



## NYS Elder Economic Security Index

### WESTCHESTER COUNTY 2019

Index	Elder Person (age 65+)			Elder Couple (both age 65+)		
	Renter	Owner w/ Mortgage	Owner w/o Mortgage	Renter	Owner w/ Mortgage	Owner w/o Mortgage
<b>Monthly Index</b>						
Excellent Health	\$2,742	\$4,200	\$2,716	\$3,558	\$5,016	\$3,532
Good Health	\$2,860	\$4,318	\$2,834	\$3,794	\$5,252	\$3,768
Poor Health	\$3,069	\$4,527	\$3,043	\$4,212	\$5,670	\$4,186
<b>Yearly Index</b>						
Excellent Health	\$32,904	\$50,400	\$32,592	\$42,696	\$60,192	\$42,384
Good Health	\$34,320	\$51,816	\$34,008	\$45,528	\$63,024	\$45,216
Poor Health	\$36,828	\$54,324	\$36,516	\$50,544	\$68,040	\$50,232

**The Monthly Index is based on these expenses:**

<u>Single</u>	<u>Couple</u>	<u>Health Care-Single</u>	<u>Health Care-Couple</u>	<u>Housing</u>
Food: \$257	Food: \$471	Excellent: \$327	Excellent: \$654	Renter: \$1,463
Trans: \$223	Trans: \$342	Good: \$445	Good: \$890	Owner w/ Mortgage: \$2,921
Misc: \$472	Misc: \$628	Poor: \$654	Poor: \$1,308	Owner w/o Mortgage: \$1,437

## NYS Comparison of Elder Income vs Economic Insecurity Factors 2018

### Westchester County

#### Population

Total NYS Population		Total County Population		Total County 65+	
19,618,453		968,815		158,902	16.4% of population

#### Income (Income in dollars for 65+, percentage who receive income for 65+)

Average Social Security Income		Supplemental Security Income		Cash Assistance	
\$23,638	88.6%	\$9,058	5.8%	\$3,851	1.3%
Retirement Income		Food Stamps/ SNAP Benefits		Total Medicare Beneficiaries	
\$35,863	49.4%	8.3% receive SNAP benefits		145,211	

#### Economic Insecurity (Number of people 65+, percentage of people 65+)

Total 65+ Below Poverty (100%)		Rent Burdened		Owner Occupied Housing Burdened	
12,712	8.3%	15,778		27,567	
Disability		Difficulty in Self Care		Difficulty in Independent Living	
46,876	29.5%	12,124	7.9%	21,094	13.7%

#### DEFINITIONS

**Living in poverty:** Percentage of adults ages 65 and older who live in households at or below 100 percent of the poverty threshold. Note: Poverty status cannot be determined for people in institutional group quarters such as nursing homes or living situations without conventional housing (and who are not in shelters).

**Rent Burdened:** Spending more than 30 percent of household income on rent.

**Owner Occupied Housing Burdened:** Spending more than 30 percent of household income on owner occupied housing.

**Disability:** Have at least one of six disability types including difficulties in: hearing, vision, cognitive, ambulatory, self-care and independent living.

**Difficulty in Self Care:** Having difficulty bathing or dressing.

**Difficulty in Independent Living:** Because of a physical, mental, or emotional problem, having difficulty doing errands alone such as visiting a doctor's office or shopping.