossining, NY 10562
914-762-1600
www.cedarmanornursing.com

Building & Grounds:

1967, air-conditioned, single story building in residential area overlooking the Hudson River, patios, lawns & walks, central atrium courtyard.

Capacity:

153 beds, three nursing units with private and semi-private units.

Special Services:

24-hour nursing care, long term care, short term rehab, rehabilitative services, IV therapy, respite care, hospice care, therapeutic diets, personal care assistance, social services, and activities.

Cortlandt Healthcare
110 Oregon Road
Cortlandt Manor, NY 10567
914-739-9150
www.cortlandhealthcare.com

Building & Grounds:

Modern brick building, 6 acres, suburban area, lawns and gardens, shaded patio, newly renovated rehabilitation environments, recessed balconies, solarium.

Capacity:

120 beds, private and semi-private rooms.

Special Services:

24-hour skilled nursing care, post acute care, long term care, amputee care, rehabilitative services, wound care, physician specialists, dietitians, therapeutic diets, social services, orthopedic rehab, respiratory therapy, Urban Zen, recreational therapy, daily housekeeping, on-site laundry, on-site beauty salon, and individualized programs for veterans.

Dumont Center for Rehabilitation and Nursing Care

676 Pelham Road
New Rochelle, NY 10805
914-632-9600
www.dumontcenter.com

Building & Grounds:

Air-conditioned building with outdoor patios that overlook the Long Island Sound.

Capacity:

196 beds, private and semi-private rooms.

Special Services:

24-hour skilled nursing care, short term rehab, long term care, memory care, personal care assistance, rehabilitative services, kosher diets, activities, ventilator care, palliative care, dental services, ophthalmologist and podiatrist services, laboratory services, ultrasound services, salon, activities, music therapy, and iPad Library.

Epic Rehab and Nursing Care

120 Church St
White Plains, NY 10601
914-350-9010
Epicrehabwhiteplains.com

Building & Grounds:

Air-conditioned building, outdoor patio, lounge areas, day rooms.

Capacity:

160 beds, private and semi-private rooms.

Special Services:

24-hour skilled nursing care, long term care, short term rehabilitative services, subacute wound care, orthopedic care, neurological care, podiatry services, dental services, psychological services, oral chemotherapy, pain management, hospice, religious services, social services, dietary services, activities, pet therapy, personalized diets, lounge, spa services, family support groups, religious services and beauty parlor.

Glen Island Center for Nursing and Rehabilitation

490 Pelham Road
New Rochelle, NY 10805
914-636-2800
www.glenislandcarecenter.com

Building & Grounds:

1965, air-conditioned building in residential area on 2 acre campus on the Long Island Sound.

Capacity:

182 beds, 4 nursing units- 2 on each floor, 14 single rooms with bath, 72 doubles- 6 quads with shared bath plus 2 respite beds.

Special Services

24-hour skilled nursing care, memory care, short term care, long term care, rehabilitative services, physician services, psychological support, activities, personal care assistance, diet planning, medication management, memory program, transportation, in-house laundry and unisex hair styling.

Kendal on Hudson

1010 Kendal Way
Sleepy Hollow, NY 10591
914-922-1000
Kohud.kendal.org

Building & Grounds:

Is a 25-acre campus with three levels of service, located in the lower Hudson Valley with views of the Hudson River. Kendal on the Hudson offers Independent Living, Assisted Living, Skilled Nursing Facility, Rehabilitation and Memory Support.

Capacity:

26 beds- nursing facility, 222 apartments- multistory buildings, and 42 certified beds- in assisted living.

Special Services:

24-hour skilled nursing care, independent living, assisted living, long term care, short term care, memory support, rehabilitative services, dietary consultants, personal services, social services, laundry, library, hair salon, recreational activities, and palliative care/hospice care.

King Street Rehabilitation

787 King Street
Rye Brook, NY 10573
914-600-7149
www.kingstreetrehab.com

Building & Grounds:

1975, air-conditioned brick building on 10 with terraces, patios, outdoor gardens, koi pond and gazebo.

Capacity:

120 beds, fully decorated and furnished rooms.

Special Services:

24-hour skilled nursing care, long term living, short term rehabilitation, memory care, amputee recovery, wound care, COPD, therapeutic diets, nutrition specialists, library, movie theatre, pet therapy, holistic therapy, personal assistance, recreational activities, spa, and beauty parlor.

Martine Center for Rehabilitation and Nursing
12 Tibbits Avenue
White Plains, NY 10606
914-287-7200
www.martine-center.facilities.centershealthcare.org

Building & Grounds:

Air-conditioned building, lounge areas, activity rooms and day rooms. Beautiful secured lawn and gardens.

Capacity:

200 beds, private and semi-private rooms.

Special Services:

24-hour skilled nursing care, long term care, short term care, memory care, dementia unit, amputee recovery, stroke rehabilitation, IV antibiotic therapy, complex medical care, therapeutic recreation, art therapy, culinary therapy, music therapy, social services, therapeutic diets, psychologists, rehabilitation services, laundry service, and dining service.

New York State Veterans Home at Montrose

2090 Albany Post Road
Montrose, NY 10548
914-788-6000
www.nysvets.org

Building & Grounds:

Serving Veterans and their families of the Lower Hudson Valley since 2001. Modern, single level building.

Capacity:

252 beds, 42 beds per wing.

Special Services:

24-hour skilled nursing care, long term care, short term care, rehab services, dementia work-up, geriatric assessment, fall prevention, medication review, clinics, wound rounds, pain management, activities, social services, dietary services.

**North Westchester Restorative Therapy & Nursing
Center**

3550 Lexington Ave
Mohegan Lake, NY 10547
914-528-2000
www.northwestchester.com

Building & Grounds:

1971, brick and stucco building with 3 wings, on 11 acres in residential area with lawns, courtyard, gardens and waterfalls around the landscaped grounds.

Capacity:

120 beds, 22 newly renovated private and semi private rooms in rehab unit.

Special Services:

24-hour skilled nursing care, physical therapy, occupational therapy, speech therapy, G-tube care, Alzheimer's care, complex medical care, on-site physicians, oncology care, IV infusion, comfort/palliative care, social services, activities, therapeutic diets, wound care and beauty parlor.

Regency Extended Care Center

65 Ashburton Ave
Yonkers, NY 10701
914-963-4000
www.nynursinghome.com/regency

Building & Grounds:

Six-story air-conditioned brick building, view of the Hudson and NYC skyline, landscaped gardens with benches.

Capacity:

315 beds, 24 single rooms with bath, 110 doubles, 20 triple/quads with shared bath, 1 private respite room w/ bath.

Special Services:

24-hour skilled nursing care, long term care, short term care, rehabilitation services, licensed massage therapy, IV therapy, ventilator subacute care, LVAD care, obesity care, dietary services, activities, social services, pet therapy and Tai Chi.

Rosary Hill Home
600 Linda Avenue
Hawthorne, NY 10532
914-769-0114
www.rosaryhillhome.org

Building & Grounds:

1983, air-conditioned, stucco and tile buildings, rural area with beautiful lawns, patios, gardens and chapel.

Capacity:

54 bed facility.

Special Services:

24-hour skilled nursing care for patients diagnosed with terminal cancer, nutrition therapy, physician visits, specialized diets, palliative care, medication management, pain management, wound care, activities, social services, resident chaplain, laundry services, and barber/beautician services.

Sans Souci Rehabilitation and Nursing Center

115 Park Avenue
Yonkers, NY 10703
914-423-9800
www.sansoucirehab.com

Building & Grounds:

1973, air-conditioned brick building in urban area with small patio.

Capacity:

120 beds, 12 single rooms with baths, 54 double with shared bath. Adjustable heat and air conditioning.

Special Services:

24-hour skilled nursing care, short term care, long term care, memory care, rehabilitation services, IV therapy, wound care, amputee care, respiratory care, pain management, dental services, optometry services, podiatry services, hospice/palliative care, therapeutic diets, therapeutic recreation, religious services, beauty salon, and programs to honor veterans.

Schaffer Extended Care Center

16 Guion Place
New Rochelle, NY 10802
914-365-3800
www.montefiorenewrochelle.org

Building & Grounds:

1971, air-conditioned block building is part of Sound Shore Medical Center complex, city area, patio.

Capacity:

150 beds, 18 single rooms with bath, 66 doubles with shared bath, 25 beds for restorative rehabilitation.

Special Services:

24-hour skilled nursing care, long term care, short term care, rehabilitation services, cardiopulmonary rehab, stroke recovery, personal care assistance, social services, activities, dietary services, transportation, housekeeping, and linen services.

Skyview Rehabilitation & Health Care Center

1280 Albany Post Road
Croton-on-Hudson, NY 10520
914-271-5151
www.skyviewrehab.com

Building & Grounds:

1974, air-conditioned brick building overlooking the Hudson River. Large main dining room, elegantly decorated rooms with riverfront views.

Capacity:

192 beds, 32 single rooms, 80 double rooms with shared baths.

Special Services:

24-hour skilled nursing care, long term care, short term care, rehabilitation services, TBI care, memory care, IV therapy, wound care, oxygen therapy, therapeutic diets, social services, activities, personal care assistance transportation.

Sprain Brook Manor
77 Jackson Avenue
Scarsdale, NY 10583
914-472-3200
www.sprainbrookmanor.com

Building & Grounds:

1973, air-conditioned brick building in suburban area on several acres, patio, garden, large solariums.

Capacity:

121 beds, private and semi-private rooms.

Special Services:

24-hour skilled nursing care, memory care, long term care, short term care, rehabilitation services, amputee rehab, neuro-rehab, wound care, respite care, stroke rehab, TBI care, hospice care, therapeutic/kosher diets, social services and activities.

Sutton Park Center for Nursing & Rehabilitation

31 Lockwood Avenue
New Rochelle, NY 10801
914-576-0600
www.suttonpark.net

Building & Grounds:

1971, brick building, all rooms independently heated and air-conditioned, close proximity to the Sound Shore Medical Center.

Capacity:

160 beds, 16 single rooms with baths, 48 doubles and 12 quads with shared baths.

Special Services:

24-hour skilled nursing care, short term care, long term care, rehabilitation services, oncology management, wound care, neurological rehabilitation, pulmonary management, memory care, medically complex care, therapeutic diets, personal care, social services, recreation therapy and social activities.

Tarrytown Hall Care Center

20 Wood Court
Tarrytown, NY 10591
914-631-2600
www.extendedcare.com

Building & Grounds:

Air-conditioned white brick building in residential area with lawns.

Capacity:

120 bed facility.

Special Services:

24-hour nursing care, physical therapy, occupational therapy, speech therapy, cardiac care, post surgical care, orthopedic surgery care, tracheostomy care, palliative care, IV therapy, decubitus wound care, outpatient renal dialysis, therapeutic recreation, social services, therapeutic diets, dental and vision services, podiatry services.

The Emerald Peek Rehabilitation and Nursing Center

2000 East Main St
Peekskill, NY 10566
914-737-8400
www.emeraldpeekrehab.com

Building & Grounds:

Air-conditioned brick building on 5 acres with outdoor patios and day rooms.

Capacity:

96 beds, private, semi-private rooms.

Special Services:

24-hour skilled nursing, long term care, short term care, Alzheimer's disease/memory care, complex medical care, palliative care, hospice care, pain management, amputee care, IV therapy, respite care, dental services, podiatry services, optometry services, social services, dietary services, therapeutic recreation and urban Zen.

The Enclave at Rye Rehabilitation and Nursing Center

1000 High St
Port Chester, NY 10573
914-937-1200
www.theenclaverehab.com

Building & Grounds:

Bright, airy rooms. Activities area with kitchen for resident use, dining room, lobby, and landscaped patio featuring gardens and a gazebo.

Capacity:

160 beds, private, semi-private rooms with adjustable heat and air conditioning.

Special Services:

24-hour skilled nursing care, long term care, short term care, subacute care, memory care, complex medical care, hospice, pain management, rehabilitation services, amputee care, wound care, IV therapy, respite care, hospice care, dental services, podiatry, optometry services, beauty salon, therapeutic recreation and urban Zen.

The Grove at Valhalla

61 Grasslands Road
Valhalla, NY 10595
914-681-8400
www.hhhinc.org

Building & Grounds:

Modern building on multi-acre property, suburban setting.

Capacity:

160 bed facility.

Special Services:

24-hour skilled nursing care, short term care, long term care, rehabilitation, physical therapy, occupational therapy, speech therapy, cardiac rehabilitation, amputee care, personal care services, memory care, dietary services, therapeutic recreation, social services, Urban Zen and art therapy.

**The New Jewish Home-
Sarah Neuman**
845 Palmer Ave
Mamaroneck, NY 10543
914-698-6005
www.jewishhome.org

Building & Grounds:

Two air-conditioned buildings on 5 acres, patios, suburban setting. Beautiful gardens and indoor common areas. Outdoor playground for visiting children.

Capacity:

300 beds, private and semi-private rooms.

Special Services:

24-hour skilled nursing care, long term care, short term care, sub-acute care, memory care, rehabilitation services, pain management, wound care, psychological care, social services, therapeutic recreation, therapeutic diets, spiritual support, dentistry, ophthalmology, podiatry, ENT, cardiology, religious services, and transportation.

The Osborn Pavilion
101 Theall Road
Rye, NY 10580
914-925-8203
www.theosborn.org

Building & Grounds:

New 2-story building, 56 acre campus features manicured lawns and beautiful flower gardens.

Capacity:

84 beds, private furnished rooms, clustered in groups of seven or eight.

Special Services:

24-hour skilled nursing care, short term rehabilitation, long term care, rehabilitation services, mental health services, palliative/hospice care, respite care, activities, dietary services, laundry service, housekeeping, beauty salon, and religious services.

**The Paramount at Somers Rehabilitation and Nursing
Center**

189 Route 100
Somers, NY 10589
914-232-5101
www.theparamountrehab.com

Building & Grounds:

1967, air-conditioned cement block building on large acreage in rural area with lawns, patios, no public transportation, large common areas.

Capacity:

300 beds, private and semi private rooms.

Special Services:

24-hour skilled nursing care, short term rehabilitation, long term care, memory care, rehabilitation services, cardiac rehabilitation, orthopedic rehabilitation, wound care, amputee care, therapeutic diets, therapeutic recreation, religious services, personal care assistance, social services.

The Wartburg Home
One Wartburg Place
Mount Vernon, NY 10552
914-699-0800
www.thewartburg.org

Building & Grounds:

Located on landscaped 36-acre campus with wheelchair accessible paths, gazebos, gardens, outdoor benches, sunroom courtyard, ample free parking.

Capacity:

210 bed facility.

Special Services:

24-hour skilled nursing care, long term care, short term care, rehabilitation services, memory care, pain management, social workers, activities, dietary services, pastoral care, , respite care services, hospice/palliative care, mental health services, dental services, ophthalmology services, audiology services, laundry and housekeeping.

United Hebrew of New Rochelle

391 Pelham Road
New Rochelle, NY 10805
914-632-2804
www.unitedhebrewgeriatric.org

Building & Grounds:

Vibrant multi-service senior living campus, outdoor courtyard, Views of Long Island Sound.

Capacity:

294 beds, private and semi private rooms, with bath.

Special Services:

24-hour skilled nursing care, long term care, short term, rehabilitation services, stroke/head injury rehabilitation, wound care, memory dementia care, personal care assistance, palliative/hospice care, therapeutic/kosher diets, activities, social services, hair salon, art and music therapy.

Waterview Hills Rehabilitation and Nursing Center

537 Route 22
Purdys, NY 10578
914-277-3626
www.waterviewhills.com

Building & Grounds:

2 modern facilities in rural setting with scenic view, 1 mile from RR station.

Capacity:

130 beds (Waterview) 126 beds (Salem), singles/doubles with shared baths.

Special Services:

24-hour skilled nursing care, short term care, long term care, rehabilitation services, complex medical management, prosthetic fitting/training, pain management, nutrition counseling, therapeutic diets, recreational therapy, social services, laundry services, housekeeping services and personal care assistance.

Westchester Center for Rehabilitation & Nursing

10 Claremont Avenue
Mount Vernon, NY 10550
914-699-1600
www.westchestercenter.com

Building & Grounds:

1975, air-conditioned brick building in a quiet residential neighborhood with 2nd floor patio and private parking.

Capacity:

240 beds, 24 single rooms, 108 doubles with shared bathrooms.

Special Services:

24-hour skilled nursing care, long term care, short term care, rehabilitation services, dialysis program, cancer care, cardiac care, respite care, palliative care, memory care, diabetes care, IV care, nutritional management, rehabilitation, restorative nursing, respiratory care, rehabilitation, dialysis, hospice, therapeutic/kosher diets, tube feedings, trach care, wound care, hyperbaric care, social services and therapeutic recreation.

White Plains Center for Nursing Care

220 West Post Road
White Plains, NY 10606
914-686-8880
www.whiteplainsnursing.com

Building & Grounds:

1967, suburban area, private adjacent mini-park. Serene outdoor patio seating.

Capacity:

88 beds, private and semi-private rooms.

Special Services:

24-hour skilled nursing care, short term rehabilitation, long term care, rehabilitation services, memory/dementia care, hospice care, cardiac rehabilitation, wound care, 24-hour physician availability, COPD rehab, respite care, dietary, pastoral services, therapeutic recreation, beauty salon and laundry services.

Yonkers Gardens Center for Rehabilitation and Nursing

115 South Broadway
Yonkers, NY 10701
914-378-7358
www.yonkersgardens.com

Building & Grounds:

Located in Saint Joseph's Medical Center, air-conditioned building.

Capacity:

200 bed facility

Special Services:

24-hour skilled nursing care, short term care, long term care, rehabilitation services, sub-acute care, pain management, IV therapy, psychosocial services, on-site physician, dementia/memory care, wound care, dietary services, respite care, case management, hospice/palliative care and beauty parlor.

Yorktown Rehabilitation and Nursing Center

2300 Catherine Street
Cortlandt Manor, NY 10567
914-739-2244
www.yorktownrnc.com

Building & Grounds: Beautiful surroundings, park-like campus, outdoor courtyards, transportation available.

Capacity:

125 bed facility.

Special Services:

24-hour skilled nursing care, post-acute care, long term care, respite care, rehabilitation services, memory care, pain management, restorative nursing, diabetes management, nutrition therapy, hospice care, IV antibiotic therapy, wound care, physician services, stroke recovery, amputee recovery, bariatric rehabilitation, activities, social services, music therapy, snoozle room (memory support), wander guards, beautician/barber services and spiritual services.

“Funded through the Department of Health and Human Services, and the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.”

In accordance with the Federal law, the Westchester County Department of Senior Programs and Services prohibits discrimination because of race, color, sex, national origin, religion, age or handicap, in all aspects of the provision of services for the benefit and welfare of Senior Citizens, and in all employment practices, including hiring, firing, promotion, compensation and other terms, conditions and privileges of employment. Further, subcontractors of the Westchester County Department of Senior Programs and Services shall be required to meet the above stated standards.